

UNLV LIBRARY
MEDIA RESOURCES CATALOG
PSYCHOLOGY
Summer 2011

Absolutely Positive.

Docurama : Distributed by New Video Group (2003)

A look at the lives of 11 unique individuals, all living with HIV. Ranging in age from 17 to 60, the group represents a wide variety of lifestyles, ethnicities, and risk groups - attesting to the ever present reality that AIDS spares no one.

1 videodisc (88 min.)
RC606.54 .A27 2003

The Abused Woman: A Survivor Therapy Approach.

Films for the Humanities (1995)

Dr Lenore Walker presents the underlying tenets of her Survivor Therapy Approach for abused women, and demonstrates its application with a battered woman.

Video Cassette (1 hr.)
Manual (62 p.)
RC 569.5 F3 A33

Acutely Anxious.

Films for the Humanities & Sciences (2006)

Explores the physiology and psychology of anxiety and describes acute anxiety, one of the most common psychiatric illnesses. Discusses its symptoms, its maladaptive consequences, and treatments such as cognitive behavioral therapy. Presents case studies involving panic disorders and social phobia.

1 videodisc (48 min.)
RC531 .A37 2006

The Ad and the Id: Sex, Death, and Subliminal Advertising.

University of California Extension Center for Media and Independent Learning, c1992

Shows how to see ads hidden within ads and discusses how advertising affects our lives.

1 videocassette (30 min.)
HF5813.U6 A42

Addiction and the Human Brain.

Human Relations Medic (2006)

This program analyzes current research regarding chemical use and abuse, and the nature of addiction and dependency, whatever the substance.

1 videodisc (28 min.)
RC564 .A274 2006

Addressing Issues of Spirituality and Religion in Psychotherapy.

American Psychological Association (2006)

Dr. Shafranske demonstrates his psychoanalytic therapeutic approach to handling issues of spirituality and religion within the context of psychotherapy.

1 videodisc
RC489.S676 A33 2006

Adlerian play therapy

Allyn and Bacon ; San Francisco, CA : [Distributed by] Psychotherapy.net, 2002

Explores techniques of Adlerian play therapy, in which therapists reflect children's actions and use encouragement and suggestions through play. Terry Kottman describes the technique of play therapy as she uses it with child clients. She meets with a 5-year-old boy and then joins an in-depth discussion of the further impact and uses of this approach.

1 videodisc (110 min.) + 1 instructor's manual 64p
RJ505.P6 A35 2002

Adolescent Depression.

Aquarius Health Care Videos (2000)

Young people who have lived with depression during their middle to high school years tell their stories. Offers information about diagnosis and treatment and includes interviews with child psychiatrist David G. Fassler and psychologist Steven Atkins.

1 Video Cassette (24 min.)
RJ506.D4 A363 2001

Adolescent Family Therapy.

Allyn and Bacon (2003)

In the first section, Dr. Janet Sasson Edgette discusses adolescent family therapy with hosts Jon Carlson and Don Keat. The second section features Dr. Edgette in an actual therapy session with a mother and her teenage daughter. The final section is a question and answer session with the audience of therapists-in-training.

1 videocassette (159 min.)

RJ503 .A315 2003

Adult Entertainment: Disrobing an American Idol

Films for the Humanities & Sciences (2007)

"Award-winning director Lance Tracy balances serious science with tongue-in-cheek humor to create a documentary scrutinizing the scope and effects of pornography that is informative, compelling, and unsettling. Constructing an experiment to identify attitudinal and behavioral changes that manifest as a result of viewing porn--a study in the manner of the Annenberg School of Communications and California State University studies--Tracy tracks two men, one single and one married, for 60 days. The effects of a 30-day regimen of X-rated DVDs, Internet porn, adult mags, sex shops, and strip clubs, followed by a 30-day readjustment period, are both illuminating and dismaying. Porn addiction, the sex-industrial complex, and porn-related freedom of speech issues are also explored"—Container.

1 videodisc (76 min.)

HQ472.U6 A38 2007

Against All Odds.

The Annenberg/CPB Collection (1989)

Unlock the mysteries of statistics with this series on the real-world applications and timeless equations. Features mathematical formulas and living examples that motivate mathematics learning. Presents the why, and the how of statistics using computer animation, on-screen computations, and documentary segments.

1. What is Statistics?

2. Picturing Distributions.

QA 276.12 A33

3. Describing Distributions.

4. Normal Distributions.

QA 273.6 A33

5. Normal Calculations.

6. Time Series.

QA 273.6 A332

7. Models for Growth.

8. Describing Relationships.

QA 279 A33

9. Correlation.

10. Multidimensional Data Analysis.

QA 278.3 A33

11. The Question of Causation.

12. Experimental Design.

QA 273 A63

13. Blocking and Sampling.

14. Samples and Surveys.

QA 279 A332

15. What is Probability?

16. Random Variables.

QA 273 A632

17. Binomial Distributions.

18. The Sample Mean and Control Charts.

QA 276.6 A33

19. Confidence Intervals.

20. Significance Tests.

QA 276.74 A33

21. Inference for One Mean.

22. Comparing Two Means.

QA 276.74 A332

23. Inference for Proportions.

24. Inference for Two-Way Tables

QA 276.74 A333

25. Inference for Relationships.

26. Case Study.

QA 278.2 A33

13 Video Cassettes (30 min. each, 2 programs per tape)

Aggression Replacement Training: A Comprehensive Intervention for Aggressive Youth.

Research Press (2003)

This staff training video illustrates the training procedures contained in the Aggression Replacement Therapy (ART) book. It features scenes of adolescents participating in group sessions for each of ART's three interventions : Prosocial Skills Training, Anger Control, and Moral Reasoning.

1 videocassette (59 min.)
HV9076.5 .G65 2003

AIDS-Wise, No Lies.

New Day Films (1988)

Discusses how it feels to be a young person growing up in the age of AIDS. Presents portraits of ten individuals whose lives are affected by AIDS.

1 Video Cassette (22 min.) + 1 study guide (35 p.)
RA643.83 .A53 1988

Albert Bandura. Pt. 1

Penn State AV Services (1988)

Discusses social learning, modeling, and aggression.

Video Cassette (29 min.)
RC 339.52 B35 A42

Albert Bandura. Pt.2

Penn State AV Services (1988)

Video Cassette (28 min.)
RC 339.52 B35 A422

Alcohol & Alcoholism.

Schlessinger Media (2004)

Students learn about the dangers of alcohol abuse and about how to recognize the symptoms of alcohol dependence. Explores the devastating long-term and short-term effects of alcoholism through the eyes of users and family members. Discusses treatment options for individuals suffering from alcoholism.

1 videodisc (23 min.) + 1 teacher's guide (5 p.)
HV5135 .A383 2004

Alcohol: Teenage Drinking.

Schlessinger Video Prod. (1991)

Examines the history, effects, medical and legal aspects of alcohol use and abuse.

Video Cassette (34 min.)
HV 5135 A38

Alcohol: Teenage Drinking.

Schlessinger Media (2004)

Students get the facts on how alcohol affects the brain and body, with animations explaining how drinking impairs motor skills and judgment. Highlights some tragic personal stories with teen interviews and explanations from experts.

videodisc (23 min.) + 1 teacher's guide (5 p.)
HV5135 A38 2004

All About Attention Deficit Disorder.

Child Management (1990)

Pt. 1 gives information, tools and emotional support needed to deal with ADD children. Presents recent developments in ADD research regarding symptoms, effects on the child's school, home and social life, seven prognostic indicators, causes of ADD. (1 hr. 48 min.)

Pt. 2 presents facts regarding how to diagnose ADD, tools to treat ADD: counseling, home behavioral management, school intervention, medication. (1 hr. 25 min.)

2 Video Cassettes
RJ 496 A86 A45 pt. 1-2

Altered States: A History of Drug Use in America.

Films for the Humanities (1995)

Focuses on the history of America's drug use and abuse. Traces the patterns of American drug use and abuse. Documents the cultural, social, and political movements that impacted the use of drugs.

Video Cassette (57 min.)
HV 5825 A677

Alternatives to Marriage.

Psychology Today (19?)

Dr. Rogers delineates the nature and potential of marriage and related intimate affiliations.

Cassette
HQ 734 R69

Alzheimer's and Dementia: Caring for the Caregiver.

Films for the Humanities & Sciences,
c2003

Presents examples of caregivers who have learned to cope effectively with the stresses associated with caring for those with Alzheimer's and dementia and thus restored balance in their own lives. The importance of caregiver support groups and other outlets for the discussion of problems is closely examined.

1 videodisc (ca. 57 min.)
RC451.4.A5 A49 2003

The Alzheimer's Mystery

Films for the Humanities & Sciences
(2000)

Discusses the century-long effort to understand Alzheimer's disease, the disease's pathology, research toward a cure, and the importance of compassionate health care. Patients in the early stages of Alzheimer's and family members discuss how they cope with the illness.

Video Cassette (48 min.)
RC523 .A45 2000

Amanda's Choice.

Filmakers Library (2001)

This film looks at a rare form of Alzheimer's, occurring in a very small percentage of cases: Early Onset Alzheimer's. This is the story of Amanda, who witnesses the decline of her 39 year old mother. There is also a good chance that Amanda will get the disease as well and undergoes a genetic test to conclusively predict her own destiny. "The documentary also explores new treatments and preventive measures which may offer hope for Alzheimer's patients in the future"—Container.

1 videodisc (ca. 54 min.)
RC523 A43 2001

Anger.

Filmakers Library, [2005?]

Part one of a four-part series, looks at the primal emotions that are generated in the brain, and how nature and nurture combine to make us feel the way we do. This program examines anger, from its primordial roots in self-defence to its expression in modern violence. The film examines several men who have lost control of their anger and committed violent acts and explores such questions as: Does the potential for impulsive anger lurk in our genes? Why do we still need this emotion and what science can do to help control it?

1 videodisc (43 min.)
BF575.A5 A54 2005

The Angry Couple: Conflict-Focused Treatment.

Films for the Humanities (1995)

Dr. Heitler demonstrates the approach.

Video Cassette (1 hr.)
Manual (64 p.)
RC 488.5 A53

An Appointment With Death.

PBS (1994)

Focuses on medically-assisted suicides in Holland, the only nation where euthanasia is openly practiced and condoned. Looks at the impact the Dutch experience may have on the euthanasia debate in the U.S.

Video Cassette (56 min.)
R 726 A66

The Art of Integrative Counseling and Psychotherapy.

Brooks/Cole (1996)

Video 1: Techniques in Action. The counselor works in individual sessions with the central client. Comments follow each session.

Video 2: Challenges for the Counselor. Focuses on the types of challenges that face every counselor and includes comments from other therapists.

2 Video Cassettes
Manual (42 p.)
RC 465 A77 v. 1-2

The Art of Intervention: Preventing Aggression in Mental Health Facilities.

California Dept. of Mental Health

Discusses traits in staff and patients' violent behavior. Describes early warning signs that a patient is becoming increasingly agitated and details strategies, such as keeping a safe distance and verbal intervention. Discusses ways staff can reduce their own stress and avoid burnout.

Video Cassette (24 min.)

RC 439.4 A76

Art Therapy: The Healing Vision.

Meninger (1986)

This introduction to art therapy surveys clinical applications in a variety of treatment settings and client populations. Cases include patients with mental, physical, and social handicaps. Reviews the history and methodology of the field and presents a conceptual framework for understanding therapeutic techniques.

Video Cassette (49 min.)

RC 489 A7 A77

Assertiveness for Career and Personal Success.

Amacom (1977)

12 parts: You and assertiveness; Assertion on the job; Assertion assessment--where you stand; You can learn to act with assertion; Assertion techniques; Throw out your hang-ups; Your personal assertion building program, How you may be avoiding assertion--Games you may play and intellectual misapprehensions; Guidelines you can live up to; Pitfalls; Assertion in everyday life.

6 Cassettes

Workbook (163 p.)

BF 575 A85 M62

A Baby's World.

Discovery Enterprises (1994)

Each episode takes a different human characteristic and traces its development.

Pt. 1: A Whole New World: In the Beginning. Ages newborn to 1.

Pt. 2: The Language of Being: Taking Hold. Ages 1-2

Pt. 3: Reason and Relationship: The Thinker. Ages 2-3

3 Video Cassettes (43 min. each)

RJ 131 B32

Back from Madness: The Struggle for Sanity.

Films for the Humanities

Follows four psychiatric patients for one to two years, from the time they arrive at Harvard's Massachusetts General Hospital.

Video Cassette (53 min.)

RC445.M43 C34 1996

Bandura's Social Cognitive Theory: An Introduction.

Davidson Films, c2003

Dr. Albert Bandura presents his social cognitive theory of human behavior and includes footage of the Bobo doll experiment and his snake phobia work.

1 videodisc (38 min.)

HM1041 .B35 2003

Basic Concepts of Humanistic Psychology.

Big Sur (1970)

Charlotte Buhler addresses the First Assn. for Humanistic Psychology International Conference.

Cassette (1 hr.)

BF 204 B8

Basic instincts. Part 5.

ABC News Productions, c2007

The Milgram Experiment (instituted by social psychologist Stanley Milgram in 1961) was a series of studies intended to measure the willingness of a participant to obey an authority who instructs the participant to do something which may conflict with the participant's personal conscience.

"Primetime" wanted to know if ordinary people today would still follow orders even if they believed their actions were causing someone else pain. Thus, they re-created the famous experiment to understand how ordinary people can perform unthinkable acts. The Milgram experiment and the Stanford prison experiment are shown as examples.

1 videodisc (35 min.)

HM1251 .B372 2007

The Beales of Grey Gardens.

Criterion Collection, c2006

After Grey Gardens, the portrait of the relationship between Edith Bouvier Beale and her daughter Little Edie, spawned everything from a midnight-movie cult following to a Broadway musical to an upcoming Hollywood adaptation, the filmmakers went back to their 1976 vaults to create this tribute to both the Beale women and their legion of fans.

1 videodisc (91 min.) + 1 booklet (8 p.)

CT3260 .B43 2006

Before it's Too Late : Children and Anger.

Princeton, NJ : Films for the Humanities & Sciences (1999)

Discusses the severe anger of children with emotional, behavioral, or neurochemical disorders. Gives information on how to identify a child and risk and stresses the importance of early intervention.

1 Video Cassette (29 min.)
RJ506.A35 B43 1999

Being in the Zone: The Secrets of Personal Excellence.

Learn Inc. (1994)

Discusses simple daily actions to amplify personal power.

2 Cassettes
Booklet (28 p.)
BF 637 S8 B43 tapes 1-2

The Best of Friends: A Live Interview with Michael White.

Master's Work Video Prod. (1994)

Demonstrates narrative therapy.

Video Cassette (1 hr. 35 min.)
RC 488.5 B48

The Best Time of My Life: Portraits of Women in Mid-life.

Filmmakers Library (1987)

Canadian women from diverse backgrounds share feelings, issues, and experiences as they approach, undergo, or look back on menopause. Describes the changes, transitions, and crises they experienced and how many used this time to explore new pursuits.

1 Video Cassette (55 min.)
HQ1059.5.C2 B47 1987

The Best Years of Your Life.

Security on Campus, Inc., 2001

This program is designed to educate college-age students and their parents about the debilitating and too often fatal outcome of alcohol abuse on college campuses. Several families who have lost a child, as well as friends of the victims, are interviewed. Also interviewed is a physician who describes how an individual's judgement is impaired with alcohol consumption and the deadly consequences of alcohol poisoning.

1 videocassette (20 min.)
HV5135 .B47 2001

Beyond the Game: Nevada Seniors & Problem Gambling .

Center for the Application of Substance Abuse Technologies, University of Nevada, Reno 2007

Discusses problem gambling among older people, and includes warning signs of problem gambling, myths and facts about problem gambling, and how to help a problem gambler.

1 videodisc (ca. 16 min., 3 sec.) + 1 booklet ([25] p.)
1 videodisc (ca. 16 min., 3 sec.)
RC569.5.G35 B487 2007

Beyond Hate: The Heart of Hatred.

Films for the Humanities (1997)

Conversations with a variety of people who explore the heart of hatred. A LA gang member, a white supremacist leader, a former Israeli soldier, high school students, and the wife of Medgar Evers discuss their feelings and use of hate.

Video Cassette (52 min.)
BF575.H3 B482

(Beyond Killing us Softly) The Strength to Resist : The Impact of Media Images on Women and Girls.

Cambridge Documentary Films (2001)

A documentary about the fight against the toxic and degrading messages to women and girls that dominate the media. The film presents leading authorities in the fields of psychology of women and girls, eating disorders, gender studies, violence against women, and media literacy -- and focuses their ideas on practical solutions and the best tactics for reclaiming our culture.

1 videodisc (34 min) + 1 guide (101 leaves)

HF5827.85 .B482 2001

Bill Cosby On Prejudice.

Pyramid (1971)

Acting as the nation's number one bigot, Bill Cosby delivers a monologue on racial, religious, age, and sex prejudice.

Video Cassette (27 min.)

Discussion Guide

BF 575 P9 B55

Bioenergetic Analysis: Lecture-Demonstration.

Big Sur

Cassette (1 hr. 30 min.)

RC 489 B5 L59

[Bioenergetics] Concepts and Techniques of Bioenergetic Analysis.

Big Sur

Cassette (1 hr. 30 min.)

RC 489 B5 L6

[Bioenergetics] Philosophy of Bioenergetics.

Big Sur

Cassette (1 hr. 30 min.)

RC 489 B5 K46

Bioenergetic Workshop.

Big Sur

Cassette (1 hr. 30 min.)

RC 489 B5 K44

Biofeedback: Medical Applications of Psychophysiological Self-Regulation.

Menninger (1987)

Reviews treatment procedures from both the patient's and therapist's perspectives. Cases include self-regulation training for hypertension, migraine, chronic back pain, anxiety, and post-traumatic rehabilitation. Describes the rationale for the self-regulation process.

Video Cassette (54 min.)

RC 489 B53 B54

Bionic Beauty Salon.

New Day Film (1999)

"Discusses the insecurities of women of all ages who learn to place their self-worth in the measure of their beauty. Also offers a model for how to reclaim the media and find one's true self through one's own voice. assessed the physical beauty of a woman."-

-Publisher

1 Video Cassette (22 min.)

HQ1219 .B56 1999

Bi-polar Disorder in Children.

Aquarius Health Care Media (2005)

"One minute your child is on top of the world--giddy with laughter, full of energy and confidence. The next, he's raging, or crying, or talking of suicide. What's going on? The answer might be bipolar disorder (formerly called "manic depression"), a mood disorder that can strike children as well as adults.

Hear what leading experts have to say about proper diagnosis and treatment"—

Container.

1 videodisc (27 min.)

RJ506.D4 B57 2005

Blank Point: What is Transsexualism?

Beijing-San Francisco Film Group (1990)

Examines the nature of transsexuals. Subjects discuss their old identities, the transition to their new lives and the scientific and psychological process that enabled them to change genders.

Video Cassette (58 min.)

HQ 77.9 B43

Blink: A Film by Elizabeth Thompson.

Berkeley Media, [2000?]

Once a fanatical rising star in the white supremacist movement, Greg Winthrow grapples with a legacy of hatred handed down across generations. The film reveals how class divisions are masked by racial conflict and follows Winthrow as he grapples with his own redemption from a heritage of violence.

1 videodisc (58 min.)

E184.A1 B557 2000b

Blue.

Kino on Video (1995)

Derek Jarman has laid bare his physical, personal, mental and spiritual state as he narrates his ongoing struggle with AIDS over a completely blue screen.

Video Cassette (76 min.)

RC 607 A26 B58

Body Addicts.

Filmakers Library

Shows why some people are so driven that exercise becomes a harmful addiction.

Video Cassette (28 min.)

RC 569.5 E94 B63

Body Dysmorphic Disorder.

Films for the Humanities (1997)

Two apparently normal, attractive women discuss their experiences with BDD.

Video Cassette (15 min.)

RC 569.5 B64 B63

Body Image for Boys.

Cambridge Educational (2002)

Explores some of the issues facing young men today as they struggle to define themselves amidst the flood of media-generated images of male physical perfection.

1 videodisc (18 min.) 1 teacher's guide 7 leaves

BF724.3.B55 B64 2002

Body Image : The Quest for Perfection.

University of California Extension Center for Media and Independent Learning

Seven women go on a retreat to share their feelings about their bodies, the sources of these feelings and the images of women in mass media. Based on the research of Dr. Michelle A. Wolf.

Video Cassette (30 min.)

Guide

BF697.5.B63 B61 2000

Body Therapy and Body Politics.

Esalem Institute (1974)

1-2: Reich's Therapeutic

Contributions

3-4: Reich's Scientific Work

5-6: Politics, Social Change & Reich

7-8: Education and Children

9-10 : Wilhelm Reich and Sexuality

11-12: Reminiscences of Reich's Life

13: Sexuality and the Role of the Therapist

13 Cassettes

BF 109 R38 W5 tapes 1-13

Body: The Value of Women.

Elemental Films, (2000)

Interviews women in the United States about body image and self-esteem.

1 Video Cassette (74 min.)

HQ1220.U6 B63 2000

A Body to Die For : The Aaron Henry Story.

Ambrose Video Publishing (1994)

Based on high school football player, Aaron Henry's true story concerning his involvement with steroid use. Chronicles the physical and mental effects of steroids upon an athlete and teaches that steroid use is ultimately harmful.

Video Cassette (34 min.)

Guide (6 p.)

RC1230 .B63 1994

Borderline Syndrome: A Personality Disorder of our Time.

Filmakers Library (1988)

A presentation of what is currently known about the borderline personality. Provides explicit information about the patient and views of doctors in the field. Explores the relationship between the disorder and culture.

Video Cassette (1 hr. 14 min.)

RC 569.5 B67 B73

Born Rich.

Shout! Factory (2003)

Documentary featuring discussions with young people who are heirs to great fortunes. They discuss the advantages and disadvantages of being born rich.

1 videodisc (ca. 81 min.)

GT3430 .B67 2003

Boundaries of the Soul: Exploration in Jungian Analysis.

Thinking Allowed (1988)

Presents the theory and practice of Jung's analytic psychology.

Video Cassette (1 hr. 30 min.)

BF 173 J85 B68

Bowenian Therapy.

Allyn & Bacon (1998)

"Bowenian therapy, also known as family-of-origin therapy, looks at how previous generations influence the present family functioning. In this video, Dr. Guerin works to help family members link cognitive processes to emotional responses"—Container.

1 videocassette

RC488.5 .B68 1998

A Boy Named Sue.

Women Make Movies, 2000

Documents the transformation of a female-to-male transsexual named Theo over the course of six years, highlighting changes in his relationships with his female partner and close friends.

1 videodisc (56 min.)

HQ77.8.S74 B69 2000

Boys Will Be.

Carle Medical Communications (1990)

Four friends get together over dinner and discover that one of them is beating his wife. Each man confronts his own abusive behavior and physical and emotional violence.

Video Cassette (33 min.)

Guide (19 p.)

HQ 809.3 U6 B68

Bradshaw on Homecoming.

KQED-TV

1. The Problem of the Wounded Child

2. Original Pain

3. Reclaiming Your Infant Self

4. Reclaiming Your Toddler Self

5-6. Reclaiming Your Preschool Self

7. Championing: New Permissions

8. Championing: Protection & Practice

9. The Wonder Child

10. The Inner Child as Regeneration

10 Video Cassettes (1 hr. each)

RC 455.4 F3 B73

The Brain.

Annenberg/CPB Collection (1984)

1. The Enlightened Machine.

Beginning with the 19th century and experiments of Franz Joseph Gall, this episode moves rapidly to the 20th century using microphotography to show how the brain organizes its "electrical symphony".
QP 376 B696

2. Vision and Movement. The neurological miracle of coordinating vision and movement is illustrated. QP 475 B73

3. Rhythms and Drives. Vignettes from both the animal world and human society illustrate the seat of our basic instincts and its effects on sex, sleep, aggression, depression, and euphoria.
QP 383.7 B73

4. Stress and Emotion. Two case histories -- a man who suffered an accidental frontal lobotomy and a stress ridden air traffic controller -- frame this episode about pain, anxiety, and behavior.
QP 401 B73

5. Learning and Memory. Scientists investigate the subject with examples of a man with a most remarkable memory and a famous psychologist losing his memory.
QP 406 B72

6. The Two Brains. Research work with split-brain patients is the basis for exploring the cortical hemispheres, the relationship between thought and language, and sex differences of the human brain.
QP 385. 5 B73

7. Madness. Human portraits of schizophrenics and their families are featured. Chronicles scientists' efforts to pinpoint the brain's anatomical changes.
RC 514 B73

8. States of Mind. Explores what scientists do not understand and looks to the future of research in medicine, artificial intelligence, and genetic manipulation.
QP 376 B73

8 Video Cassettes (1 hr. each)

The Brain: Our Universe Within.

Discovery Comm. (1994)

Evolution and Perception. New imaging techniques reveal a new view of the brain. How do different parts of the brain control different functions? How do our senses break down the information they receive and transmit it through a variety of pathways. (90 min.) QP 385 E86

Memory and Renewal. True stories of survivors of catastrophic brain damage offer clues to how the brain thinks, remembers, and regenerates itself. (90 min.)
QP 406 M42

Matter Over Mind. Science zeros in on a single neurotransmitter, serotonin, which may play a central role in the visions brought on by meditation, sleep deprivation, and psychedelic drugs. (45 min.) QP 376 M37
3 Video Cassettes

Brain Power.

LCA (1993)

Reveals three key principles of mental challenges: recognition, interpretation and expectation. The audience is involved interactively with stimulating thoughts and visual brain-teasers.

Video Cassette (12 min.)

Guide (3 p.)

BF 311 B685

Brain Power II.

LCA (1993)

Has a threefold focus: break stale mental patterns, concentrate with clarity, develop a keener sense of intuition.

Video Cassette (17 min.)

Guide (8 p.)

BF 311 B6852

Brain Sex.

Discovery Comm. (1992)

Vol. 1 - explores the effects of hormones received during gestation on behavior.

Vol. 2 - looks at how different brain architecture can lead to differences in ability and learning patterns.

Vol. 3 - looks at social relations between men and women.

3 Video Cassettes

QP 81.5 B73 (50 min. ea)

The Brain vs. The Mind: Has Freud Slipped?

Films for the Humanities (1995)

Asks "Was Freud right?" New insights into the brain reveal many mental disorders previously believed to be the product of environment and experience are rooted in biology and chemistry. Will Prozac and behavior-altering drugs replace talk-therapy?

Video Cassette (27 min.)
RC 455.4 B5 B72

The Brandon Teena Story.

New York, NY : Distributed by New Video (1999)

Documentary film about Brandon Teena, who arrived in rural Falls City, Nebraska, in 1993 where he finds some new friends. Three weeks later he is brutally raped and beaten by friends who discover that he is actually a woman. A week later the same two men murder Teena along with two other people. This is a tale of Brandon's coming of age struggle with identity and how his gender ambiguity induced feelings of betrayal, confusion and hostility among residents of a town in America's heartland.

1 videodisc (88 min.)
HV6773.54 .F34 1999

Breaking Silence: A Film About Incest & Child Sexual Abuse.

Future Educational Films (1992)

Summary in Criminal Justice section.
Video Cassette
Guide (8 p.)
HQ 72 U6 B74

Breaking the Silence.

Distributed by Security on Campus, c2002

"The incidence of acquaintance rape among college women is at an all-time high. Nine out of ten college rape victims knew their attacker. Men need to be educated about what constitutes rape, but most importantly they need to understand and empathize with a potential victim's point-of-view concerning the emotional pain of rape. The crew spent time with campus sexual assault victims and a man with a mission. This is their story. The documentary can be used in high school and college settings to educate men and women on sexual assault and how to prevent it. It will also be useful for parents to view with both their male and female children before they go away to college"--Publisher's web site.

1 videodisc (20 min.)
HV6558 .B74 2002

Breaking the Silence About Hate and Violence.

Bureau for At-Risk Youth (1999)

Michael Pritchard talks with junior high and high school students about recent shootings in schools, and discusses positive ways to prevent school violence.

Video Cassette (30 min.)
Guide (15 p.)
Booklet (3 p.)
LB3013.32 .B74 1999

Brief Contact Interventions in Sport Psychology.

Virtual Brands (2002)

Gives examples of brief, not scheduled counseling sessions with athletes to help the athlete get back to pre-crisis equilibrium or to interrupt a period of non-productive thinking. Includes analysis of the sessions by psychologists.

Video Cassette (46 min.)
GV706.4 .B75 2002

Brief Counseling With Children and Adolescents.

Microtraining Associates (2000)

This video program is designed for the practitioner who desires shorter-term models of counseling and believes that counseling can be fun, interesting, and exciting. Demonstrates a caring approach with brief methods illustrating how to make a difference with difficult teens. Through positive problem definition, the miracle question, and other brief strategies, shows the specifics of a practical system that works.

1 videocassette (47 min.)
LB1027.55 B75 2000

A Brilliant Madness.

PBS Home Video ; Burbank, CA :
Distributed by Warner Home Video (2002)

Called 'the most remarkable mathematician of the second half of the century, ' Nash suffered a devastating breakdown at the age of thirty. He suddenly claimed that aliens were sending him messages, became obsessed with secret numbers and saw conspiracies all around him. Diagnosed with paranoid schizophrenia, Nash spent a decade in and out of mental hospitals, surviving with the support of his wife and former colleagues. During that time, a mathematical proof he'd written at the age of twenty became a foundation of modern economics. Sometime in the 1980s, he gradually began to recover. In 1994, Nash capped his remarkable return from madness by winning the Nobel Prize."—Container

1 Video Cassette (60 min.)
QA29.N25 B75 2002

Broken Minds.

PBS (1992)

Follows the quest for a cure for schizophrenia which has baffled science and society and inflicted suffering on its victims and their families.

Video Cassette (1 hr.)
RC 514 B76

Broken Toys: The Inner Child Responds to the Dysfunctional Family.

Lifeworks Communications (1987)

Sexual, emotional and/or physical abuse in childhood requires a response that is carried into adulthood. Terry Kellogg links the response to the abuse and helps us see that our self-destructive behavior is about what happened to us and not who we are.

Video Cassette (1 hr. 49 min.)
RC 569.5 C63 K452 no. 6

Building Caring and Safe School Communities.

Bureau for At-Risk Youth (1999)

When in-groups and school social cliques constantly exclude individuals and stigmatize them as outsiders, dangerous dynamics can develop. Constructive alternatives are explored.

Video Cassette (30 min.)
Guide (15 p.)
Booklet (3 p.)
LB3013.32 .B83 1999

Camouflage.

Microcinema (2001)

Uses animation and dramatized scenes to illustrate people's feelings about what it was like to be the child of a parent with schizophrenia.

1 videodisc (ca. 8 min.)
RJ507.M44 C43 2001

Can This Marriage Recover?: From the Effects of Compulsive Gambling.

Wexler Asso. (1993)

Testimony of a recovered gambler and his wife about how he recovered and how their marriage was saved.

Video Cassette (23 min.)
RC 569.5 G35 C35

Can't Slow Down.

Films for the Humanities (1993)

Examines Americans' increasingly hurried lifestyle. Because of the urge to acquire, the pressure to achieve or be fired, the need to achieve, and longer commutes to work, couples are too busy to talk to one another. Asks how we spend our time and how the constant rush affects our relationships and health.

Video Cassette (28 min.)
BF 575 S75 C353

Carlton K. Erickson on the Neurobiology of Addiction.

Hazelden Foundation, c2009

"Explains how new discoveries about the human brain are transforming our approach to addiction treatment, mental health, education, and human development"—Container.

1 videodisc (ca. 50 min.)

RC564 .E7542 2009

Castles in the Sand.

Films for the Humanities

The story of Josh Littman, a television reporter who found the feature story of his life in his own death. When the doctors told him he had leukemia, he turned the camera on himself, relentlessly recording the roller coaster swings of hope and despair, remission and final decline. The immediate lesson is how a patient and his family live with the fear and pain of dying.

Video Cassette (52 min.)

RC 643 C37

The Cats of Mirikitani.

Arts Alliance America, [2008]

"Eighty-year-old Jimmy Mirikitani survived the trauma of WWII internment camps, Hiroshima, and homelessness by creating art. But when 9/11 threatens his life on the New York City streets and a local filmmaker brings him to her home, the two embark on a journey to confront Jimmy's painful past. An intimate exploration of the lingering wounds of war and the healing powers of community and art"—Container.

1 videodisc (ca. 74 min.)

N6537.M565 C38 2008

Caught in the Speed Trap.

Films for the Humanities & Sciences (2000)

Discusses techno-stress in the business world and its effects on people's bodies and minds. Profiles SAS Institute as an example of a business that is both compassionate and profitable.

Video Cassette (43 min.)

HF5548.85 .C38 2000

Celebrate What's Right With the World.

Star Thrower Distribution Corp. (2001)

Dewitt Jones, photographer for

National Geographic, shares his attitude toward life and the world.

Ch. 1 Believe it and you'll see it

Ch. 2 Recognize abundance

Ch. 3 Look for possibilities

Ch. 4 Unleash your energy to fix what's wrong

Ch. 5 Ride the changes –

Ch. 6 Take yourself to your edge

Ch. 7 Be your best for the world

1 videodisc (24 min.) + 1 leader's guide (21 p. ; 28 cm.) + 1 workbook

(20 p. ; 28 cm.)+ 1 CD-ROM (4 3/4 in.) + 25 concept cards (3 1/2 x 2 in.)

BF637.S4 C44 2001

Century of the Self.

BBC, [2006]

Four programs describing the psycho and social issues affecting 20th century consumerism against the backdrop of the development of Freudian psychology. Part 1: Explores the emotional connection to consumerism and the psychological motivation of desires over needs through the historical context of the early 20th century; the use of propaganda and the promotion of Freudian ideologies. The work of Edward L. Bernays, public relations specialist and nephew of Freud, is discussed. Part 2: Post-WWII growth of psychoanalysis in America. Comments on the work of Ernest Dichter. Part 3: 1960's questioning of Freudian principles, liberation of feelings vs. suppressing primitive animal instincts. Part 4: How politicians in Britain and America create, control and respond to this idea.

2 videodiscs (236 min.)

HC79.C6 C46 2006

Chicken Soup for the Soul Live! Volume 1. Love ; Learning to Love Yourself.

CareerTrack Publications (1995)

Authors and storytellers Canfield and Hansen take you on a guided tour through the pages of their Chicken soup books. You'll hear selected Soup stories and meet dozens of the books' true-life heroes. Stories are interspersed with songs and music by Ken Medema.

Video Cassette (66 min.)

BF 575 L8 C35

Child Sexual Abuse: The Clinical Interview.

Guilford Pub. (1986)

A training program for clinicians who have had little experience with child sexual abuse or with the diagnostic evaluation of children.

Video Cassette (1 hr.)

Guide (54 p.)

HQ 71 C56

Childhood Depression.

Films for the Humanities & Sciences (2000)

Depression can affect any age child from infancy through the teenage years. This program looks at depression with special attention to what the children themselves say about coping with the disease. Medical authorities emphasize the importance of early diagnosis and treatment to prevent patterns of repeated depression later in life, substance abuse, and suicide.

1 Video Cassette (29 min.)

RJ506.D4 C45 2000

Childhood Physical Abuse.

Films for the Humanities (1990)

Covers the range of problems in the area of physical abuse of children: the adults likely to abuse their children, the signs of such abuse, the effects on the children, the ways abuse should be dealt with, how abusive parents can break the cycle of their behavior and what happens when the law steps in.

Video Cassette (26 min.)

HV 6626.5 C498

Childhood Sexual Abuse.

Films for the Humanities (1990)

Looks at the way adult women learn to work out problems caused by their sexually abusive fathers and how they seek to protect their own children from a recurrence of the pattern. Explains how the pattern of abuse is spread throughout the family, why children can be manipulated into silence, the tell-tale signs of sexual abuse and how they should be reported.

Video Cassette (26 min.)

HV 715 C55

The Children are Watching.

PBS Home Video

Reveals the unintentional but often destructive impact of parents' behavior on their children.

Video Cassette (58 min.)

HQ769 .C48 1999

Children of Violence.

Summary in Anthropology section.

Video Cassette (3/4", 55 min.)

HV 9106 034 C44

Children With OCD.

Films for the Humanities & Sciences, (1998)

"John Stossel of ABC News interviews the members of two families who have children afflicted with obsessive-compulsive disorder. Family members describe the progression of the condition in their children and the difficulties of everyday living. Dr. John Piacentini, director of a children's OCD clinic, explains the chemical causes of the condition, the treatments available, and what parents can do to help afflicted children."—Container

1 Video Cassette (15 min.)

RJ506.O25 C45 1998

The Choice of a Lifetime: Returning from the Brink of Suicide.

New Day Films (1996)

Six people who turned back from the brink of suicide speak about the roots of their despair, the circumstances that led them to the edge, and their journeys back to health.

Video Cassette (53 min.)

RC 569 C46

Classical and Operant Conditioning.

Films for the Humanities (1996)

Explains the nature of Behaviorism and its important applications in clinical therapy, education, and child-rearing.

Video Cassette (56 min.)

BF 319 C55

Closet Narcissistic Disorders: The Masterson Approach.

Films for the Humanities (1995)

Highlights from a 16 month long, weekly course of therapy. Demonstrates how to: use mirroring interpretations of narcissistic vulnerability, overcome repeated patient resistance, establish a therapeutic alliance with a patient, utilize transference as a tool.

Video Cassette (1 hr.)
RC 569.5 B67 C56

Club Drugs.

Schlessinger Media (2004)

Shows the effects club drugs such as Ecstasy have on the user, both physically and mentally. Illustrates the dangers of polydrug use. Includes first person accounts of the damaging and often lethal consequences of use and animations that illustrate how these drugs can irreversibly alter the chemistry of the brain.

1 videodisc (23 min.) + 1 teacher's guide (5 p.)
HV5822.M38 C582 2004

Co-Dependency.

Lifeworks Communications (1988)

Co-dependency is the reaction to dysfunctional systems that exaggerate our need to control, our dependency issues and self neglect. Terry Kellogg addresses the confusion, denial, anxiety, depression, shame, excess guilt, stress related illnesses, and self-destructive behaviors.

Video Cassette (3 hr.)
RC569.5 C63 K45

Cocaine & Crack.

Schlessinger Media (2004)

Discusses the cycle of tolerance, physical dependence and addiction that many users of cocaine and crack face and shows the physical and psychological damage that occurs as cocaine changes the brain's chemistry. Contains a mix of expert interviews and first-person testimonies.

videodisc (23 min.) + 1 teacher's guide (5 p.)
HV5810 .C647 2004

Cognitive-Behavioral Child Therapy.

Allyn and Bacon (2002)

In the first section, Dr. Bruce Masek discusses cognitive-behavioral child therapy with hosts Jon Carlson and Don Keat. The second section features Dr. Masek in an actual therapy session with a mother and her child. The final section is a question and answer session with the audience of therapists-in-training.

1 videodisc (108 min.)
RJ505.C63 C64 2002

Cognitive-Behavioral Relapse Prevention for Addictions.

American Psychological Association, (1996)

G. Alan Marlatt presents methods for preventing relapse of addicts using cognitive behaviorism methods through demonstration and discussion.

1 videocassette (57 min.)
RC489.C63 C6427 1996

Cognitive Development.

Insight Media (1989)

Focuses on the intellectual development of infants and children. Discusses Piaget's theories of cognitive development.

Video Cassette (30 min.)
BF 723 C5 C5683

Cognitive Therapy With Couples: The Initial Phase of Treatment.

Professional Resource Exchange, c2008

Frank Dattilio runs several couples therapy sessions with Jill and Oz. In these sessions, cognitive therapy is used to help the couple regain communication with each other to improve their marriage.

1 videodisc (56 min.) + 1 guide (17 p.)
RC489.C63 C653 2008

Coles, Robert: An Intimate Biographical Interview.

Harvard University Press (198?)

Searches the life and thoughts of one of America's best known child psychiatrists and teachers. He draws on autobiographical stories in his teaching and focuses on the importance of literature in understanding the human condition and the psychology of everyday life.

Video Cassette (1 hr.)

RC 339.52 C65 R63

The Collector of Bedford Street.

New Day Films (2005)

Larry is a man with developmental disabilities who lives alone in an apartment in Greenwich Village and raises a lot of money every year for charities. When his caregiver can no longer care for him, his neighbors create a trust fund for him.

1 videodisc (34 min.) + 1 study guide
(2 p.)

HV3006.N7 C64 2005

The Color of Fear 2: Walking Each Other Home.

StirFry Seminars & Consulting (1998)

Eight North American men of different races continue to talk together about how racism affects them and how their time together has changed their initial anger and racial perspectives.

1 videocassette (55 min.)

HT1521 .C642 1998

The Color of Fear 3: Four Little Beds.

Stir Fry Seminars & Consulting (2005)

A film about the struggle of the gay, lesbian and transgender community to be seen and understood in a predominantly heterosexist society. From the original seminar, the cast of "The color of fear", an ethnically diverse group of eight North American men, discuss the feelings and prejudices they felt during the weekend about the sexual orientations of other group members. They discuss what it is to be gay in this society and the impact it has on senses of safety and identity. Through personal stories and interactions, we have a glimpse into the fears, the stereotypes, and moral issues that are dividing and confronting us today. A ten-year retrospective has been added, with Roberto Almanzan and David Lee talking about the original discussion, and other issues.

1 videodisc (43 min.)

HQ76.3.U5 C635 2005

The Complete Blue Eyed.

Admire Productions (2004)

Jane Elliott, an elementary school teacher, did an exercise with her class in which the children with one eye color were discriminated against so that the children could see what being a victim of racism felt like. The original record of this technique has been made into three separate versions so it can be used in different settings.

Blue Eyed. (the most concise version) 30min

Essential Blue Eyed. (trainer's ed., with debriefing with Jane Elliott) 90 min

Blue Eyed (original version) 93 min

Blue Eyed Trainer's Manual.

(suggestions for using "blue eyed" in diversity training programs)

1 videodisc (213 min) + guide

BF575.P9 C64 2004

Compulsive, Addictive, and Self-Destructive Behaviors.

Lifeworks Communications (1988)

Terry Kellogg gives an in-depth presentation regarding destructive adult behaviors and how they stem from a variety of childhood issues including abuse and neglect. Gives insight on how to break away from compulsive, addictive, self-destructive lifestyles and begin the recovery process.

2 Video Cassettes (4 hr.)

BF 531 K37 pt. 1-2

Compulsive Gambling Against All Odds.

ABC (1983)

Discusses what a compulsive gambler is, how to recognize such a person, who is responsible for the problems, and what help is available.

Video Cassette (27 min.)

RC 569.5 G35 C65

Compulsive Gambling & Recovery.

Brubaker & Asso. (1997)

Discusses compulsive gambling in general, impact of the disease on the gambler and his/her family, how to recognize signs and symptoms of the disease, treatment, and how to keep from becoming a compulsive gambler.

Video Cassette (50 min.)

Guide (36 p.)

RC 569.5 G35 C653

Compulsive Gambling Diagnosis and Treatment A New Definition of the Problem.

Council on Compulsive Gambling of New Jersey (1985)

State-wide Conference on compulsive gambling.

Video Cassette (3/4", 54 min.)

HV 6715 S82 1985

Compulsive Gambling: Signs & Symptoms.

CNS Productions (2001)

Recovering compulsive gamblers discuss telltale signs and symptoms of gambling vis a vis their dealing with money, time, the truth, relationships, their children, magical thinking. Also includes strategies to keep compulsive gamblers from gambling.

1 videodisc (27 min.)

RC569.5.G35 C654 2001

Compulsive Gambling The Invisible Disease.

Carle Media (1991)

Mixes historical and current clips of gambling and related activities to characterize the industry. Interviews with recovering gamblers. Examines stereotypes and myths about gamblers and gambling.

Video Cassette (20 min.)

RC 569.5 G35 C655

The Compulsive Mind.

Films for the Humanities (1995)

Focuses on a woman with Obsessive Compulsive Disorder, who suffers from a fear of contamination. Discusses brain chemical serotonin and explains the role of medication and behavioral therapy in the treatment of OCD.

Video Cassette (28 min.)

RC 533 C64

Conditioning in Practice.

Center for the Study of Democratic Institutions

Cassette

BF 319.5 06 C66

Confidentiality.

Penn State (1983)

Docudrama vignettes portray a family interview situation in a clinical psychiatric setting, detailing the ethical and legal issues involved in maintaining the confidentiality of clinical records.

Video Cassette (45 min.)

RC 455.2 E8 C63

Conformity and Independence.

Penn State Media Sales (2004)

Presents social psychology's main findings and principles in the areas of conformity and independence, using both field and laboratory settings to reinforce the interplay between experience and experiment. Includes findings by Sherif, Asch, Milgram, Kelman, and others.

1 videodisc (23 min.)

HM1246 .C65 2004

Conformity, Obedience, and Dissent.

Insight Media (1990)

Explores social psychological research that illuminates why people conform, obey, or dissent in a given situation. Examines why people deny individual beliefs to follow an authority figure. Discusses Milgram's obedience study. Investigates the seminal studies of styles of dissent and leadership, and the phenomenon of group think.

Video Cassette (30 min.)

HM 251 C73

Constant Craving.

Films for the Humanities & Sciences (2001)

Features new research into the meso- limbic reward pathway and efforts to implement treatments for chemical addiction based on that research using Zyban, Naltrexone implants, and even a cocaine vaccine.

Video Cassette (50 min.)

HV5809 .C65 2001

Constructing the Multigenerational Family Genogram: Exploring a Problem in Context.

MVP (1983)

Teaches clinicians how to construct and use the multigenerational family genogram.

Video Cassette (31 min.)

RC 488.53 C65

Consuming Kids: The Commercialization of Childhood.

Media Education Foundation, c2008

This DVD throws desperately needed light on the practices of a relentless multi-billion dollar marketing machine that now sells kids and their parents everything from junk food and violent video games to bogus educational products and the family car. Drawing on the insights of health care professionals, children's advocates, and industry insiders, the film focuses on the explosive growth of child marketing in the wake of deregulation, showing how youth marketers have used the latest advances in psychology, anthropology, and neuroscience to transform American children into one of the most powerful and profitable consumer demographics in the world. It raises questions about the ethics of children's marketing and its impact on the health and well-being of kids.

1 videodisc (67 min.)

HF5415.33.U6 C665 2008

Conversation with Viktor Frankl.

Pennsylvania State University (1986)

Frankl, founder of logotherapy, compares his theories with those of Freud, Jung, Adler, Lorenz, and Skinner; he also discusses logotherapy, meaning, humanism, and altruism, and offers advice for psychiatry and psychology students.

1 Video Cassette (43 min.) (2 copies)

RC 489 L6 C65

Counseling the Black American/African American Client.

California State University (1990)

Shows a counselor adapting the structure of a counseling session to suit the ethnic orientation of the client.

Video Cassette (58 min.)

E 185.625 C68

Counseling Latina/Latino Clients.

American Psychological Association
(2005)

Demonstrates the cultural issues of the Latina/Latino community in counseling.

1 videodisc (ca. 111 min.)
RC451.5.H57 C68 2005

Counseling the Mexican Client.

California State University (1990)

Shows a counselor adapting the structure of a counseling session to suit the ethnic orientation of the client.

Video Cassette (43 min.)
E 184 M5 C677

Counseling the Native American Indian Client.

California State University (1990)

Shows a counselor adapting the structure of a counseling session to suit the ethnic orientation of the client.

Video Cassette (1 hr. 24 min.)
E 98 P95 C68

Couple Communication.

Interpersonal Comm. Program (1991)

1. Self-Talk & Talking Skills
 2. Listening Skills
 3. Mapping an Issue
 4. Styles of Communication
- 4 Video Cassettes (45 min)
HQ 734 C86

Couples Therapy for Addictions.

Psychotherapy.net, c2000

"In this video, Dr. McCrady works with a young couple trying to change behaviors related to alcohol and marijuana use"—Container.

1 videodisc (116 min.) + 1 guide (64 p)
RC489.B4 C68 2000 + 1 guide

Couples Therapy with an Elderly Couple.

Family Therapy (1984)

Dr. Carlos Suzki interviews a couple that separated after the husband's retirement. The couple displays rigid complementary patterns and reframing techniques are demonstrated.

Video Cassette (1 hr. 6 min.)
RC 488.5 C694

Crazy Love.

Magnolia Home Entertainment (2007)

An examination of the human psyches of Burt and Linda Pugach. Tells the astonishing and unbelievable story of the obsessive roller-coaster relationship the couple shared. Their whirlwind romance culminated in a violent and psychologically complex set of actions that landed the pair on the cover of endless newspapers.

1 videodisc (ca. 92 min.)
HQ801.83 .C73 2007

Creativity and the Unconscious.

Pacifica Tape Library

Cassette (1 hr. 11 min.)
BF 411 M38

The Crisis of Infidelity.

Family Therapy (198?)

Frank Pittman counsels a couple about the crisis caused by the husband's infidelity.

Video Cassette (1 hr. 30 min.)
RC 488.5 C75

Critique of Primal Therapy.

AAP Tape Library

Study Guide
Cassette Set
RC 489 P67 S77

Cross-Cultural Counseling.

Microtraining Ass.

1. "Effective" case of white/white counseling.
2. Effective Japanese/Japanese counseling.
3. Ineffective multicultural help demonstrating how traditional counseling can cloud relationships.
4. Mini-lecture on multicultural issues.
5. Demonstration of 2 cross-cultural counseling interviews.

Workbook
Video Cassette (1 hr.)
BF 637 C6 C72

Cruel & Unusual.

Alluvial Filmworks, c2006

A documentary about transgender women convicted and incarcerated in men's prisons in the United States. Five transgender women describe their experiences, including rape, violence, solitary confinement, and denial of medical care.

1 videodisc (ca. 60 min.)
HQ77.95.U6 C78 2006

Cry Pain, Cry Anger.

University of California (1995)

Two female victims of acquaintance rape express their feelings of hurt and fear.

Video Cassette (13 min.)
HV 6588 C78

Crystal Meditation & Exercises in Birth and Rebirth.

Big Sur (1969)

The exercises are designed to be used as "autogenic methods for inner symbolization."

Cassette (1 hr.)
RC 480.5 G4 no. 2

The Cult of the Beautiful Body.

Films for the Humanities & Sciences (2005)

"Extreme body consciousness has taken youthful narcissism to new heights, making 'boy meets girl' a ruthless physical selection process. This program examines the cult of the body in Western society and how it has reduced today's courtship ritual to a one-dimensional experience based primarily on physical attraction. Beginning with the pressure that men currently feel to conform to an abstract physical ideal, the role of the media is scrutinized, along with the culture that from Munich to Los Angeles excludes all who do not espouse the ideals of bodily perfection at the expense of all else"—Container.

1 videodisc (30 min.)
BF697.5.B63 C86 2005

Cultural Competency in the Treatment of African-American Couples.

Microtraining Associates, [2005]

This presentation focuses on the special challenges facing African-American couples, and the issues they bring to therapy.

1 videodisc (56 min.)
BF636.7.C76 C85 2005

Cultural Diversity in Mental Health Counseling.

Wieling-Harris (1999)

Intended to assist trainers in facilitating discussions regarding cultural diversity in mental health counseling. Presents a series of seven scenarios designed to focus on a variety of topics that confront mental health practitioners

1 Video Cassette (35 min.)
BF637.C6 C775 1999

Culturally Competent Counseling and Therapy: Innovative Approaches to Counseling Native-American Indian People.

Microtraining Associates, [2000]

Demonstrates steps to engage Native American Indians in the counseling process. Emphasizes the following four critical points for counseling professionals: engagement and introduction, recognition of issues within the family, methods of working with the client, and ways to turn the issues into a benefit for the family and client.

1 videodisc (33 min.)
BF636.7.C76 C855 2000

Culture-Centered Counseling.

American Psychological Association, (2004)

Dr. Pedersen discusses with Jon Carlson the competencies needed in culture-centered counseling, and conducts a counseling session with a young Hispanic woman.

1 videocassette (112 min.)
BF637.C6 C78 2004

The Culture of Emotions.

Fanlight Productions (2002)
 (Producer) Explores the variety of ways the diverse cultures of America understand mind and body, and the disorders to which mind and body are subject. Designed to introduce cultural competence and diversity skills to mental/behavior health professionals and students. Introduces a diagnostic system (the DSM-IV "Outline for cultural formulation") for the assessment and treatment of psychiatric disorders across cultural boundaries and diagnostic categories.

1 Video Cassette (58 min., 40 sec.)
 RC455.4.E8 C838 2002

Daddy & Me.

Aquarius Health Care Videos, c2001
 Currently 27 million children are living apart from their father. A father leaves an indelible mark on his children, whether he is present or not. Children and adults across the country share their relationship with their dad both good and bad. Experts in the field offer advice on the father's role in the family and shed light on the issue of father absence.

Video Cassette (27 min)
 BF723.F35 D33 2001

Daimonic: The Daimonic and Psychotherapy III.

Pacifica Tape Library (196?)
 Discusses demonic emotions and how to use psychotherapy to help patients with anxiety.

Cassette
 RC 531 M38

Damaged: When Trauma Leads to Violence.

Films for the Humanities & Sciences (2004)

"This program investigates the relationship between abuse suffered as a child and the likelihood of committing murder later in life especially when that abuse results in brain damage. The horrific slaying of Peyton Tuthill by Donta Page is examined, and the case of a mild-mannered doctor who became violent due to pressure from a brain tumor is addressed. Also featured are the findings of various experts, including forensic psychiatrist Dorothy Otnow Lewis, expert witness for Page's defense; Adrian Raine, whose studies of 41 murderers have consistently revealed frontal lobe damage; and neurologist Jonathan Pincus, author of 'Base instincts: what makes killers kill?' Original BBC broadcast title: 'Damaged'"—Container.

1 videodisc (50 min.)
 HV6515 .D355 2004

Daughter of Suicide.

Women Make Movies (1999)
 Filmmaker Dempsey Rice tells the intimate story of her mother's life and eventual suicide and how she tries to rationalize an irrational act and to find a way to forgive her mother.

1 videocassette (72 min.)
 BF723.D3 D38 1999

Day For Night: Recognizing Teenage Depression.

Pyramid (1999)
 "...A look at the signs, symptoms and treatment of teenage depression. Includes interviews with teens who are dealing with clinical depression and bipolar disorder. Features the teenager's families and friends as well as interviews with health professionals. The goal is to provide education, support and hope to teens suffering from this debilitating, yet very treatable disease"—Container.

1 videocassette (26 min.) + 1
 discussion guide (17 p.)
 RJ506.D4 D38 1999

Deal Me Out.

St. Vincent's Medical Center (1989?)
 Docudrama about a man who is a compulsive gambler and is desperate for money to pay his gambling debts. He drives his car into a tree. Also discusses where a compulsive gambler can go for help.
 Video Cassette (28 min)
 RC 569.5.G35 D43

Dealing with Family Origin Issues.

IAMFC (1994)
 Discusses inter-generational family therapy. James Framo lectures and counsels a couple.
 Video Cassette (2 hr. 37 min.)
 RC 488.5 D34

Death: A Love Story.

Docurama (2003)
 Married to filmmaker Michelle Le Brun for only two years, producer and actor Mel Howard was diagnosed with terminal liver cancer. Howard at first rejected traditional cancer treatments in favor of alternative therapy, and then embraced chemotherapy and liver transplants as last-ditch attempts to save his life. The film's ultimate focus is on Howard's spiritual progression as he adjusts to the notion of his passing.
 1 videodisc (ca. 63 min.)
 PN1995.9.D6 D42 2003

A Death of One's Own.

Films for the Humanities & Sciences, [2005]
 More and more Americans are looking for opportunities to exert some measure of control over where and how they die. In this program, Bill Moyers unravels the complexities underlying the many choices at the end of life, including the bitter debate over physician-assisted suicide. Three patients, their families and their doctors discuss some of the hardest decisions, including how to pay for care, what constitutes humane treatment, and how to balance dying and dignity. In addition, this disc includes a special video introduction aspects to facilitate instruction and discussion.
 1 videodisc (87 min.)
 R726 .D447 2005

Death: An Overview.

Films for the Humanities & Sciences (1998)
 Shows the process of death of a terminally ill patient and shows the commercial and scientific aspects of burial by showing body preparation in a mortuary, embalming, and cremation.
 Video Cassette (49 min.)
 HQ1073 .D37 1998

Death and Dying: A Conversation With Elisabeth Kubler-Ross.

PBS (1989)
 She discusses her work and philosophy. Explains how she handles death in her own family and shares her views on euthanasia and death with dignity.
 Video Cassette (30 min.)
 BF 789 D4 D383

[Death] Gramp: A Man Ages and Dies.

Sunburst Communications (1976)
 Shows how Frank Tugend is cared for at home with love and compassion through years of senility until his death. Records the thoughts and feelings of each family member as they cope with the task of helping Gramp age and die with dignity.
 Teacher's Guide (includes script)
 Filmstrip
 Cassette (16 min.)
 R 726.8 G7

[Death] Living With Dying.

Sunburst Communications (1973)
 Examines man's fear of death and concepts of immortality.
 Teacher's Guide (includes script)
 2 Filmstrips (156 fr.)
 2 Cassettes (29 min.)
 BD 444 L5

[Death] Perspectives on Death.

Sunburst Communications (1976)
 Introduces students to different attitudes towards death, investigating various reactions to the inevitability of death and illustrating how man has used his religious beliefs, philosophy, science and art to cope with mortality.
 Teacher's Guide (includes script)
 2 Filmstrips (140 fr.)
 2 Cassettes (23 min.)
 BD 444 P4

Deeply Depressed.

Films for the Humanities & Sciences,
2006

"There is growing evidence that chronic depression is primarily a physical disease and should be treated like one. This program sheds much-needed light on vulnerability to depression, the subtle symptoms of the disease, and treatments involving psychotherapy and antidepressants such as SSRIs. Brain biochemistry and the serotonin transporter promoter gene are discussed as well, and stories of everyday people grappling with the illness express what it feels like to be clinically depressed--and through treatment, the sensation of finding joy and balance seeping back into life"—Container

1 videodisc (46 min.)
RC537 .D33 2006

Defending Our Lives.

Cambridge Documentary Films (1993)
(Producer) Shows the magnitude and severity of domestic violence in this country. Features the personal testimonies of four women imprisoned for killing their batterers.

1 Video Cassette (34 min.)
1 guide (11 leaves)
HV6626.2 .D427 1993

Definitions & Character of Giftedness.

University of Minnesota (1986)
Discusses what intelligence is and how it is measured in order to identify giftedness.

Video Cassette (28 min.)
BF 431 D43

Defusing Anger and Aggression: Safe Strategies for Secondary School Educators.

IRIS Media (2004)
A staff development program to provide secondary school educators with safe strategies for responding to and defusing potentially serious problem behavior.

1 videodisc (30 min.)
LB3013.3 .D44 2004

Deliver Us From Evil.

Lionsgate, c2006

A documentary on confessed pedophile priest Oliver O'Grady and attempts by the Catholic Church to cover up his actions. Includes interviews with O'Grady and his victims.

1 videodisc (ca. 103 min.)
BX1912.9 .D45 2006

Depression: A Cognitive Approach with Dr. Arthur Freeman.

Films for the Humanities (1995)
Dr. Freeman reenacts highlights from a 21-session treatment using classical cognitive therapy principles.

Video Cassette (1 hr.)
RC 537 D382

Depression: Fighting the Dragon.

Fanlight Productions (2002)
Follows patients who have fought depression and shows what happens in the brain during depression by using brain imaging technologies that map the brain before and after treatment.

Video Cassette (44 min.)
RC537. D427 2002

Depression and Manic Depression.

Aquarius Prod.
Features Mike Wallace, who talks about his battle with depression. Other people who suffer from Manic Depression discuss their treatments and therapy and how their disease stabilized.

Video Cassette (28 min.)
RC 537 D4276

Depression: Not a Normal Part of Aging.

Films for the Humanities & Sciences,
c2003

Explores the relationship between depression, alcohol, and substance abuse in the elderly, and looks at the symptoms of and treatment for depression.

1 videodisc (57 min.)
RC451.4.A5 D465 2003

Depression: The Storm Within.

American Psychiatric Assn. (1991)
 Explores the illness' causes, symptoms, and treatment and looks into the lives of some of those who have experienced its emotional pain and turmoil. The viewer is introduced to a real-life view of psychiatric treatment and meets individuals recovering from depression.

Video Cassette (29 min.)

Booklet (16 p.)

Poster

RC 537 D383

Despair.

Filmmakers Library (1995)
 Explores depressive illness from traditional and nontraditional perspectives. Considers the pervasive mood disorder from multicultural viewpoints. Interviews psychiatrists, social workers and spiritual leaders from diverse ethnic backgrounds.

Video Cassette (56 min.)

RC 537 D53

The Developing Child.

Magna Systems
 #24 Moral Development. Details the components of the moral code.

BF 723 M54 M65

#29 Adolescence: Cognitive & Moral Development. Discusses the physical-motor development in adolescence. Defines the relationship with parents. HQ 799.15 A36

2 Video Cassettes (30 min.)

Workbook (119 p.)

Developmental Aspects of Group Counseling: Process, Leadership, & Supervision.

American Counseling Asso.

Pt. 1: Early Development

Pt. 2: Moving Through Transition to the Working Stage

Pt. 3: The Working Stage & Termination

3 Video Cassettes

BF 637 C6 D48 pt. 1-2

Diagnosing Difference.

Floating Ophelia Productions, c2009
 "A documentary film featuring thirteen transgender and genderqueer scholars, artists, and activists discussing the impact and implications of the Gender Identity Disorder diagnosis on their lives and communities"—Container.

1 videodisc (64 min.)

RC560.G45 D53 2009

Diagnosis According to the DSM-IV.

Films for the Humanities (1996)
 Program 1: Series Introduction, Interview 1 -- Major Depressive Disorder, Interview 2 -- Bipolar I Disorder, Interview 3 - - Male Hypoactive Disorder and Male Erectile Disorder.

Program 2: Interview 4 -- Panic Disorder, Interview 5 -- Obsessive Compulsive Disorder, Interview 6 -- Schizophrenia, Interview 7 -- Amnestic Disorder

Program 3: Interview 8 -- Antisocial Personality Disorder, Interview 9 -- Alcohol Abuse, Interview 10 -- Anorexia Nervosa.

3 Video Cassettes

RC 455.2 C4 D52 pt. 1-3

Dialogues and Post-Modern Connections with Tom Andersen and Harlene Anderson.

Master'sWork Video Productions, (1998)
 Anderson, an international presenter in the area of social-constructionism, discuss postmodernism and what their psychotherapy is and isn't. They compare their work to Minuchin's, DeShazer's, White's, and each other's work, and they discuss Carl Rogers' work

3 videocassette (57 min.)

RC488.5 .D522 1998 Parts 1-3

Dialogues with Madwomen.

Women Make Movies (1993)
 Captures the experiences of seven women of diverse ages and backgrounds who have experienced the dark side of the imagination -- multiple personality, manic-depression, schizophrenia, euphoria. Includes reenactments and visualizations of each woman's history, emotional storms, dreams and memories.

Video Cassette (1 hr. 30 min.)

RC 451.4 W6 D52

Did You Used to Be R.D. Laing?

Third Mind Productions (1989)
 Portrait of the radical Scottish
 psychiatrist and pioneer of modern
 psychology R.D. Laing. Shows him giving
 public lectures and being interviewed.
 Video Cassette (1 hr. 32 min.)
 RC 339.52 L34 D53

A Different Kind of Care.

Films for the Humanities & Sciences,
 [2005]
 At the end of life, what many
 Americans want is physical and spiritual
 comfort in a home setting. Bill Moyers
 presents the important strides being made in
 the area of palliative care at pioneering
 institutions such as New York's Mt. Sinai
 Medical Center and Memorial Sloan-
 Kettering Cancer Center. These advances
 are bringing peace to those who fear that
 they will be a burden to loved ones, will
 suffer needlessly, or will be abandoned in
 their hour of greatest need.
 1 videodisc (87 min.)
 R726.8 .D54 2005

Discovering Psychology.

Annenberg/CPB Collection (1989)
 1. Past, Present, and Promise
 2. Understanding Research BF 38 D57
 3. The Behaving Brain
 4. The Responsive Brain QP 360 D57
 5. The Developing Child
 6. Language Development BF 341 D48
 7. Sensation and Perception
 8. Learning BF 311 D57
 9. Remembering and Forgetting
 10. Cognitive Processes BF 371 D57
 11. Judgment and Decision Making
 12. Motivation and Emotion BF 447 D57
 13. The Mind Awake and Asleep
 14. The Mind Hidden and Divided
 BF 311 D572
 15. The Self
 16. Testing and Intelligence
 BF 697.5 S43 D57
 17. Sex and Gender
 18. Maturing and Aging
 BF 692.2D57
 19. The Power of the Situation
 20. Construction Social Reality
 BF 698.9 S55 D57
 21. Psychopathology
 22. Psychotherapy RC 454.4 D57
 23. Health, Mind and Behavior
 24. In Space, Toward Peace BF 161 D57
 25. A Union of Opposites
 26. New Directions BF 38 D572
 13 Video Cassettes (30 min. ea, 2 prog per
 video)

Discovering Psychology.

Annenberg/CPB, (2001)

Updated ed.

1. Past, Present, and Promise
 2. Understanding Research
BF38 .D57x 2001
 3. The Behaving Brain
 4. The Responsive Brain
QP360 .D57x 2001
 5. The Developing Child
 6. Language Development
BF341 .D48x 2001
 7. Sensation and Perception
 8. Learning
BF311 .D57x 2001
 9. Remembering and Forgetting
 10. Cognitive Processes
BF371 .D57x 2001
 11. Judgment and Decision Making
 12. Motivation and Emotion
BF447 .D57x 2001
 13. The Mind Awake and Asleep
 14. The Mind Hidden and Divided
BF311 .D572x 2001
 15. The Self
 16. Testing and Intelligence
BF697.5.S43 D57x 2001
 17. Sex and Gender
 18. Maturing and Aging
BF692.2 .D57x 2001
 19. The Power of the Situation
 20. Construction Social Reality
BF698.9.S55 D57x 2001
 21. Psychopathology
 22. Psychotherapy
RC454.4 .D57x 2001
 23. Health, Mind and Behavior
 24. In Space, Toward Peace
BF161 .D57x 2001
 25. A Union of Opposites
 26. New Directions
BF38 .D572x 2001
- 13 Video Cassettes (30 min. ea, 2 prog per video)

Divorce and the Family.

Learning Seed (1995)

Shows the emotional upheaval surrounding the two stages of divorce. Shows the stress and emotional reactions of the children.

Video Cassette (24 min.)
Guide (12 p.)
HQ 814 D58

Domestic Violence.

Carle Media (1992)

Explores the relationships that support domestic violence. Conversations with an abuser and with two victims shed light on this issue.

Video Cassette (27 min.)
HQ 809.3 U6 D64

Doors of Perception.

PBS (1990)

Investigates the variety of ways people seek to change their concept of reality: obsession, addiction, transcendence and recovery. Looks at the positive and negative effects of altering consciousness.

Video Cassette (, 1 hr.)
Teacher's Guide (5 p.)
BF 1045 A48 S65

Dream Power.

Pacifica Tape Library (1972)

Cassette
BF 175.5 D74 F37

Dreamland.

First Run/Icarus Films (2000)

Looks at how compulsive gambling acts like other addictions to block out pain, loneliness and distress. Follows several full-time residents of Las Vegas over a two-year period.

Video Cassette (71 min.)
RC569.5.G35 D74 2000

[Dreams] The Existential Interpretation of Dreams.

Pacifica Tape Library (1983)

Cassette
BF 175.5 D74 M38

[Dreams] Healing Power of Myths and Dreams.

Pacifica Tape Library

Cassette (1 hr. 17 min.)
BF 1078 M382

[Dreams] Theater of the Night: The Science of Sleep & Dreams.

Human Relations Media (1982)

Offers an introduction to the subjects of sleep, sleep disorders, and dreams.

Explores the causes and potential cures for the problems that interfere with sleep.

Investigates the significance of dreams.

Video Cassette (45 min.)

Guide (52 p.)

QP 425 T53

Drinking Apart: Families under the Influence.

Films for the Humanities & Sciences

Shows the effects of drug and alcohol dependence on different types of relationships and how addicts can be treated in such places Ackerman Institute for the family, Addicts Rehabilitation Center in New York City, and at Cassadaga Job Corps Center in upstate New York.

Video Cassette (,1 hr 11 min.)

HV5132 .D75 1999

Drug and Alcohol Abuse.

American Psychological Association (2003)

Psychotherapist William Richard Miller demonstrates specific treatments for drug and alcohol abuse. Shows an actual therapy session with a real client which demonstrates how to apply behavioral health principles. Ends with a question-and-answer exchange between the host and psychotherapist in order to review the session and explain how the theories were put into practice in the actual session.

1 videocassette (103 min.)

RC564 .D78 2003

Drug Education for Teens Series.**See full entry by title****Alcohol & Alcoholism.****Alcohol: Teenage Drinking.****Club Drugs.****Cocaine & Crack.****Hallucinogens.****Heroin & Other Opiates.****Inhalants.****Marijuana.****Methamphetamine & Other****Stimulants.****Steroids.****Teenage Depression & Suicide.****Tranquilizers & Other Depressants.****DSM III Debate. Do the Advantages of DSM-III Outweigh the Disadvantages?**

American Psychiatric Assn. (1982)

2 Cassettes (2 hr.)

RC 455.2 C4 D85

DSM III Personality Disorders: Diagnosis and Treatment.

BMA Audio Cassettes (1987)

Designed to aid mental health professionals in developing skills in the diagnosis and treatment of personality disorders according to DSM III criteria. Tapes 1-3: descriptions of the eleven personality disorders provide relevant diagnostic markers and treatment strategies. Tape 4: case presentations.

4 Cassettes

Manual (63 p.)

RC 554 F72

DSM-IV Videotapes Clinical Vignettes.

Brunner/Mazel (1995)

Vignettes illustrate specific Axis I or Axis II disorder and provide information sufficient for diagnosis.

2 Video Cassettes (2 hr.)

2 Guides

RC 455.2 C4 D22

Dying.

Filmmakers Library, [200-?]

Explores the lives of people with advanced cancer. We are permitted to view three individuals and their families, living with an awareness of incurable cancer, waiting in some ways for death, but actually living in styles that are uniquely theirs. Each of these episodes ends with death.

1 videodisc (82 min.)

BD444 .D93 2000z

Dying to be Thin.

WGBH Educational Foundation (2000)
Looks at the eating disorders anorexia nervosa and bulimia, current treatments, and the American obsession with thin women. Interviews health experts and models, ballet dancers, and other young women who are seeking recovery or have conquered their disease.

Video Cassette (1 hr.)
Guide (12 p.)
RC552.E18 D85 2000

The Dynamics of Treatment Planning.

Concept Media (1990)
Begins with a vignette showing effects on the patient of a dysfunctional team in a poorly planned team conference. Discusses the roles and perspectives of team members including facilitator, recorder and patient.

Video Cassette (22 min.)
RC 440.7 D85

Early Childhood Step: Systematic Training for Effective Parenting of Children Under Six.

AGS (1989)
Applies STEPs principles and methods to the challenges of parenting infants, toddlers, and preschoolers.

Video Cassette
Book (157 p.)
Script Booklet (41 p.)
Leader's Manual (75 p.)
HQ 755.8 D55

Ecstasy: Happiness in a Pill?

Films for the Humanities & Sciences, (2004)
Discusses Ecstasy's role as a gateway drug using case studies, the spread of copycat drugs and how the group DanceSafe helps users tell the difference, law enforcement's crackdown on dealers, and its use in coping with emotional trauma.

1 videodisc (45 min.)
HV5822.M38 E37 2004

Effects of Compulsive Gambling on a Marriage.

Wexler Assoc. (1993)
A recovered gambler and spouse discuss the effects of compulsive gambling on their marriage and other aspects of life.

Video Cassette (43 min.)
RC 569.5 G35 E33

Eight Stages of Human Life: Prenatal to Late Childhood.

Human Relations Media (1980)
Four modules: Prenatal Development, Infancy, Early Childhood, Late Childhood.
Teacher's Guide (75 p.)
Video Cassette (53 min.)
QP 84 E522

Eight Stages of Human Life: Adolescence to Old Age.

Human Relations Media (1980)
Four modules: Adolescence, Young Adulthood, Mature Adult, Old Age.
Teacher's Guide (76 p.)
Video Cassette (1 hr., 2 min.)
QP 84 E523

The Elementary Mind.

Insight Media (1993)
Video Cassette (29 min.)
BF 723 C5 E44

[Ellis] A Guide to Rational Living.

InnerWork (1988)
Ellis discusses and demonstrates the modeling approach, the use of humor, the use of cognitive homework, unconditional acceptance of clients, the use of strong language and dealing with low frustration tolerance.

Video Cassette (1 hr. 28 min.)
RC 489 R3 G85

[Ellis] Interview with Dr. Albert Ellis.

AAP Tape Library
Cassette Set
Study Guide
RC 489 R3 E44

Emotion.

Aquarius Health Care Media, (2006)
Examines the distinguishing characteristics of emotion and probes long-debated issues; anger, forgiveness, and happiness are explored in greater depth.

1 videodisc (30 min.)
BF531 .E4844 2006

Emotional Healing.

Site Productions (1990)

Pt. 1. **It Was that Bad.** Looks at the stories of a number of ACOAs who discuss the range of problems that afflict them as adults. (44 min.)

Pt. 2. **Finding Emotional Sobriety.**

Participants come together for a workshop on emotional sobriety. Through intense exercises they identify their childhood pain and discover a path that leads them away from the damage that controls their lives. (46 min.)

2 Video Cassettes

Guide(44 p.)

HV 5132 E46

Emotional Intelligence

CRM Learning (2001)

Discusses emotional intelligence, which is the idea that the proper understanding and use of emotions can make people more effective workers and better communicators. Illustrates how organizations such as Kaiser Permanente, State Street Bank, and Nichols Aluminum are accessing the power of emotions to create better, more productive teams and team members.

2 Video Cassettes (40 min)

1 CD

Leader's Guide

10 Participant Workbooks

10 Pocket Cards

BF576 .E46 2001

Empathy.

First Run/Icarus Films (2003)

"Alternating between fictional drama and documentary film, Empathy explores the tricky intimacy between psychoanalysts and patients"—Container.

1 videocassette (93 min.)

PN1995.9.M462 E46 2003

Erik H. Erikson: A Life's Work.

Davidson Films (19???)

Combines biographical information with his theoretical proposals to provide an understanding of the relationship between the life experience of a theorist and the work produced.

Video Cassette (28 min.)

RC 339.52 E74 E75

The Essence of Rational Emotive Therapy.

(1984)

Ellis describes how the general theory of RET differs from other cognitive behavior therapies, and he identifies the major assumptions of RET. Discusses recent evidence from major empirical studies on the clinical effectiveness of RET prior to sharing his answers to the challenges to RET.

Video Cassette (33 min.)

RC 489 R3 A33

Ethics for the Mental Health Professional.

Bert Rodriguez Video Education (1997)

Designed to teach the basics of ethical behavior

Video Cassette (2 hr. 40 min.)

RC 455.2 E8 E837

Even Eagles Need a Push.

CRM Films (1993)

David McNally describes the five qualities of the self-empowered person. States that each person can invest time to develop new strategies that help them to live the life they have imagined for themselves. Qualities outlined: self appreciation, vision, purpose, commitment, and contribution.

Video Cassette (27 min.)

Leader's Guide (12 p.)

HF 5549.5 M63 E84

Everybody Rides the Carousel.

Pyramid (198?)

Summary in Education section.

Video Cassette (1 hr. 17 min.)

BF 713 E84

Everyday Addictions.

Films for the Humanities & Sciences
(2002)

... "Doctors from Brown University's School of Medicine and Harvard Medical School talk with host Kat Carney about the psychological, physiological, and genetic components of addiction while considering treatments such as hypnotherapy, Naltrexone therapy, and experimental vaccines. Some of the medical outcomes of addiction, including lung cancer, cirrhosis of the liver, and clinical depression, are also discussed, as well as a new form of dependency: addiction to the Internet"—Container.

1 videodisc (50 min.)
RC564 .E86 2002

Everyone Pays : Teenage Drinking and Driving.

Pyramid Media (1999)

Explores the aftermath of alcohol-related auto accidents in order to try to make teenagers understand that drinking and driving destroys lives.

1 Video Cassette (35 min.) + manual
HE5620.D7 E84 1999

Existential Psychology : A Dialogue with Abraham Maslow, Rollo May, and Carl Rogers.

Pacifica Tape Library (1962)

2 Cassettes
BF 204.5 E95 vol. 1-2

Existential Therapy.

American Psychological Association
(2007)

"Dr. Kirk J. Schneider

demonstrates his existential-integrative model of therapy. Developed by Schneider with the inspiration of Rollo May and James Bugental, existential-integrative therapy is one way to engage and coordinate a variety of intervention modes (such as the pharmacological, the behavioral, the cognitive, and the analytic) within an overarching existential or experiential context. In this session, Schneider emphasizes the experiential level of contact, which gives attention to experiencing what is "alive" both within the client and between the client and the therapist. Schneider works with a 55-year-old man who is presently disabled. The client is gay, has AIDS, and is having a hard time finding a meaningful life-direction. He feels he is being discriminated against because of his sexual orientation and illness. Schneider helps him to understand how his reactions can both keep him from transforming and potentially mobilize that very transformation"--Publisher's description

1 videodisc (95 min.)
RC489.E93 E95 2007

Expanding the Moment: A Consultation with David Epston.

Master's Work Prod. (1992)

Demonstrates the narrative therapy work of David Epston in a workshop for professional experience.

Video Cassette (45 min.)
RC 480.5 E85

Experiencing the Soul (series).

Aquarius Health Care Videos (2000)

After Death.

"The field of after-death communications explores communication from the souls of deceased loved ones who make themselves known to us in any number of ways."—Container

1 Video Cassette (10 min.)

BF1261.2 .A37 2000

At the Moment of Death.

"Death is more than a medical event. At the moment of death, the veil between dimensions often appears to lift for both the dying person and those at the bedside. ...

This segment includes two hospice patients transformed by soul-experiences, plus a hospice chaplain and nurse, medical researcher Dr. Joan Borysenko, psychologist Dr. Jean Houston, quantum physicist Dr. Fred Alan Wolf, and philosopher Dr. Michael Grosso."—Container

1 Video Cassette (15 min.)

BF789.D4 A7 2000

During Life.

"This segment explores how we can cultivate soul-receptivity all throughout life, and offers a universal method of directly experiencing the soul."—Container

1 Video Cassette (17 min.)

BD421 .D87 2000

Preparing for a Healing Passage.

"The actual moment of irreversible biological death takes less than one second. Preparing ourselves for this universal human experience takes a lifetime."—Container

1 Video Cassette (10 min.)

BF789.D4 P74 2000

Experiments in Human Behavior.

Human Relations Media (1985)

Addresses several areas of psychological experimentation. Provides information on how experiments work, methods used by psychologists, and ethical conflicts and dilemmas faced by experimenters.

Video Cassette (30 min.)

Teacher's Guide (45 p.)

BF 181 E86

The Explosive and Noncompliant Child.

The Cleveland Clinic Foundation (2001)

Learn how to deal with a child who is explosive, inflexible, or easily frustrated.

1 Video Cassette (116 min.)

RJ506.P63 E86 2001

The Fall of Freddie the Leaf.

AIMS (198?)

A unique version of Leo Buscaglia's book. Stimulates discussion about the natural cycles of life and death.

Video Cassette (17 min.)

PZ 7 F22

Families & Relationships. Virginia Satir.

NLP Comprehensive (1988)

Family Relationships (67 min.)

RC 488.5 S267

Endings and Beginnings (58 min.)

BF 637 I48 S27

Forgiving Parents (72 min.)

RC 488.5 S268

Self-worth (66 min.)

BF 697.5 S46 S27

Empowering Communication

(115 min.) BF 637 C45 S27

Divorced Parents & Children

(75 min.) RC 488.6 S27

Blended Families (49 min.)

RC 488.5 S218

7 Video Cassettes

Family Assessment.

Norton & Co. (1992)

Tape 1: Overview of Assessment, Healthy and Adequate Families. Introduces the viewer to family assessment and demonstrates the functioning of families on the high end of the competence continuum. (56 min.)

Tape 2: Midrange Mixed and Centripetal Families, Borderline Centripetal Family. Demonstrates the functioning of families in the middle of the competence continuum and deals with issues of family "style". (54 min.)

Tape 3: Borderline Centrifugal Family, Severely Dysfunctional Centripetal and Centrifugal Families. Demonstrates the functioning of families on the low end of the competence continuum and presents the centrifugal family style. (49 min.)

3 Video Cassettes
Book (237 p.)
2 Booklets
RC 488.53 F27 tapes 1-3

Families in Recovery.

Hazelden Publishing and Educational Services, c2005

Dr. Jeanne Obert lectures on the development of substance abuse, phases of addiction and how family members respond to an addict.

1 videodisc (ca. 60 min.)
RC564 .F355 2005

The Family Meal.

Fanlight Productions (2005)

"Obesity is second only to smoking as the leading cause of preventable deaths in the United States. Ironically, in the midst of this epidemic, American families are chronically under-nourished. It has been suggested that one cause of today's obesity crisis is the decline of the family meal. Under ever-increasing time and financial pressures, parents may be spending less time with their children, who may in turn feel isolated and depressed, and use food to make up for the vital nurturing connection that occurs when families eat together. This short documentary is a companion film to The weight of obesity, by the same producer"—Container.

1 videodisc (ca. 19 min.)
RJ399.C6 F36 2005

Family Roles.

Lifeworks Communications (1988)

Terry Kellogg describes and discusses the roles that family members are assigned in order to meet the needs and stay within the rigid rules of the dysfunctional family system.

Video Cassette (53 min.)
RC 569.5 C63 K452 no. 1

Family Secrets: Implications for Theory and Therapy.

Guilford Publications (1994)

Dr. Imber-Black presents family therapy sessions, which help to demonstrate how key events shape family patterns and family functioning. Illustrates how to help families decide whether to reveal family secrets and if so, when and how.

1 videocassette (43 min.)
RC488.5 .F365 1994

Family Systems Therapy.

Allyn & Bacon Professional, [2000?], c1997

Discussion about family systems therapy, which is "based on the belief that the family and other systems, such as work, influence the individual just as the individual influences each system"—Container, and its application, followed by an actual counseling demonstration. The tape concludes with a group of professionals discussing the demonstration and the theory.

1 videocassette (119 min.)
RC488.5 .F34 2000

Family Systems Therapy with an Individual: Conducting the First Two Sessions.

MVP (1989)

Provides a clear example of a family systems therapist at work and facilitates discussion of clinical and theoretical issues.

Video Cassette (49 min.)
RC 488.53 F34

Family Therapy and Social Change.

Irvington Publishers (1982)

Presents a model for change in family therapy, based on the assumption that the nuclear family will survive feminism and other social changes. Includes excerpts of actual therapy sessions with interpretation by the author.

Book (171 p.)

Cassette

RC 488.5 S64

Fat Chance: The Big Prejudice.

Bullfrog Films (1994)

Rick Zakowich started a diet to lose half his body weight and found all of himself along the way. Rick's journey to a new identity.

Video Cassette (1 hr. 12 min.)

RC 628 F37

Fat Like Me: How to Win the Weight War.

Films for the Humanities & Sciences (2003)

Nutritionists, psychologists, pediatricians, and other experts explore the causes of obesity, the physical and emotional damage it can do, and how parents and schools can team up to help kids improve their health. Also looks at the world of an overweight teen through the eyes of a slender teen who until now has never felt the pain, isolation, and alienation that many experience every day at school and at home.

1 videodisc (40 min.) + 1 teacher's guide (10 leaves)

RJ399.C6 F37 2004 + guide

Fear.

Filmakers Library, [2005?]

Part 3 of a four-part series that looks at the primal emotions that are generated in the brain, and how nature and nurture combine to make us feel the way we do. This program looks at the nature of fear, our most primal and powerful emotion, from its evolutionary origins in the involuntary fight-or-flight survival instinct, to its essential function as a learning tool today.

1 videodisc (43 min.)

BF575.F2 F35 2005

Feelings: Learning to Live, Learning to Love.

Lifeworks Communications (1988)

Terry Kellogg provides some thoughts regarding how the repression of our feelings can bring about many personal and relationship problems in our adult lives. Contains some insights into how to deal with, cope with, control, and understand our feelings.

Video Cassette (2 hr.)

BF 531 K37 pt. 2

A Feminist Perspective: Implications for Therapists.

Menninger (1983)

Lois Braverman, ACSW, challenges therapists to re-examine their thinking. What is a feminist perspective? How does feminism alter basic assumptions of what is central and what is peripheral in our lives? What are the implications of accepting a feminist viewpoint?

Video Cassette (33 min.)

RC 489 F45 F44

Feminist Therapy.

American Psychological Association (1994)

Laura S. Brown conducts a mock therapy session that stresses the use of feminist therapy, an approach that encourages clients to discover the manner in which their authority in their lives has been taken from them and to reclaim that authority and to speak in their own voice.

1 videocassette (42 min.)

RC489.F45 F46 1994

Finding Our Way: Men Talk About Their Sexuality.

New Day Films (1990)

Explores some of the myths surrounding men's sexuality. Ten men talk openly about their sexuality, their feelings about being sexual and their dreams of the kind of relationships they want with women and men.

Video Cassette (40 min.)

Guide (9 p.)

BF 692.5 F55

Fish!: Catch the Energy, Release the Potential!

ChartHouse International Learning Corporation (1998)

Shows employees how to generate the energy needed for a high morale work environment. Highlights four main concepts: play, make their day, be there, choose your attitude. Also portrays the playful atmosphere necessary for creativity to flourish.

Video Cassette (17 ,om.)

Facilitator's Guide (27 p.)

Workbook (28 p.)

HF5549.5.M63 F57

First Kill.

Icarus Films, c2001

Documentary about the line between good and evil, focusing on the contradictory emotions that war evokes, such as terror and anger, but also seduction, fascination and excitement. Includes interviews with journalist and author Michael Herr, war photographer Eddie Adams, and other Vietnam veterans. They discuss their aversion and attraction to war and killing. These interviews are juxtaposed with scenes from the war and images of young Vietnamese and foreigners in present day Vietnam who continue to show a fascination with the war and its memory as they tour former battlefields.

1 videodisc (52 min.)

DS559.5 .F47 2001

5 girls.

Women Make Movies (2001)

Follows five young teenage girls going to schools in Chicago. Looks at their family life, their behavior at home and school, and their friendships and other relationships.

1 videocassette (113 min.)

1 guide (34 p.)

HQ798 .A2 2001

Flight From Death: The Quest for Immortality.

Koch Entertainment (2005)

Through stunning visuals and insightful interviews, this multiple award-winning film explores human beings' innate and subconscious fear of death and portrays the impacts of that fear on our behavior, specifically in regard to violence.

1 videodisc (85 min.)

RC552.F42 F55 2005

Following Sean.

Docurama (2007)

Filmmaker Ralph Arlyck

tracks down Sean, the boy who grew up running barefoot on the streets of 1960s San Francisco and who had been the subject of his controversy-sparking documentary in 1969, to see what he is like 30 years later.

1 videodisc (ca. 87 min.)

BF710 .F64 2007

Food & Intimacy.

Landmark Media (1999)

Examines how food plays a large role in the most intimate and profound human experiences, from courtship to weddings and funerals.

1 videodisc (23 min.)

GT2860 .F63 1999b

Forever

First Run/Icarus Films, [2007]

"Through a visit to the world-famous Père-Lachaise cemetery in Paris, the final resting place for legendary artists from around the world, [the film] provides an unusually poignant, emotionally powerful meditation on relations between the living and the dead, and the immortal power of art"—Container.

1 videodisc (95 min.)

DC755 .F67 2007

Frankl: The Search for Meaning in Life Today.

CES (1987)

Video Cassette

RC 489 L6 S42

Frederick Perls and Gestalt Therapy.

Pt. 1 presents the essence of Gestalt Therapy. Perls talks about the structure of neurosis and describes the five layers: cliché behavior, role playing or manipulative behavior, the impulsive layer, the explosive layer, and the actualizing personality. (39 min., 10 sec.)

Pt. 2 demonstrates the technique in practice. Perls discusses his dream theory and describes a dream as an existential message in which man's existence is clarified to him. He then illustrates his theory by interpreting two patients' dreams. (36 min., 41 sec.)

1 videodisc (75 min., 51 sec.)
RC489.G4 F74 1980z

Freud Today: The Greatest Thinkers.

International Center for Creative Thinking
Video Cassette
BF 109 F74 F747

Freud Under Analysis.

Coronet Film & Video (1987)

A close look at Freud's theories and how they have influenced psychology from their origins to today.

1 videodisc (58 min.) + 1 teacher's guide
BF173.F85 F743 1987

[Freud] A Question of Place.

National Public Radio
Sound portraits of 20th century Humanists including Sigmund Freud.
13 Cassettes
B 821 Q47

[Freud] Sigmund Freud: Analysis of a Mind.

A&E Home Video (1995)
Biography profiles Sigmund Freud.
Video Cassette (50 min.)
BF 109 F74 S532

[Freud] Sigmund Freud: As Interpreter of His Dreams.

Pacifica Tape Library (1970)
Cassette
BF 173 F85 P64

From Stress to Success.

Learn Inc. (1997)

Simple ways to take command of the stressors in your life and make them work for you.

2 Cassettes
Guide (28 p.)
BF 575 S75 F76

Gambling & Its Potential Health Consequences.

National Center for Responsible Gaming (1998)

Speaker defines disordered gaming, how prevalent it is, whether or not occurrences of it are increasing, how casinos can try to prevent it, and how to help compulsive gamblers.

Video Cassette (2 hr. 45 min.)
RC 569.5 G35 G32

Gender Differences in Depression: A Marital Therapy Approach.

Psychotherapy.net, c2006

Peggy Papp, a therapist and Director of the Depression Project of the Ackerman Institute for Family Therapy, New York, and a team of consultants speak about depression in married couples. Includes interviews with depressed couples.

1 videodisc (44 min.)
RC488.5 .G46 2006

Gender and Diversity: Female and Male Perspective.

Microtraining Associates (2001)

Two keynote presentations on multiculturalism and gender given at the National Multicultural Conference and Summit II of the American Psychological Association in Santa Barbara, California, January 2001.

1 videodisc (75 min.)
HM1271 .G45 2001

Gender and Relationships.

Insight Media (1990)

Explains why human emotional interactions and attachments are so complex, and emphasizes that authorities remain uncertain about what factors influence peoples' feelings of love, affection, and sexuality. Asks What is love?, What makes sexual behavior "normal" or "abnormal"?, and In what ways do men and women differ in their sexual attitudes motives, and behavior?

Video Cassette (30 min.)

HQ 1075 G4614

Gender and Relationships: Male-Female Differences in Love and Marriage.

University of California Extension Center for Media and Independent Learning (2002)

Explores the differences in the ways that men and women experience the love relationship. Examines ways to make a relationship work better for both men and women. Features men and women from a variety of cultural and social backgrounds who provide testimony on how gender differences affect their relationships.

1 Video Cassette (43 min., 30 sec.)

HQ801 .G44 2002

Genocide: From Biblical Times through the Ages

Films for the Humanities and Sciences (2002)

A variety of experts analyze Biblical accounts and some of the earliest documented examples of genocide, as in the Athenian siege of Melos in 416 BC, to explore the psychology that motivates such violence. This grim survey looks at the extermination of Tasmanians, Native Americans, Namibia's Herero tribe, and the Armenians.

Video Cassette (57 min.)

HV6322.7 G453 2002

The Gentle Sex?

Roland Film (1990)

Discusses the social concepts of gender.

Video Cassette (25 min.)

BF 692.2 G47

Gestalt Therapy With Children.

Allyn and Bacon (2003)

In the first section, therapist Violet Oaklander discusses gestalt therapy with children with hosts Jon Carlson and Don Keat. The second section features Violet Oaklander in an actual therapy session with a child. The final section is a question and answer session with the audience of therapists-in-training.

1 Video Cassette (110 min.)

RJ505.G47 G47 2003

Getting What You Want: How to Reach Agreement and Resolve Conflict Every Time.

ALA Video Network (1993)

Explains how to win by negotiation and offers guidelines for "personal peacekeeping."

Video Cassette (, 19 min.)

BF 627 N4 G47

Getting to Yes: The Video Workshop on Negotiation.

Conflict Management, Inc., c1993

Demonstrates a proven method for reaching agreement and building relationships without giving in.

2 videodiscs (134 min.) + 1 sound cassette (45 min. : analog) + 1 book (200 p.) + 1 facilitator's guide (36 p.) + 2 viewer's guides (16 p.)

BF637.N4 G48 1993

Girls Like Us.

Women Make Movies (1997)

Examines the impact of class, sexism, and violence on the dreams and expectations of young women. A portrait of teenage girls' experiences of sexuality.

Video Cassette (1 hr.)

HQ798 .G54 1997

Gloria Steinem: The Battle for Self-Esteem.

Films for the Humanities (1993)

In this specially adapted Phil Donahue program, Steinem and her psychotherapist examine women's battle for self-esteem.

Video Cassette (28 min.)

HQ 1413 S675 G56

Go for Your Goals.

Learn Inc. (1994)
 2 Cassettes
 Booklet
 BF637.S8 G6 1995

Going For Broke: Compulsive Gambling.

KLVX (1983)
 Discusses compulsive gambling, its effect on the gambler, and on the gambler's family.

Video Cassette (30 min.)
 RC 569.5 G35 G63

Going Home: A Family Systems View of Change.

MVP (1990)
 What happens when one member of a family moves towards change? Includes relevant aspects of the multigenerational family genogram and interlocking family therapies.

Video Cassette (26 min.)
 RC 488.53 G65

Gorgeous.

First Run/Icarus Films (1994)
 Addresses why young women and girls feel insecure about their appearance. Follows the perils of cartoon character Hermoine, the Modern Girl, as she tackles plastic surgery, beauty therapy, and bulimia in a fit of inadequacy.

Video Cassette (10 min.)
 BF 697.5 B63 O67

Grandma's Ghost Spirits Away Family Violence: A Unique Reauthoring With David Epston.

Master's Work Prod. (1993)
 Demonstrates the empowering effect of the Narrative Therapy approach with a female client who has been in violent episodes with her husband.

Video Cassette (58 min.)
 RC 488.55 G72

Grey Gardens.

Criterion Collection, c2006
 Portrait of the relationship between Edith Bouvier Beale and her grown daughter, Little Edie, once an aspiring actress in New York who left her career to care for her aging mother in their East Hampton home, and never left again. The aunt and cousin of Jacqueline Kennedy Onassis feed their cats and raccoons and rehash their pasts behind the walls of their decaying mansion, Grey Gardens.

1 videodisc (94 min.) + leaflet
 CT3260 .G74 2006

The Ground Truth.

Universal Studios Home Entertainment, c2006

Documents the stories of American men and women who heeded the call for military service in Afghanistan and Iraq and the challenges they faced upon their return home.

1 videodisc (78 min.)
 DS79.76 .G76 2006

Group Work: Fundamentals of Group Process.

Describes traits of an effective group leader and illustrates the function which the leader must fulfill such as setting rules, structuring sessions, and handling disruption. Presents models and strategies for dealing with patients who have problems such as delusional, manipulative, isolated or regressed.

Video Cassette (26 min.)
 RC 488 G76

Growing up Female: A Film.

New Day Films/Heartland
 Describes the socialization of the American woman through a personal look into the lives of six females ranging from kindergarten age to middle age. Shows the influence of such forces as parents, teachers, guidance counselors, the media, advertising, pop music, and marriage.

Video Cassette (50 min.)
 HQ1206 .G83 1990

Growing Up in Video World: Media & the Developing Child.

Learning Seed, c2001

This program explores the key role that electronic media play in the lives of American children and argues that TV and video games pose dangers to the developing child.

1 videodisc (24 min.)

HQ784.M3 G77 2001

Half of Anything.

JNH Video Production (2005)

A documentary that poses the question "What is a REAL Indian?" to four participants who examine the notion of how Indian identity is constructed from their individual and often very personal perspectives. Struggling at times to answer the question, they reveal the difficulty of determining what identity is.

1 videocassette (25 min.)

E98.E85 H34 2005

Hallucinogens.

Schlessinger Media (2004)

Discusses the fact that mind-altering drugs known as hallucinogens can cause long-lasting changes in perception. Looks at drugs like LSD and points out a frightening link between drug use and mental illness. Shows the immediate physiological effects of abuse, and contains a mix of expert interviews and first-person testimonies

1 videodisc (23 min.) + 1 teacher's guide (5 p.)

HV5822.H25 H34 2004

Hamster Cocktails: The Truth About Hazing.

[Distributed by] Security on Campus, c2004

In our society, hazing is a problem that is out of control. Without intervention, the vicious cycle of hazing will continue, and innocent people will continue to be physically and emotionally hurt or killed. Hamster Cocktails was designed to shock high school and college students into thinking twice before they allow themselves to be put in a hazing situation. The documentary crew traveled to two towns where horrific hazing incidents occurred. By revisiting the scenes of the crimes and talking with the people involved, the documentary reveals how seemingly innocent decisions can lead to tragedy and death.

1 videocassette (20 min.)

LA229 .H33 2004

Handling Stress Today and Tomorrow.

Cambridge Educational Research (1989)

Helps students identify circumstances that can be stressful and provides ways to manage the pressure that they create.

Video Cassette

BF 724.3 S86 S77

Happiness.

Filmmakers Library, [2005?]

Part 4 of a four-part series that looks at the primal emotions that are generated in the brain, and how nature and nurture combine to make us feel the way we do. This program draws a distinction between the lasting state of happiness and the pursuit of instant pleasure. We explore the evolutionary role of happiness, and ask what happens in the brain, and possibly our genes, that make some people happy and others sad.

1 videodisc (43 min.)

BF575.H27 H36 2005

Harry.

Research Press (198?)

Summary in Special Education section.

Video Cassette (38 min.)

RC 489 B4 H38

Healing and the Mind.

Ambrose Video (1993)

See summaries and call numbers in
Medical Science section.

5 Video Cassettes

Healing the Wounds of Incest.

Pyramid Film (1990)

Speaks through the experience of 4 women and 1 man as they share their commitment to take back their own lives, and transform their fear, anger, guilt, and shame into self-discovery. Demonstrates that incest survivors need not suffer alone, and offers proof that it is possible to heal the wounds of incest.

Video Cassette (54 min.)

HQ 71 H42

Healing Wounded Hearts: Helping Families Heal From Divorce.

Aquarius Prod. (1997)

Designed to create an environment that invites healthy discussion of the typical feelings associated with divorce.

Video Cassette (28 min.)

Book (215 p.)

HQ 777.5 H43

The Healing Years: A Documentary About Surviving Incest and Child Sexual Abuse.

Future Educational Films

Profiles three women on their journeys of pain and despair from incest, and their process of recovery as they work to end the cycle of incest.

Video Cassette (52 min.)

HV 6570.2 H42

[Healing] Anatomy of an Illness: Reflection on Healing and Regeneration.

Human Relations Media.

2 Filmstrips

Cassette

RC 924 A63

[Healing] Integral Way of Prevention and Self-Healing.

Big Sur (1972)

Cassette (1 hr.)

RZ 401 S3

[Healing] Navajo Healing in Life Crisis.

Big Sur (1973)

Cassette (1 hr. 38 min.)

E 99 N3 S34

Heartbreak.

Films for the Humanities & Sciences
(2007)

This program investigates the devastating effect that social and romantic rejection can have on the brain, the body, and human behavior.

1 videodisc (57 min.)

HM1106 .H43 2007

Helping Your Child Cope With Grief.

Aquarius Health Care Media (2006)

Discusses how children understand death differently at different ages and that grieving can take many different forms. Meet two families who have gone through the grieving process and learn from them and the experts what to expect, and what you and other adults around your children can do to help

1 videodisc (27 min.)

BF723.G75 H45 2006

Hermaphrodites Speak!

ISNA (1999)

Seven people discuss their lives as hermaphrodites at the first retreat of the Intersex Society of North America.

Video Cassette (34 min.)

RC 883 H47

Heroin & Other Opiates.

Schlessinger Media (2004)

Discusses how highly effective pain relievers such as morphine and codeine work in the brain and body, and shows the immediate physiological effects of abuse of heroin. Contains a mix of expert interviews and first-person testimonies.

videodisc (23 min.) + 1 teacher's
guide (5 p.)

HV 5822.H4 H46 2004

The Hidden Face of Fear.

Icarus Films, c2008

Studying the traumatic impact of 9/11, neuroscientists and psychologists are approaching a common understanding of how the brain's fear circuitry works, and changes. The film features interviews with some of the world's leading experts on fear and memory, including neuroscientist Joseph LeDoux, Nobel Prize-winning neurobiologist Eric R. Kandel, neuropsychiatrist David Silbersweig, and other psychologists and neuroscientists at New York University's Center for the Neuroscience of Fear and Anxiety.

1 videodisc (53 min.)
BF575.F2 H53 2008

[Hollingworth] Leta Stetter Hollingworth: Pioneer Woman of Psychology.

Dept. of Behavioral Sciences, Alverno College

A biography of Leta Stetter Hollingworth, pioneer woman researcher in psychology, with emphasis on her works on psychology of women.

Video Cassette (14 min.)
BF109.H6 L47 1990

Hooked: From Hollywood to Main Street.

Films for the Humanities (1994)

Reports on the growing number of heroin addicts and interviews people at various stages of addiction and recovery.

Video Cassette (1 hr.)
HV 5822 H4 H6

Hope is the Thing With Feathers.

New Day Film (1999)

This portrait, told through the Beau Riley's poetry, art and spoken words, depicts his inner and outer journey as he cared for his lover, David Whitmore, during his illness and death, when at the same time confronting his own illness and impending death.

1 Video Cassette (28 min.)
BF724.3.G73 H66 1999

The Honour of All.

Four Directions International (1985-1986)

Part 1 dramatizes the problems of the Shuswap Indians of British Columbia, focusing on their dependence on alcohol and their attempts to begin a sobriety program. Part 2 shows through personal interviews the results of the community's effort to recover from alcoholism and drug abuse. Part 3 is a videotape of a conference, co-sponsored by the Alkali Lake Indian Band and the Four Worlds Development Project, aiming to eliminate substance abuse from native societies.

3 videocassettes (125 min.)
E99.S45 H65 1985 pts. 1 – 2

How Art Made the World.

BBC Video (2006)

Reveals how the first big artistic discoveries were made and how they have cascaded down the centuries to define the look of the present day. Encompassing everything from cave paintings to ceramics and pyramids to palaces, this film explores the global trend for unrealistic depictions of the human body; the secret powers of the feature film; how politicians manage to manipulate people so easily; visions of the afterlife; and why we use imagery at all.

2 videodiscs (ca. 290 min.)
N5300 .H69 2006

How the Young Brain Learns.

Association for Supervision and Curriculum Development

Three authorities in the fields of education, neuroscience, and cognitive psychology reveal how nature and nurture interact as children develop from infants to productive adults.

Tape 1- Teaching the young brain / JoAnn Barney (50 min.)

Tape 2 -The nature of the young brain / Steven Petersen (50 min.)

Tape 3 -Nurturing the young brain / Andrew Meltzoff (50 min.)

Sound recording
QP408 .H68 2000

How to Beat the Clock.

Films for the Humanities & Sciences
(1999)

Discusses the tyranny of time in the workplace while making a case for saying, "Enough is enough!"

Video Cassette (56 min)
HD69.T54 H68 1999

How to Use Psychological Abstracts.

American Psychological Assn. (1988)
Talks about the vast amount of information PA stores and how to access it in a simple three-step lookup procedure.

Video Cassette (15 min.)
Brochure (5 p.)
BF 39.5 H68

How to Use PsychLit on CD-ROM.

American Psychological Assn. (1991)
Teaches the basics of how to search PsycLIT for the references you need.

Video Cassette (18 min.)
Booklet (8 p.)
BF 39.5 H682

Human Aggression.

Penn State Media Sales, (2005)
Examines modern psychological theory and research on aggression, exploring where it comes from, how it is shaped, and what purpose it serves. Spontaneous occurrences of aggression, such as the activities of a youth gang, are depicted and related to scientific principles and laboratory findings: Bard on the psychological training of police, Bandura's and Walter's Bobodoll experiment, Milgrams work with group influences on aggression, Syke and Matza on the legitimization of aggression in delinquent groups, and a statement of former Attorney General Ramsey Clark on aggression among the disadvantaged. Considers the importance of the psychological training of police who intervene in aggressive disputes.

1 videodisc (24 min.)
BF575.A3 H848 2005

Human Behavior: Is It Really Getting Worse?

National Public Radio
Cassette
HM 101 H85

The Human Dilemma: Explorations in Existential Psychotherapy.

Innerwork (1988)

Dr. May proposes that genuine growth comes not from escaping into banal pleasures or shallow, positive thinking, but from confronting the pain of existence.

Video Cassette (1 hr. 30 min.)
BF 204.5 H84

Human Interaction: Transactional Analysis Group Therapy.

Psychological & Educational Films
(1981)

Excerpts from a therapy session. Demonstrates transactional analysis and the ego states of parent, adult and child.

1 videocassette (32 min., 15 sec.)
RC489.T7 H85 1981

The Human Mind: From Neurons to Knowledge.

Films for the Humanities & Sciences
(2004)

This three-part series explores the science behind the workings of the human mind. Original BBCW broadcast title: The human mind--and how to make the most of it.

[pt. 1.] Get smart: learning to learn
[pt. 2.] Personality: all about me
[pt. 3.] Making friends: the science of social interaction
3 videodiscs (approx. 60 min. each)
QP360 .H87 2004 pts 1-3

The Humanization of Psychotherapy. (1984)

Victor Frankl discusses the school of psychotherapy he founded: logotherapy. Lecture presented at UNLV.

Video Cassette
RC 489 L6 F693

Hunger vs. Love.

The Glendon Assoc. (1987)
Clarifies the distinction between parental behavior that leads to anxious attachment in children, and behavior that promotes a secure attachment. Participants explore the destructive effects of emotional hunger from their own childhood experiences and in present day interactions with their children.

Video Cassette (37 min.)
HQ 769 H83

Hypnoplasty.

AAP Tape Library
 Transcript
 Cassette
 RC 495 T44

Hypnotherapy, an Exploratory Casebook.

Irvinston Publishers (1979)
 Cassette
 RC 495 E719

Hypnotic Age Progression.

AAP Tape Library
 Transcript
 Cassette
 RC 495 R67

[Hypnotism] Tantric Chanting, Poetry and Hypnosis.

Big Sur 2460 (1969)
 2 Cassettes (3 hrs.)
 BF 1128 A2

The Implicit Pain of Sensitive Child Rearing.

The Glendon Assoc. (1988)
 Examines the reasons why many parents find it difficult to sustain loving relationships with their children and nurture them. Reveals the therapeutic process in a parents' group.
 Video Cassette (43 min.)
 HQ 769 I36

Improving Your Counseling Skills.

Quality Educational Media
 1. Improving Your Counseling Skills (32 min.)
 2. 30 Techniques to Enhance Your Counseling Skills (21 min.)
 3. Helping People Help Themselves (27 min.)
 3 Video Cassettes
 BF 637 C6 I47

In & Out of Control : Emotional, Physical and Sexual Violence.

CNS Productions (1998)

This program provides insight into the psychological complexities of violence from the viewpoint of victim, witness, and perpetrator. Examines the influence of alcohol and other drugs as escalators for a predisposed personality. Identifies triggers to violence and presents methods of treatment and prevention. Also explores how heredity, environment, and substance abuse can make a person predisposed to violence.

1 videodisc (42 min.)
 BF515.A3 I5 1998

In and Out of Time.

New Day Films (1991)

(Producer) "This is a personal film about the filmmaker's grandmother and her loss of memory due to Alzheimer's Disease. It documents the changes in the grandmother, and offers an encouraging education in adapting to the effects of Alzheimer's Disease."

1 Video Cassette (14 min.)
 RC523.2 .I5 1991

In The Now: The Individual Application of Gestalt Therapy.

Psychological & Educational Films

Demonstrates the individual application of Gestalt therapy by working with three different persons. Includes work with a dream, an incident of the recent past, and a current interaction.

1 videocassette (45 min.)
 RC489.G4 I52 1980z

In Our Own Words: Teens With Bipolar Disorder.

Josselyn Center, c2001

Filmed on the North Shore of Chicago, a group of teens and young adults share their individual stories of self discovery and adaptation as bipolar individuals. The program delivers the experience of being bipolar "in their own words." These teens hope to show the human face of bipolar disorder so their peers with bipolar can know that they are not alone.

1 videodisc (31 min.)

In Search of the Heart of Chocolate.

Sarafina Productions, c2008

A light-hearted film touching on the history, effect, physical and emotional attractions of chocolate. The filmmaker describes her own love affair with chocolate, and interviews others who share her feelings. Along with visiting a chocolate specialty shop, an artist's home, and an erotic bakery, the film also includes several animated vignettes.

1 videodisc (24 min.)

TP640 .I5 2008

RC516 .I5 2001

Infant Reflexes in Human Motor Development.

Altschul Group Corp. (1985)

Explains the primitive and postural infant reflexes.

Video Cassette (23 min.)

RJ 486 I54

Inhalants.

Schlessinger Media, c2004

Discusses the lethal potential of sniffing common household products. Shows what happens to the brain and the body when they are exposed to poisons. Also discusses the dangers of abusing gases like nitrous oxide.

1 videodisc (23 min.) + 1 teacher's guide (5 p.)

HV5822.S65 I54 2004

The Initial Interview: Evaluation Strategies for DSM-III Diagnosis.

BMA Audio Cassette Pub. (1984)

Demonstrates how a flexible, but focused, interviewing style can elicit the specific information necessary to make a DSM-III differential diagnosis while, at the same time, maintaining rapport with the patient.

4 Cassettes

Interviewer's Manual (31 p.)

RC 469 I64

The Inner Voice in Child Abuse.

The Glendon Assoc. (1986)

Contains personal revelations concerning the core issues involved in the mistreatment of children. Parents' honest responses illustrate the personality dynamics underlying this cycle.

Video Cassette (47 min.)

RC 569.5 C55 I55

Inside Out: Stories of Bulimia.

Fanlight Productions (2002)

"Bulimia is on the rise, yet it is often portrayed in the media as a kind of "extreme" dieting practiced by models, socialites and others obsessed with their appearance. In reality, this eating disorder can be as hard to overcome as any addiction and affects both men and women from all walks of life. This documentary takes the viewer into the lives of women and men who are struggling to cope with bulimia and its consequences. It combines interviews and observational footage of each of them and their family members illuminating the feelings of compulsion, confusion and desperation endemic to the disorder ... but also the hope of recovery"—Container.

1 videocassette (56 min.)

RC552.B84 I57 2002

Integrating Spirituality Into the Counseling Process.

Microtraining Associates, (2007)

Illustrates how spirituality can be effectively integrated into the assessment, client conceptualization and treatment planning aspects of the therapeutic process.

1 videodisc (65 min.)

BF637.C6 I527 2007

The Intelligent Person's Guide to Stress Management.

Pattern Research (1996)

A comprehensive model for improving physical and emotional health.

Cassette (1 hr.)

RA 785 W33

Interpretations.

Aquarius Health Care Media, (2006)
 "To construct the outside world inside our heads requires us to select, organize, and interpret sensations, transforming them into perceptions that create meaning"—
 Container
 1 videodisc (30 min.)
 BF311 .I575 2006

Interviewing in Action: Process and Practice.

Brooks/Cole Publ. (1998)
 Short clips in which real-life clinicians from various disciplines demonstrate specific clinical skills.
 Video Cassette (2 hr.)
 RC 480.7 M872

Intimacy in Relationships.

Lifeworks Communications (1987)
 Self destructive behaviors and patterns that are a result of loss of childhood, self and choice in dysfunctional systems are studied. Terry Kellogg pursues the discovery of self as we learn to set limits, build boundaries and become the person we were meant to be.
 Video Cassette (1 hr.)
 RC 569.5 C63 K452 no. 2

Introduction to Psychodrama.

AAP Tape Library
 Transcript
 Cassette
 RC 489 P7 S32

Introductory Lectures on Psychoanalysis.

Audio Scholar (1990)
 Abridged. Regarded as the textbook of psychoanalysis, as Freud's clearest accounting of his theories on Dreams and the Unconscious.
 2 Cassettes (87 min. each)
 BF 173 F745

Invitation To Social Psychology.

Penn State Media Sales, (2005)
 An overview of the field of social psychology, this program features reenactments of Asch's experiment on conformity, Bandura's and Walters' work on the social learning of aggression, Milgram's study of obedience, and Zimbardo's prison simulation.
 1 videodisc (26 min.)
 HM1033 .I58 2005

IPR: Interviews and Therapist Recall.

Microtraining Asso. (1976)
 Professional worker effects IPR sessions by recording interactions between two or more people who have an on-going relationship and then conducts recall sessions with each individual.
 Video Cassette (50 min.)
 Script (28 p.)
 RC 488.5 R43

Issues in Counseling Women.

Microtraining Asso.
 Starts with specific examples of what not to do when counseling women, thus illustrating how to spot possible unconscious sexism in helping. This segment is then compared with a more positive example. Central topics include: coping with crisis, black women and feminism, and helping women develop meaningful vocational and family plans.
 Video Cassette (1 hr. 15 min.)
 HQ 1206 I88 pt. 1-2

Jacques Lacan's Psychoanalysis.

Coralie Films (1991)
 Discusses his complex theories on the unconscious; the cure; the difference between psychoanalysis and psychotherapy; love; women; and other subjects.
 Video Cassette (1 hr.)
 BF 109 L28 J33

John, Aged 17 Months, in a Residential Nursery for 9 Days.

Penn State A-V Services (1990)

Shows responses of a loved boy who has never been out of his mother's care when he is admitted for 9 days to a group of toddlers in a residential nursery.

Video Cassette (45 min.)

Guide

BF 720 M38 J63

John Dewey: His Life and Work .

Davidson Films (2001)

Overview of the life and work of the philosopher John Dewey, with emphasis on his analysis of human learning and writings on democracy.

1 videocassette (41 min.) + 1 computer disk + 1 learning guide ([8] leaves)
B945.D44 J55 2001

Jonestown: The Life and Death of Peoples Temple.

PBS Home Video (2007)

A startling look at preacher Jim Jones, his life prior to the mass-suicides in Guyana, and the event that took place leading up to that fateful day in 1978.

1 videodisc (ca. 90 min.)

BP605.P46 J66 2007

The Journey Home: Stories From Hospice.

KUED-TV ; Boston, MA : Fanlight Productions [distributor] (2001)

Examines dying with dignity through hospice care primarily in one's home by presenting the stories of five patients and the stories of their doctors, nurses, social workers, and family members

1 Video Cassette (57 min.)

R726.8 .J68 2001

Journey Into Self.

Behavioral Sciences Institute (1968)

Eight participants meet for the first time to share some of the most intimate aspects of their lives. Focuses on four group members and highlights the most emotional moments of their interaction.

Video Cassette (3/4", 47 min.)

RC 488 J68

The Joy of Stress.

WGBH (1995)

Explores the concept of stress and how it affects your body, mind, and spirit.

Video Cassette (56 min.)

BF 575 S75 J68

Judging Vermeer.

Films for the Humanities & Sciences, (2004)

"The power of art in the psychological healing process is the subject of this program, in which Bosnian war crimes judge Antonio Cassese visits a gallery and the paintings of Dutch master Jan Vermeer to soothe a troubled spirit. Although Vermeer's paintings present a world of symmetry, reason, and security, American art historian Lawrence Wechsler points out that they were actually created during wartime"—
Container.

1 videodisc (30 min.)

RC489.A7 J83 2004

Juggling Family and Work.

Films for the Humanities & Sciences (2003)

"Traditional role models of men portray them as providers, while women have historically been expected to attend to all domestic matters. This program features three men who, when forced to choose between family and career, chose their families. They discuss the implications of that choice, the impact it has had on their careers and conceptions of themselves as fathers, and the new opportunities that their non-traditional paths have afforded them"—
Container.

1 videodisc (57 min.)

HQ756.6 .F37 2003

Jung on Film.

Public Media Video (1990)

Jung tells about his collaboration with Freud, the insights he gained from listening to his patients' dreams, the turns his own life took.

Video Cassette (1 hr. 17 min.)

BF 173 J85 J85

[Jung] The American Indian and the Jungian Orientation.

Big Sur (1970)

See summary in Anthropology section.

Cassette (1 hr. 30 min.)
E 77 H45

[Jung] Matter of Heart.

King Video (1985)

Through interweaving of rare home movies, archival footage, and interviews presents a film portrait of Jung as humanist, healer, friend, and mentor.

Video Cassette (1 hr. 47 min.)
BF 109 J8 M38

[Jung] Mind and Matter.

Films for the Humanities (1991)

Examines Jung's work and his association with Wolfgang Pauli. Examines the relationships between mind and matter, physics and psychology, conscious and unconscious, and feeling and understanding.

Video Cassette (1 hr.)
BF 173 J85 M55

[Jung] Remembering Jung: Barbara Hannah.

Direct Cinema Ltd. (1993)

Hannah offers commentary on Jung's character in a variety of experiences: the problem of evil in modern times, the significance of confronting the darker side of life and oneself, the limitations of her Christian upbringing, and Jung's death.

Video Cassette (1 hr.)
BF 173 J85 B36

[Jung] Remembering Jung: William McGuire.

Direct Cinema Ltd. (1993)

Discusses the Bollingen Foundation and the people associated with it. Also covers the relationship of Mary and Paul Mellon to Jung and to the foundation, whose work they made possible.

Video Cassette (1 hr.)
BF 173 J85 W54

[Jung] Symbols and Symbolism.

Films for the Humanities (1992)

Asks if the modern world has lost contact with the world of symbols and whether the gap between inner and exterior can be bridged. Examines Jung's attraction to alchemy.

Video Cassette (1 hr.)
BF 458 S94

Kicking.

Pyramid Media (2000)

Documents the lives of three habitual drug abusers who enter themselves into a voluntary, week-long detoxification clinic in Portland, Oregon.

1 Video Cassette (35 min.)
HV5833.P8 K52 2000

Kids Under the Influence.

Films for the Humanities (1989)

Examines long-term physical and psychological disorders caused by alcohol consumption and demonstrates the influence of peer pressure and advertisements. Visits alcoholism treatment centers to show the damage done and the process of rehabilitation.

Video Cassette (58 min.)
HV 5135 K43

Killing Us Softly: Advertising's Image of Women : A Film.

Cambridge Documentary Film (1979)

Explores the image of women presented by modern advertising. Illustrates the use of women as sex objects.

1 Video Cassette (30 min.)
HF5827.85 .K54 1979

Killing Us Softly 4: Advertising's Image of Women.

Media Education Foundation, c2010

"In this new, highly anticipated update of her pioneering Killing us softly series, the first in more than a decade, Jean Kilbourne takes a fresh look at how advertising traffics in distorted and destructive ideals of femininity. The film marshals a range of new print and television advertisements to lay bare a stunning pattern of damaging gender stereotypes--images and messages that too often reinforce unrealistic, and unhealthy, perceptions of beauty, perfection, and sexuality. By bringing Kilbourne's groundbreaking analysis up to date, Killing us softly 4 stands to challenge a new generation of students to take advertising seriously, and to think critically about popular culture and its relationship to sexism, eating disorders, and gender violence"—Container.

1 videodisc (45 min.)

HF5822 .K542 2010

Kinsey.

Paramount Home Entertainment (2005)

"Kinsey was a scientist whose repressed childhood, personal struggles and obsessive nature would propel him to conduct the first full-scale study of sexual behavior, and break through America's silence on human sexuality"—Container.

1 videodisc (90 min.)

HQ18.32.K56 K566 2005

Language.

Films for the Humanities & Sciences, [2006]

"Why do girls demonstrate greater reading and writing ability than boys? Is the female brain hardwired for faster verbal development? Should men let women do the talking? This program studies language differences between the sexes and explores the possibility that many communication skills are gender-specific. Following two teams of well-educated adults as they undergo a crash course in broadcast journalism, the program documents wide variations between male and female abilities to verbally multi-task, and examines distinctions in physical interaction, eye contact, and other behavioral factors. Clinical evidence regarding the significance of testosterone levels is also explored"—

Container

1 videodisc (46 min.)

P120.S48 L325 2006

Last Call: Alcoholism and Co-dependency.

Films for the Humanities (1996)

An in-depth look at the effects of alcoholism on the individual and their family.

Video Cassette (24 min.)

RC 565 L37

Last Letters Home: Voices of American Troops From the Battlefields of Iraq.

HBO Video, c2005

A collection of last letters home, written by American soldiers who died in the Iraq War of 2003.

1 videodisc (ca. 60 min.)

DS79.76 .L375 2005

The Last to Know.

New Day Films (1989)

Alcohol, prescribed drugs, and women -- the myth, the stigma, the reality. This documentary invites you into the worlds of four addicted women, three in recovery, one still drinking and using drugs. In their own words and environments, these four very different women share their struggles.

Video Cassette (45 min.)

HV 5137 L38

Learning in Context.

Films for the Humanities & Sciences
Presents recent work by developmental psychologists that emphasizes the influence of contextual factors in learning and performance. Examines three sets of experiments involving children that have to do with the impact of stereotyping on performance, the effects of self-perception on competence, and the influence of different teaching approaches on learning. Implications for adults are also considered.

Video Cassette (31 min.)
LB1060 .L42425 2000

Legal and Ethical Issues For Mental Health Professionals: Understanding Confidentiality, Privilege, Reporting, and Duty to Warn.

Psychotherapy.net, c2008
"What's the difference between privilege and confidentiality? When are therapists allowed to break confidentiality and when are they required to? When can progress notes or confidential psychotherapy notes be subpoenaed as evidence in a trial? How does a therapist know when to break confidentiality to warn someone of potential danger? What exactly does "reasonable cause to suspect" mean when deciding whether to report child abuse? Is failing to report child abuse an ethical violation, or is it actually a crime?"—Container.

2 videodiscs (140 min.) + 1
Instructor's manual (84 p.)
RC455.2.E8 L44 2008 + booklet

Let's Get Real.

Women's Educational Media (2003)
Examines issues that lead to taunting and bullying in middle schools, including racial differences, perceived sexual orientation, disabilities, religious differences, sexual harassment and others. Students who have been the targets of bullying, as well as students who do the bullying, describe their experiences and how they make them feel.

1 videodisc (35 min.)
LB3013.32 .L47 2003

Liars.

Films for the Humanities & Sciences
(2007)

In this program, psychologist John Marsden attempts to unravel the mysteries surrounding deception and identify its cues in body language and facial expression. Donald Bickerstaff and Beth Shannon are featured.

1 videodisc (56 min.)
BJ1421 .L53 2007

The Libido.

Films for the Humanities & Sciences,
2004

"This program examines the intimate physiological, societal, and evolutionary forces that have shaped the human sex drive over time and continue to regulate it. Topics covered include the differences between male and female sexuality, hormones, puberty, restrictive versus permissive societies, the hidden ovulation theory of pair-bonding, and menopause and andropause"—Container.

1 videodisc (45 min.)
HQ21 .L53 2004

Life Planning Series.

Stonebridge Institute (1986)
Seminar on life planning including personal development, motivation, personal financial planning, and preventative medicine and health education.

[pt.1] (72 min., 18 sec.).

unit 1. The world as we see it.

unit 2. Creating your world : accurate self mapping.

unit 3. How to change successfully

[pt.2] (46 min., 10 sec.).

unit 4. Unique human abilities and potential.

unit 5. Growth : a process of diligence and patience –

[pt.3] (55 min., 25 sec.).

unit 6. Achieving personal power and effectiveness

[pt.4] (58 min., 39 sec.).

unit 7. Achieving financial security is a process.

unit 8. Begin the journey to financial independence.

unit 9. Managing personal risk : insurance –

[pt.5] (46 min., 2 sec.). interview.

unit 10. Estate planning : a gift of love.

unit 11. Developing a tax and investment strategy

[pt.6] (30 min., 12 sec.).

unit 12 and interview.

Coordinating resources for financial success

[pt.7] (36 min., 57 sec.).

unit 13. Health and well-being. unit

14. Exercise and physical fitness

[pt.8] (28 min., 38 sec.).

unit 15. Fueling the body : nutrition

Life Planning Series. (con't).

[pt.9] (55 min., 53 sec.).

unit 16. Managing the silent killer : stress.

unit 17. Overcoming habits and substance abuse

[pt.10] (38 min., 39 sec.).

unit 18 and interview. Personal preventive medicine

[pt.11] (71 min., 3 sec.).

unit 19. Establishing goals and affirmations.

unit 20. Predict your future by creating it

[pt.12] LPS 2010 (22 min., 11 sec.). Achieving your goals

[pt.13] LPS 2020 (41 min., 47 sec.). Promoting health and vitality

[pt.14] LPS 2030 (67 min., 14 sec.). Preparing for financial independence

[pt.15] LPS 2040 (52 min., 45 sec.). Financial management : tax and investment planning

15 videocassettes (723 min., 55 sec.) + 1 guide

BF637.S4 L53 1986 pts 1-15 + guide

Life Sentences: Confessions About Smoking.

Pyramid Media (2001)

Presents two generations of smokers discussing when and why they started to smoke, why they continued, and how the habit has affected their health. Provides insights into the nature and consequences of tobacco addiction with interviews with elderly long-term smokers and young adults who smoke.

1 Video Cassette (19 min.)

HV5740 .L54 2000

Life's First Feelings.

WGBH (1986)

A study of infants' personality traits, emotional reactions and social interactions. Reveals recent findings on the emotional capabilities of newborns and young children.

Video Cassette (1 hr.)

BF 720 E45 L54

Listen to the Children: Divorce Education for Parents.

Victor/Harbor Prod.

Over twenty children share their feelings and experiences. Mental health professionals, school guidance counselors, judges, attorneys and others offer advice on how to guide children through the crisis of divorce or separation.

Video Cassette (48 min.)

HQ 777.5 L57

Live Family Therapy.

Family Therapy (1986)

Peggy Papp conducts a therapy session with a couple with marital conflicts involving alcoholism and personal identity issues.

Video Cassette (1 hr. 17 min.)

RC 488.5 L58

Living Longer-- Living Better?

Films for the Humanities and Sciences (2000)

Discusses the problems and challenges associated with the increasing percentage of older people in the United States. Covers topics such as the quality of life that will be experienced by older Americans, the relationship between America's youth-oriented society and its elders, the ability of Medicare and Social Security to meet the needs of the aging baby boomers, and the increasing financial burden on younger Americans.

Video Cassette (29 min.)

HQ1064.U5 L582 2000

Living Positive.

Filmakers Library (1999)

"Living positive examines the lives of five HIV/AIDS diagnosed women from different ethnic and socio-economic backgrounds. Through their stories we come to understand how they have grown from a place of fear to a place where they appreciate the beauty of life and strive to live each day fully. By the end, we learn how to prevent being infected with the HIV virus, what to do if one learns that he or she is infected, and how to live well in spite of it"—Container.

1 videodisc (ca. 40 min.)

RA644.A25 .L58 1999

Living With Dying.

Films for the Humanities & Sciences, [2005]

Death, which inevitably comes to all, is nonetheless treated as a taboo subject in America. In this program, Bill Moyers describes the search for new ways of thinking -- and talking -- about dying. Forgoing the usual reluctance that most Americans show toward speaking about death, patients and medical professionals alike come forward to examine the end of life with honesty, courage, and even humor, demonstrating that dying can be an incredibly rich experience for both the terminally ill and their loved ones.

1 videodisc (87 min.)

BF789.D4 L58 2005

Lookism.

ABC News Productions, c2008

A series of hidden-camera experiments reveal that good looks can make a big difference in life.

1 videodisc (ca. 42 min.)

BF697.5.B63 L66 2008

Love.

Filmakers Library, [2005?]

Part 2 of a four-part series that looks at the primal emotions that are generated in the brain, and how nature and nurture combine to make us feel the way we do. This program examines the complexity of the emotion we call love, from the burning desire that can strike suddenly, to the giddy euphoria of falling in love. What is the incredible bond a mother feels for her infant, and how does it relate to the feeling couples may have after a lifetime of living together?

1 videodisc (43 min.)

BF575.L8 L675 2005

Love.

Milk Bottle Productions, c2002

Philosopher Ken Knisely and guests, Verna Gehring, Jack Loughney, and Bob Solomon, author of About love, discuss romantic love.

Originally broadcast on WNVT as an episode of the television program, No dogs or philosophers allowed

1 videodisc (60 min.)

BD436 .L675 2002

Love.

Films for the Humanities & Science
 Discusses biological, cultural, social,
 and historical aspects of love.
 Video Cassette (53 min.)
 HQ21 .L68 2000

Love & Sex. The Human Animal.

Films for the Humanities (1988)
 Summary in Sociology section.
 Video Cassette (1 hr.)
 BF 692 P45

A Love That Kills.

Film Board of Canada (1999)
 A documentary that tells the tragic
 story of Monica, a nineteen-year-old woman
 who was murdered by her former boyfriend,
 and helps to identify the warning signs of
 partner abuse, especially in young people.
 1 Video Cassette (20 min.)
 HV6626 .L68 1999

Madness by Jonathan Miller: In Two Minds.

PBS (1992)
 Is insanity a disease? Takes you into
 clinics and treatment centers to outline the
 growing evidence that schizophrenia may
 arise from pathologies. Shows innovative
 treatments.
 Video Cassette (1 hr.)
 RC 480.53 I52

Madness by Jonathan Miller: To Define True Madness.

PBS (1992)
 Describes cultural attitudes toward
 insanity and poses questions about the
 mentally ill that have perplexed us through
 the ages.
 Video Cassette (1 hr.)
 RC 460 T62

Made Over in America.

First Run/Icarus Films (2007)
 "A thought-provoking picture of how
 the desire for a better self-image operates
 within consumer culture, and how this desire
 is fed by [the] media, the medical makeover
 industry and society at large" – Container.
 1 videodisc (65 min.)
 P96.I34 M33 2007

Maintaining Mental Health.

Films for the Humanities & Sciences,
 c2003
 "This program tells the stories of five
 vibrantly alive seniors who have successfully
 navigated through momentous life changes.
 Their examples highlight important precepts
 for staying mentally healthy, showing how
 mental health is a key to successful aging.
 In interviews and in footage of these men
 and women engaged in various activities,
 the program provides useful tips and
 firsthand advice on planning for retirement,
 staying active, coping with grief, and making
 the senior years an age of new
 discoveries"—Container.
 1 videodisc (55min.)
 RC451.4.A5 M34 2003

Make It a Winning Life.

Wolf Rinke Asso. (1992)
 Designed to teach you how to thrive
 in a rapidly changing world and to be
 successful in life, love, and business.
 Video Cassette
 Guide (67 p.)
 Cassette
 BF 637 S8 M33

Male Violence: A Room Full of Men.

Films for the Humanities (1996)
 Examines male violence towards
 women by following three men with a history
 of abuse. The issues of authority and
 control by men over women are explored.
 Video Cassette (48 min.)
 HV 6626 R67

Manage Anger.

National Education Media (1990)
 Explores the topics of anger and
 effective anger management by the
 employee. Portrays 2 difficult work
 situations and demonstrates some
 responses to anger.
 Video Cassette (22 min.)
 Workbook (4 p.)
 BF 575 A5 H64

Managing Interpersonal Relationships.

Wilson Learning Corp. (1974)
 7 Cassettes
 HM 132 M37

Managing Stress.

CRM Films (1990)

Offers solutions to stress that help workers control their reactions to challenges in the workplace. Examples: open communication lines, involve employees in decision-making, learn to delegate, establish priorities, and stay healthy.

Video Cassette (26 min.)

Leader's Guide (11 p.)

BF 575 S75 M34

Managing Stress, Anxiety, and Frustration.

Human Relations Media (1980)

Provides a broad physical, social and psychological understanding of the human stress response. Offers concrete scientific insights and practical techniques that help viewers develop stress management skills.

Video Cassette (55 min.)

Teacher's Guide (72 p.)

BF 575 S75 M3

Managing Stress Through Humor and Choice.

Aquarius Health Care Videos

Loretta LaRoche helps the viewer get a handle on stress and putting life into perspective.

Video Cassette (50 min.)

RA 785 M35

Man's Search for Identity.

The Center for Humanities Inc. (1972)

Refers to a wide variety of novels and plays revolving around the theme of identity, from which the student can be guided in the process of defining his own values, goals, needs.

Teacher's Guide (40 p.)

2 Cassettes

2 Discs

160 Slides

BF 697 M36 pt. 1-2

The Many Faces of Marsha.

CBS News (1991)

Portrayal of a woman's treatment for multiple personality disorder.

Video Cassette (1 hr.)

RC 569.5 M8 M35

Marijuana.

Schlessinger Media (2004)

Discusses the physical consequences of abuse of marijuana as well as the controversy surrounding marijuana's medicinal uses. Looks at the short- and long-term impact that marijuana has on the brain. Interviews with users and experts explain the effect that marijuana can have on the motivation, memory and well-being of even the most casual user.

1 videodisc (23 min.) + 1 teacher's guide (5 p.)

HV5822.M3 M37 2004

The Marriage Partnership.

South Charleston, WV : Meridian Education Corp

Explores elements of a successful marriage. Offers advice from four couples who have different but successful marriages. Provides information about marriage situations through vignettes of fictional couples.

Video Cassette (19 min.)

Guide (7 p.)

HQ734 .M3878 2000

The Mask of Sanity.

Films for the Humanities & Sciences (2004)

Specialists in the field of psychopathy, forensic psychiatry, and behavior neuroscience analyze the difference between psychopathic killers and psychotic killers. They consider if neurological and physiological abnormalities in the brain account for psychopathic behavior.

1 videodisc (50 min.)

HV6515 .M34 2004

The Massey Triad.

VPH (1986)

Examines how a person's value system is established, how awareness of another person's value system can be used to improve communication and interpersonal relations, and how changing one's perception can initiate change in the world.

Pt. 1 The Past (69 min.)

Pt. 2 The Present (64 min.)

Pt. 3 The Future (59 min.)

3 Video Cassettes

3 Guides

BF 778 M323 pt. 1-3

Mastering the Trauma: Adult Survivors of Incest, Abuse, Neglect & Other Painful Families.

CRS (1993)

A conference for professionals.

11 Cassettes

RC 569.5 C55 M37

A Matter of the Mind.

Films for the Humanities (1992)

Examines mental illness from the point of view of those who struggle with it. A first-hand look at what one participant calls "the psychological storms."

Video Cassette (1 hr.)

RC 351 M37

Me, My Brain, and I.

Filmakers Library (2002)

Explains the functions of the frontal lobes of the brain through the stories of brain-injury patients.

1 videocassette (52 min.)

QP382.F7 M4 2002

Means of Grace.

New Day Films

Brings to life the writing of the filmmaker's mother as she confronts mental illness and domestic life of the 1950s.

Raises questions about social control, definitions of madness, the nuclear family, women's roles and the Cold War. Presents an inside view of "madness".

Video Cassette (57 min.)

RC 514 M42

The Medicated Child.

PBS Home Video, c2008

In recent years, there's been a dramatic increase in the number of children being diagnosed with serious psychiatric disorders and prescribed medications that are just beginning to be tested in children. The drugs can cause serious side effects, and virtually nothing is known about their long-term impact. "It's really to some extent an experiment, trying medications in these children of this age," child psychiatrist Dr. Patrick Bacon tells FRONTLINE. "It's a gamble. And I tell parents there's no way to know what's going to work."

1. What is going on?

2. DJ's story

3. The debate and confusion over diagnosing bipolar

4. Jessica's story

5. The lack of data: what works?

What's safe?

6. The medication dilemma

7. Solutions to the lack of knowledge

8. Updates on the stories

1 videodisc (ca. 60 min.)

RJ504.7 .M43 2008

Medicating Kids.

PBS Video (2001)

Frontline investigates the growing prescribing of psychoactive drugs for children and the challenges of parenting and schooling in a world of high stress and increasing family disintegration.

Video Cassette (1 hr.)

RJ506.H9 M43 2001

Men Get Depression.

PBS Home Video, c2008

Documentary that explores the effects of depression through profiles of a former NFL Quarterback, a Fortune 500 CEO, an Iraq War veteran, a university professor, a pastor and others.

1 videodisc (ca. 60 min.)

RC537 .M465 2008

Men Like my Father, Families Like My Own.

Filmakers Library (1999)

"This is a sensitive portrait of men who had each lost a dearly loved wife at an early age, through illness or sudden act of fate. We learn how they fare bringing up their children, housekeeping, dealing with their emotions, and sometimes, finding new love"—Container.

1 videodisc (27 min.)
HQ1058 .M46 1999

Men: The Killer Sex.

Films for the Humanities & Sciences (2004)

This program discusses the biochemistry of why men kill, as well as protocols such as chemical and physical castration. The cases of Jason Harper and Dion Sanders are explored.

1 videodisc (50 min.) HV6515 .M46
2004

Men Who Molest: Children Who Survive.

Filmakers Library (1985)

Explores the problem of child molestation. Presents several case studies and has interviews of the offender, victim, and the offender's wife. Explores such issues as motivation, childhood sexual experiences or abuse of the offender, and long-term effects of the molestation upon offender, victim, and family unit. Shows individual counseling sessions and group therapy in progress. Has interviews with legal and mental health professionals who counsel offenders and victims. Discusses the question of whether a child molester is a criminal or is mentally ill, and points out that therapy provides temporary controls but may not provide a cure.

1 Video Cassette (52 min.)
RC560.C46 M45 1985

Mental Health Ethics.

Professional Association for Continuing Education (2004)

Discusses commonalities among ethics codes of NASW, NBCC, ACA, AAMFT, and APA, common ethical pitfalls and traps, and intervention to help and cope with ethical dilemmas.

1 videodisc (108 min.) + 1 guide
RC455.2.E8 M45 2004

Mental Illness.

Films for the Humanities (1995)

Describes the most common mental illnesses: phobias, anxiety attacks, nervous breakdowns, and schizophrenia.

Video Cassette (23 min.)
RC 469 M43

Mental Illness in the Family.

Mental Illness Education Project Videos (1997)

"Bonnie had her first psychotic break when she was 16. Now 27, she and her family talk together about the illness as it hit them then, and about living with it since. They discuss the tensions and emotions they felt, including their helplessness and guilt. Her parents and sister wonder if it was something they did. Bonnie describes her own emotions, including her paranoia and her feelings of guilt when she felt she was destroying her parents' marriage."—Container.

1 Video Cassette (27 min.)
RC455.4.F3 M45 1997

Metamorphosis: Man Into Woman.

Filmakers Library (1990)

Follows Gary/Gabi as he works to become a woman, sorting out his masculine and feminine traits, undergoing facial plastic surgery, electrolysis, psychological counseling, and attendance in a transsexual support group. Raises questions about contemporary gender roles.

Video Cassette (57 min.)
RC 560 C4 M47

Methamphetamine & Other Stimulants.

Schlessinger Media (2004)

Defines and discusses stimulants and mehamphetamines and their effects on the body.

1 videodisc (23 min.) +1 teacher's
guide (5 p.)
HV5822.A5 M47 2004

MI: Intelligence, Understanding, and the Mind.

Into the Classroom Media

Pt. 1: The Cognitive Revolution

Pt. 2: Intelligence

Pt. 3: The Eight Intelligences

Pt. 4: MI: Applications & Myths

Pt. 5: Understanding

Pt. 6: The Unschooled Mind -- Across the Disciplines

Pt. 7: Teaching for Understanding

Video Cassette (50 min.)

Guide (34 p.)

LB 1060 M52

Mickey Mouse Monopoly.

Media Education Foundation, c2002

This program takes a close and critical look at the world Disney films create and reaches disturbing conclusions about the values propagated under the guise of innocence and fun.

1 videodisc (52 min.)

PN1995.9.C45 M53 2002

The Mind.

PBS (1988)

1. The Search for Mind. Explores the ways science has looked into the mind from psychoanalysis to neuroscience.

BF 81 S43

2. Development. Explores the mind of a child, tracing its development from a single cell to a six year old brain.

BF 713 D473

3. Aging. Examines what happens to the brain and mind during aging.

BF 724.55 A35 A333

4. Addictions. Can the addict's experience shed light on the nature of the mind? RC 564 A32

5. Pain & Healing. Explores the mind's

role in healing the body and controlling pain. Reports on discoveries which link the brain and mind to the immune system.

RZ 400 P35

6. Depression. Looks at a disease that affects ten million Americans.

RC 537 D38

7. Language. Explores how biology and environment interact to enable us to communicate. BF 455 L26

8. Thinking. Focuses on ways the brain performs mental activities. BF 455 T52

9. The Violent Mind. Explores the brain's role in violent behavior and the relationship between brain science and the law. RC 569.5 V55 V57

9 Video Cassettes (1 hr. each, #9 is 90 min.)

The Mind's I.

Films for the Humanities (1995)

Examines what makes a brain give rise to a unique individual. Through the examples of memory and language, shows that although the brain can be divided into regions, those regions are not independent mini-brains but vast banks of neuronal circuits that work together as a cohesive whole.

Video Cassette (58 min.)

QP 376 M55

Mind of a Serial Killer

WGBH Boston Video (2005)

This episode of Nova profiles the profilers, the FBI agents who track the most elusive killers.

1 videodisc (ca. 60 min.)

HV8079.H6 M56 2005

Minority Identity Development for Counseling.

Microtraining Asso. (1989)

Examines the existence of differences among various cultures in how identity develops and evolves. Identifies 5 levels of minority development and discusses why acceptance of cultural plurality is necessary for counselors.

Video Cassette (1 hr. 4 min.)

Guide

BF 637 C6 M55

The Misbehaving Daughter.

Family Therapy (1986)

Therapy session for the parents, their misbehaving adolescent daughter, and two younger daughters using structural family therapy.

Video Cassette (1 hr. 30 min.)

RC 488.5 M57

Mixed Anxiety and Depression: A Cognitive-Behavioral Approach.

Psychotherapy.net, c2006

"Clients seeking psychotherapy frequently suffer from both anxiety and depression, making treatment particularly challenging. In this video, internationally renowned therapist Donald Meichenbaum demonstrates a brief, effective approach for treating these comorbid disorders. Viewers follow a dramatic recreation of key moments in this 12-session course of therapy with Anna P., a 40-year-old woman who experiences recurrent bouts of panic in addition to a long history of depression."—Container.

1 videodisc (66 min.)

RC531 .M58 2006

Mixed-Race Identities.

American Psychological Association (2006)

Demonstrates effective ways of working with clients from many different ethnic and cultural groups in counseling.

1 videodisc (103 min.)

BF636.7.C76 M59 2006

The Mommy Mystique.

Films for the Humanities & Sciences (2006)

"Featuring an interview with acclaimed author and cultural observer Judith Warner, this ABC News program conveys the perspective of an American mother who has done much of her parenting outside the United States. Warner discusses her book *Perfect Madness* and its observations about the hectic, competitive lifestyle embraced by many American moms - a lifestyle increasingly fraught with anger and depression. While the author and three other mothers provide insight on a personal, emotional level, Warner's analysis of women on the edge raises political and cultural questions..."—Container.

1 videodisc (20 min.)

HQ759 .M66 2006

Monks in the Laboratory.

Filmmakers Library, c2006

This film documents efforts by various researchers to study the brains of Buddhist monks in meditative states. Through their research they hope to learn how meditation affects attention, consciousness, emotions, and compassion.

1 videodisc (52 min.)

BF637.M4 M66 2006

Monsters Among Us.

PBS (1992)

Examines the epidemic of sexual assault and the state of Washington's sexual predator law. Interviews offenders, their families, therapists, and treatment specialists.

Video Cassette (1 hr.)

RC 560 S47 M65

Moral Development.

Insight Media, (1992)

Examines two of the major theories in the field of moral development by using Stanley Milgrim's obedience experiment to pose a serious moral dilemma. Features David Rosenhan who summarizes the developmental stages of moral judgment in children and adults.

1 Video Cassette (27 min.)
BF723.M54 M657 1992

[Moreno] Interview with J.L. Moreno.

AAP Tape Library

Transcript

Cassette Set

RC 489 P7 M67

The Motivation Breakthrough.

PBS Video, c2008

"What does it take to motivate the 'forgotten' student that traditional methods just don't seem to reach? Educator Richard Lavoie draws on decades of teaching experience to demonstrate six basic motivational styles and strategies for inspiring the most withdrawn and reluctant student. In this lively workshop presentation for parents and teachers, based on his recent book *The Motivation Breakthrough: Six Secrets to Turning on the Tuned-Out Child*, Lavoie touches all the bases. He explains how to tap into an apathetic or learning-disabled student's secret need for prestige, power, praise, or reward"—Container.

1 videodisc (ca. 90 min.)
LB1065 .M6685 2008

Moyers on Addiction.

Films for the Humanities 1998)

Portrait of Addiction (57 min.)

The Hijacked Brain

Changing Lives

The Politics of Addiction

The Next Generation

5 Video Cassettes (57 min.)

HV 5825 C562 v. 1-5

The MRI Brief Strategic Model of Clinical Intervention.

Family Therapy (1985)

John Weakland uses the MRI approach to prompt a family to clarify problems and any potential solutions that exist.

Video Cassette (1 hr.)
RC 488.5 M75

Multicultural Counseling-Therapy : Culturally Appropriate Intervention Strategies.

Microtraining Associates, [2003?]

This program explains how to work with culturally different clients especially with racial ethnic minority populations.

1 videodisc (69 min.)
BF636.7.C76 M85 2003

Multiple.

Distributed by Fanlight Productions (2006)

"For six years, actor and director Alison Peebles has been keeping a secret--she has multiple sclerosis. In the midst of working in a television series, Alison finds she can no longer hide her symptoms, and she's afraid the revelation may destroy her career. She also finds herself coping with the gradual erosion of some of the things that have made up her identity"—Container.

1 videodisc (29 min.)
RA645.M82 M85 2006

Multiple Personalities: The Search for Deadly Memories.

HBO (1994)

Shows three people who have multiple personalities. Their different personalities emerge during psychological treatment aimed at uncovering memories of abuse.

Video Cassette (1 hr.)
Guide (7 p.)
RC 569.5 M8 M84

Multiple Personality Disorder: In the Shadows.

Films for the Humanities (1996)

Shows how therapy can integrate the multiple personalities and make a patient "whole" again. Follows two MPD patients and health care professionals through treatment of the disorder.

Video Cassette (24 min.)
RC 569.5 M8 I52

My Left Breast.

Women Make Movies (2000)

Filmmaker Gerry Rogers recounts her story of breast cancer survival. Shortly after being diagnosed at age 42, Rogers began to document her ordeal on camera in an attempt to confront her own questions and fears about breast cancer. Rather than present a somber and morose meditation on this difficult experience, she decides to invoke humor to frankly reflect on the meaning of this disease on her life, as well as on the lives of her friends and family.

1 videocassette (57 min.)
RC280.B8 M9 2000

My Mother, My Father, Myself.

Lifeworks Communications (1987)

Inappropriate bonding in dysfunctional families and the effect on intimacy in future relationships are examined in detail. Recovery involves recognition of the abuse, rebuilding boundaries, setting limits and individuating.

Video Cassette (1 hr. 16 min.)
RC 569.5 C63 K452 no. 4

My Sister is Mentally Ill.

Mental Illness Education Project Videos (1997)

"Bonnie's sister Kathy describes how having a sister with schizophrenia affected her life. She talks with Linda Husar, M.S.W., a social worker who also has a mentally ill sibling. Among the topics: how the illness affected Kathy's career, marriage, and decision to have children; trying to be perfect, guilt; being afraid but not talking about it, thinking of the future."--Container

1 Video Cassette (22 min.)
RC455.4.B76 M8 1997

Mystery of the Senses.

WGBH Educational Foundation, (2007)

Discusses each of the five senses, hearing, smell, taste, touch and vision, through Diane Ackerman's perspective

[Pt. 1.] Hearing

[pt. 2.] Smell

[pt. 3.] Taste

[pt. 4.] Touch

[pt. 5.] Vision

5 videodiscs (55 min. each)

BF233 .M87 2007 1-5

Narrative Therapy.

Golden Triad Films, [200-?]

Presents an introduction to the narrative approach in family therapy primarily as developed by Michael White and David Epston. This therapy emphasizes the construction of meaning as a central theme and goal of therapy. It involves the mutual creation by client and therapist of a story of one's experiences. Shows a counseling session.

1 videodisc (48 min.) + 1 study guide
(4 p)

RC489.S74 N37 2000z

The Nature of Human Nature.

Films for the Humanities (1995)

Evolutionary psychologists believe that the brain is a product of natural selection. Our minds can be thought of as a kind of patchwork quilt of successful solutions to challenges. Many scientists think we are all inheritors of a universal human nature.

Video Cassette (, 57 min.)

GN 281 H8487 vol. 1

Nature and Nurture.

Films for the Humanities (1987)

Looks at identical twins separated at birth and finds some fascinating answers. 10 - 15% of children are born with a slight tendency to be very outgoing or very apprehensive and there may be a chemical predisposition to seeking danger or high risk. But biology isn't everything and a supportive environment helps to produce well-adjusted adults.

Video Cassette (52 min.)

QH 438.5 P45

Neuropsychology.

Films for the Humanities (1995)

Shows how researchers attempt to discover how brain cells "remember". Examines the complex psychological mechanisms underlying emotions such as laughing and sadness. Describes two complex psychological processes: recognition of expressions and intelligence.

Video Cassette (23 min.)

QP 360 N4943

A New Look at Love and the Family.

National Public Radio

Discusses human love and intimacy.

Cassette

HQ 734 N4

No Dumb Questions.

New Day Films (2001)

The program follows three sisters as they struggle to understand why and how Uncle Bill is becoming Aunt Barbara.

1 videocassette (24 min.)

HQ77.9 .N6 2001

No Hair Day.

WGBH Boston Video (2001)

A portrait of women facing breast cancer. Debbie Dorsey, Libby Levinson and Carol Potoff reveal the new face of cancer patients at they pose for portraits at Elsa Dorfman's studio.

Video Cassette (60 min)

RC280.B8 N6 2001

No Loitering.

New Day Films (2001)

"... portrait of teenagers trying to find their

way and make sense of the world around them. The film interweaves video shot by teens and by the filmmaker, as they work together to create expressive outlets ... Set in the small town of Sitka, Alaska, home to a large Alaska Native population, the video chronicles the creativity, concerns, and dreams of youth growing up today."-- container

1 Video Cassette (ca. 57 min.)

HQ796 .N55 2001

No more bets, please!

Guilford Publications, 2008, c2003

"Offers essential information on how problem gambling develops, its damaging impact on individuals and families, and how it can successfully be treated. Through candid first-hand accounts from four recovering gamblers, along with illuminating commentary from mental health experts, the program shows gamblers, their families, and professionals"—Container.

1 videodisc (40 min.)

RC569.5.G35 N7 2008

No More Shame: Understanding Depression.

Films for the Humanities (1995)

Focuses on the most current research on depression. Explains the medications and psychosocial therapies that can help eliminate the symptoms of the disease.

Profiles a woman with clinical depression.

Video Cassette (21 min.)

RC 537 U53

North American Think Tank on Youth Gambling Issues: Final Report: A Blueprint for Responsible Public Policy in the Management of Compulsive Gambling.

Harvard Medical School (1995)

Video Cassette (8 min.)

Report (21 p.)

RC 569.5 G35 S42 1995

No Visible Bruises : The Katie Koestner Story.

New York : Ambrose Video Pub., (1992)

Discussion of a young woman's date rape on her college campus.

1 Video Cassette (30 min.)

HV6558 .N6 1992

Nursing the Mind.

Films for the Humanities & Sciences (2001)

Follows several psychiatric nurses at Johns Hopkins Hospital as they work with patients suffering from depression, anorexia, and other psychiatric disorders.

Video Cassette (51 min.)

RC440 .N88

Obedience.

Penn State (1969)
Video Cassette (45 min.)
BJ 1459 O24

Object relations Child Therapy .

Allyn and Bacon ; San Francisco, CA :
[Distributed by] Psychotherapy.net, 2002
In the first section, Dr. David Scharff discusses object relations child therapy with hosts Jon Carlson and Don Keat. The second section features Dr. Scharff in an actual therapy session with a mother and then her son. The final section is a question and answer session with the audience of therapists-in-training.
1 videodisc (112 min.) +1 instructor's manual 64p
RJ504 .O25 2002

Obsessive-Compulsive Behavior.

Films for the Humanities (198?)
Once thought to be a psychological problem, drug treatment now offers hope to many whose lives have been dominated by the uncontrollable urges and needs to perform and repeat actions that have already been performed successfully, or that have no basis for being performed at all.
Video Cassette (24 min.)
RC 533 O25

Old Bags' Club.

CBC Intn. (1994)
Sally Moon founded the Old Bag's Club for the legions of women, like herself, on the slow path back to self-esteem after experiencing adultery.
Video Cassette (24 min.)
HQ 806 O43

Older Couples.

American Psychological Association (2004)
Includes a discussion between the host and Dr. Hartman-Stein, the leading expert in treating older adults; an actual therapy session with a real client; and a question-and-answer exchange with Dr. Hartman-Stein about the session.
1 videocassette (121 min.)
RC488.5 .O43 2004

Oliver Sacks. A Glorious Accident.

Films for the Humanities (1994)
An interview with Oliver Sacks, neurologist, psychiatrist, and author of "Awakenings".
Video Cassette (1 hr.)
Q 171 G56 no. 1

On Our Own Terms: Moyers on Dying.

Films for the Humanities & Sciences (2000)
Discusses the search for new ways of thinking and talking about dying, important strides being made in the area of palliative care at pioneering institutions, the choices at the end of life, including the bitter debate over physician-assisted suicide, and how crusading medical professionals have dedicated themselves to improving end-of-life care by changing America's overburdened health system.
Pt.1 Living with dying
Pt.2 Different kind of care
Pt.3 Death of one's own
Pt.4 Time to change
4 Videocassettes (90 min ea)
R726.8 .O5 2000

Also Available on DVD. See individual titles in additions section for call numbers.

On the Emergence of Self.

The Foundation (199?)
Discusses the emergence of a sense of self of an infant as separate from his/her mother and the finding of one's own niche in the world.
Video Cassette
BF 723 S24 O52

Once Upon a Loss: A New Look at Cinderella.

Elephant Films (1995)
Jungian analyst Kathrine Asper examines the Cinderella story as a metaphor for loss and abandonment in the childhood experiences of three women.
Video Cassette (1 hr.)
RC 489 F3 O52

Optimizing Intelligences: Thinking, Emotion & Creativity.

National Professional Resources (1998)
 Leading theorists and researchers discuss learning, intelligence and happiness and challenge traditional beliefs about learning and intelligence. Their views on intelligence and human development have implications for schools, mental health facilities, and the work place.

1 Video Cassette (40 min.)
 BF431 .O66 1998

Original Sin: Is Criminal Behavior Genetic.

Films for the Humanities, (1996)
 Steve Jones addresses the question are some people born evil. Examines the genetic and social factors that contribute to crime and antisocial behavior.

1 videocassette (50 min.)
 HV6047 .O745 1996

Origins of Human Aggression.

National Film Board of Canada (2005)
 ..."Examines the complex interactions of factors that affect the socialization of human aggressive behaviour. ...Discusses the biological, environmental and psychological reasons behind human violence and provides guidelines on dealing with its prevention"—Container.

1 videodisc (50 min., 13 sec.)
 HM1116 .O75 2005

The Other Gamblers.

CNS Productions (2001)
 Gamblers come in both genders and all ages, not just the white middle-aged male, which had been conventional wisdom. Not-the-usual-suspect recovering compulsive gamblers discuss their addiction.

1 videodisc (28 min.)
 RC569.5.G35 O74 2001

The Other Side of Blue.

Fanlight Productions (1999)
 Case studies of teenage depression, with commentary by psychiatrists and social workers.

Video Cassette (49 min.)
 RJ506.D4 O87 1999

Our Two Brains: Rational & Intuitive.

Norton Pub. (1973)
 Cassette (56 min.)
 QP 385.5 O87

Out of the Shadow.

Vine Street Pictures (2004)
 "This very personal documentary chronicles the filmmaker's mother, Millie, who has schizophrenia, as she suffers through the chaos of our mental health system as well as that of her own mind"—Container.

1 videodisc (67 min.)
 RC514 .O87 2004

Packrat.

Fanlight Productions (2004)
 "Compulsive hoarding may be linked to obsessive compulsive disorder, or to Alzheimer's and other dementias. This ... personal documentary profiles the families of the filmmaker and her cinematographer, whose lives have been shaped by the "packrat" behavior of a family member"—Container.

1 videodisc (ca. 80 min.)
 RC533 .P22 2004

Pain: The Language Of The Body And Mind.

Films for the Humanities (2000)
 Pain is often the body's sole method of communicating with the mind; it alerts the brain to malfunctions and protects the body from further harm. Explores the management, psychology, and physiology of pain.

Video Cassette (60 min.)
 RB127. P34 2000 pt. 1, pt. 3

The Pain of Depression.

Freedom from Fear, c2007
 "Profiles everyday people who experienced depression, and tells their stories through their own words" – Container.

1 videodisc (57 min.)
 RC537 .P34 2007

Panic!

Films for the Humanities (1990)
 Explains panic attacks, phobias, and agoraphobia. Follows two agoraphobics through years of treatment.

Video Cassette (26 min.)
 RC 535 P34

Panics, Fears, and Phobias.

CBS News (1990)

An in-depth look at phobias, panic disorders, and obsessive-compulsive disorders. Interviews with victims of these disorders.

Video Cassette (1hr.)

RC 530 P35

Parental Ambivalence.

The Glendon Assoc. (1987)

Addresses questions that many parents have asked about problems they encounter in interactions with their children. The ways parents extend their own critical attitudes and project them onto their children.

Video Cassette (34 min.)

HQ 769 P26

[Parenthood] And Baby Makes Two.

Maryland Public Television (1983)

Three life situations in which women have either chosen single parenthood or found themselves in the single parent role. Important questions regarding the roles that are portrayed are answered by experts in marriage and family relations.

Video Cassette (30 min.)

HQ 759 A49

[Parenthood] Preparation for Parenthood.

Sunburst Communications (1975)

Summary in Social Services section.

Teacher's Guide (includes script)

3 Filmstrips (245 fr.)

3 Cassettes (29 min.)

HQ 734 P7

[Parenting] The Art of Parenting.

Research Press Co. (1977)

Summary in Education Section.

5 Filmstrips

5 Cassettes

5 Booklets

Leader's Guide (97 p.)

BF 724.55 P25 A77

Parenting the Explosive Child.

Center for Collaborative Problem Solving, 2004

Drs. Greene and Ablon help parents understand the specific cognitive skill deficits that can impair a child's capacities for flexibility and frustration tolerance and provide step-by-step guidance on their approach for teaching these skills.

1 videodisc (ca. 120 min.)

HQ773 .P37 2004

[Parenting] Hugs 'n' Kids: Parenting Your Preschooler.

Filmfair Communications (1983)

Summary in Education section.

Video Cassette (3/4", 50 min.)

HQ 755.83 H83

Partners in Recovery: Creating Successful Practitioner-Consumer Alliances.

Dept. of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Mental Health Services ; [Chicago] : National Depressive and Manic-Depressive Association, [2000]

Discusses how health care practitioners can improve and enhance services through constructive relationships.

1 videocassette (18 min.) + 1

discussion guide (8 p.)

RC480.8 .P37 2000

Passion and Fury Series

Filmakers Library, [2005?]

Anger Part one of a four-part series, looks at the primal emotions that are generated in the brain, and how nature and nurture combine to make us feel the way we do. This program examines anger, from its primordial roots in self-defence to its expression in modern violence. The film examines several men who have lost control of their anger and committed violent acts and explores such questions as: Does the potential for impulsive anger lurk in our genes? Why do we still need this emotion and what science can do to help control it?

1 videodisc (43 min.)

BF575.A5 A54 2005

Love. Part 2 of a four-part series that looks at the primal emotions that are generated in the brain, and how nature and nurture combine to make us feel the way we do. This program examines the complexity of the emotion we call love, from the burning desire that can strike suddenly, to the giddy euphoria of falling in love. What is the incredible bond a mother feels for her infant, and how does it relate to the feeling couples may have after a lifetime of living together?

1 videodisc (43 min.)

BF575.L8 L675 2005

Fear. Part 3 of a four-part series that looks at the primal emotions that are generated in the brain, and how nature and nurture combine to make us feel the way we do. This program looks at the nature of fear, our most primal and powerful emotion, from its evolutionary origins in the involuntary fight-or-flight survival instinct, to its essential function as a learning tool today. 1

videodisc (43 min.)

BF575.F2 F35 2005

Happiness. Part 4 of a four-part series that looks at the primal emotions that are generated in the brain, and how nature and nurture combine to make us feel the way we do. This program draws a distinction between the lasting state of happiness and the pursuit of instant pleasure. We explore the evolutionary role of happiness, and ask what happens in the brain, and possibly our genes, that make some people happy and others sad

1 videodisc (43 min.)

BF575.H27 H36 2005

Pavlov: The Conditioned Reflex.

Films for the Humanities (1993)

Shows Pavlov's pioneering work in behavioral psychology, including the famous dog experiment. Focuses on his studies of the conditioned reflex and their application to neurology and psychiatry.

Video Cassette (25 min.)

BF 319 P38

Period Piece.

Jay Rosenblatt Film Library, [200-?]

A different kind of film about menstruation, Period piece celebrates this rite of passage in a girl's life. Women of various ages and ethnicities share how they felt when they got their first period. Old educational films are revisited in new ways adding humor and historical perspective.

1 videodisc (30 min.)

QP263 .P47 2000z

Personal Space : Exploring Human Proxemics.

University of California Extension Center for Media and Independent Learning (1999)

Discusses the concept of personal space and the interpersonal and cultural issues that define it.

1 Video Cassette (28 min.) + guide

BF469 .P47 1999

Personality: Roles You Play.

Sunburst Communications (1974)

Teacher's Guide

2 Filmstrips (138 fr.)

2 Cassettes (23 min.)

BF 698 P4

Persuaders.

Films for the Humanities & Sciences (2007)

This program illustrates how experts in the art of persuasion think and operate, and how their goals can become transparent.

1 videodisc (57 min.)

BF637.P4 P417 2007

Persuasion in Everyday Life: Five Mind Shapers.

Learning Seed (2007)

"Viewing this program is like holding a mirror up to your mind. Use it to explore five often hidden forces that shape beliefs and judgments. How we frame events influences our judgment and beliefs, and the ability to shape perceptual frames is the power to persuade"—Container.

1 videodisc (27 min.)

BF637.P4 P444 2007

Phil Donahue Examines the Human Animal. War and Violence

Films for the Humanities (1988)

Phil Donahue takes the viewer through what he calls "the dark side of the human animal". In this examination of fighting, war, and murder, he examines the physiological and psychological causes for violent behavior and the societal support that such behavior receives.

Video Cassette (52 min.)

Discussion Guide

BF 575 A3 P48

Phobias and Panic Disorders.

Insight Media (1989)

Explores panic disorders and agoraphobia. Explains symptoms, catalysts, and treatments, including drug therapies and behavioral strategies. Discusses brain systems that play a role in anxiety.

Video Cassette (55 min.)

RC 535 P48

The Physiological Mind.

Pacifica Tape Library

Cassette (56 min.)

BF 161 P45

The Pinks & the Blues.

Time-Life Video (1981)

Discusses the stereotypes that are applied to the sexes. Examines the historical development of these attitudes starting at birth and continuing through adulthood.

1 videodisc (57 min.)

BF723.S42 P56 1981

The Pitch of Grief.

Fanlight Prod. (1990)

A look at the emotional process of grieving through interviews with four bereaved men and women.

Video Cassette (30 min.)

BF 575 G7 P57

A Place for Madness.

PBS (1992)

As a result of deinstitutionalization 25 years ago, thousands of mentally ill now roam the streets. Can we protect society and the rights of the mentally ill at the same time? Shows how Northampton, MA., is coping with the challenge.

Video Cassette (1 hr.)

RC 455.4 D44 P52

Please Understand Me: Character & Temperament Types.

Keirse/Bates (1995)

Describes the four temperaments and their components. Also shows the impact of temperament and character styles in children, couples, education, and management.

Video Cassette (1 hr. 15 min.)

Booklet (4 p.)

BF 698.3 P54

Post-Traumatic Stress Disorder.

Films for the Humanities (1991)

Anyone who has had a deeply traumatic experience can develop PTSD, and treatment techniques developed for Vietnam veterans are being used with other patients. Interviews a Vietnam veteran, follows him in a support group, and spends time with an adult woman who is an incest survivor and two survivors of the 1989 San Francisco earthquake.

Video Cassette (28 min.)

RC 552 P67 P65

The Power of Dreams.

Discovery Comm. (1994)

The latest scientific methods offer insight into the hows, the whys, and the so-whats of dreaming.

Video Cassette (1 hr.)

BF 1078 S373

The Power of Dreams: The Creative Spark.

Discovery Comm. (1994)

Explores how dreams mold us.

Artists, inventors and musicians share their dream visions. Looks inside the dreaming mind with 3-D holograms.

Video Cassette (1 hr.)

BF 1078 C74

The Power of Dreams: Sacred Sleep.

Discovery Comm. (1994)

Explores how dreams have shaped the cultures we live in. A spiritual dream journey to the soul of Native American, Australian Aboriginal, Tibetan, Islamic, Jewish and Christian religious cultures.

Video Cassette (1 hr.)

BF 1078 S15

Prescription for Trouble: Use and Abuse.

Films for the Humanities & Sciences (2004)

The difficulties caused in the lives of young people by drugs are compounded by a culture that subtly advocates medication as the answer to many different problems. Experts put forth explanations for the explosion in the abuse of legal drugs, and demonstrate how the abuse is addictive and dangerous.

1 videodisc (25 min., 40 sec.)

HV5824.Y68 P74 2004

The Price of Ecstasy.

Films for the Humanities & Sciences, (2004)

Takes a "look at the pleasures and dangers of party drugs through the eyes of abusers and the medical practitioners and social workers who engage with them. Footage of consenting abusers taking and tripping on ecstasy, ketamine, and GHB shows club drug highs, while interviews with doctors, researchers, and addiction counselors outline possible ramifications of substance abuse, including date rape, addiction, and death" --

Container.

1 videodisc (51 min.)

HV5822.M38 P75 2004

A Problem with Sex.

Penn State AV Services (1987)

Discusses sexual problems in relationships and shows counseling sessions with couples with sexual problems.

Video Cassette (40 min.)

BF 692 P76

Processes of Child Development.

Meridian Education Corp. (1990)

Overview of the major physical, emotional, and intellectual stages of development for children.

Birth to One Year (14 min.) RJ 134 C45

One to Three (16 min.) RJ 131 C54

Three to Five (16 min.) RJ 131 C542

Five to Eight (14 min.) RJ 131 C543

4 Video Cassettes

4 Guides

The Promise of Group Therapy.

University of California Extension Center for Media and Independent Learning

Small group processing of group therapy sessions using the methods of cinema' verite is illustrated. This is a video training document created to assist the practicing clinician.

Tape 1. The beginning phases

Tape 2. The middle phases

Tape 3. The end phases

3 Video Cassettes (450 mini)

Guide

RC488 .R6452

The Promise of Play.

Direct Cinema, c2000

Discusses the insecurities of women of all ages who learn to place their self-worth in the measure of their beauty. Also offers a model for how to reclaim the media and find one's true self through one's own voice. assessed the physical beauty of a woman."—Publisher

episode 1. The mother of invention

episode 2. A world of your own

episode 3. The heart of the matter

3 Videocassettes (57 min. each)

BF717 .P76 2000

Psychodrama: A Training Tape.

Eldemar Corp.

Video Cassette (40 min.)

Study Guide/Script (16 p.)

RC 489 P7 P757

Psychological Maltreatment of Children: Assault on the Psyche.

Penn State Audio Visual Services (1985)
Identifies the five types of problems in the emotional life of families which can become psychological abuse. Gives advice to parents and children for correcting these problems.

Video Cassette (3/4", 19 min.)
Instruction Guide
RJ 507 P79 P79

The Psychology of Criminal Behavior.

Promedion Productions, (2001)
Discusses the causes of criminal behavior with regards to psychological and sociological behaviors.

1 videocassette (24 min.)
HV6080 .P78 2001

The Psychology of Criminal Behavior.

Insight Media (2005)
Examines criminal behavior and traces societal views on crime. Addresses biological theories, environmental and sociological factors, and such psychological considerations as maladjustment, psychosis, and developmental trauma. Also reviews typologies of criminal acts and discusses whether criminals can be rehabilitated.

1 videodisc (30 min.)
HV6080 .P829 2004

The Psychology of Inferiority.

Pacifica Tape Library (1969)
Cassette
HQ 1206 H22

The Psychopathic Mind.

Films for the Humanities (2005)
Shows exactly who and what makes someone a psychopath, and how are they classified medically? Answers these questions as it takes viewers through the mind of a diagnosed psychopath and speaks with one expert who believes that the condition is incurable.

1 videodisc (27 min.)
RC555 .P78 2005

Psychosynthesis: Use of Fantasy.

Esalen Institute (1971)
Demonstration of use of guided fantasy and discussion of fantasy, fairy tales, archetypal experiences.

Cassette (1 hr.)
RC 489 F35 F3

Psychotherapy with an Adult or Adolescent Client.

Milton H. Erickson Foundation (1990)
Dr. Glasser demonstrates how to apply the techniques of reality therapy with two volunteers who play the roles of a teenager and a young woman.

1 videocassette (ca. 60 min.)
RC489.R37 P78 1990

Quest for Mental Health in a Racist Society.

Mind Productions (1988)
Lecture on the psychological aspects of racism, how to solve the problem of racism, African culture, and self-destruction.

Video Cassette (1 hr., 40 min.)
RC 451.5 N4 A52

The Question of Ego Reduction.

Esalen Institute (1973)
Panel discussion.
2 Cassettes (2 hrs.)
BF 175 M8

The Quiet Mutiny.

Bullfrog Films, [2006]

"In this, the first of his 58 documentary films, John Pilger combines candid interviews and amazing frontline footage of Vietnam to portray a growing rift between the US military bureaucrats -- "lifers" -- and the soldiers who physically and mentally fight the war on the ground, the "grunts." By 1970, it is an internal sense of disillusionment and frustration born from this rift that is triggering the withdrawal of US forces from Vietnam. As the US employs psychological warfare against its enemy, Pilger finds himself unable to glean significant information from the military; a press conference he attends is nicknamed "the 5 'clock follies" for the evasive nature of the proceedings. And so it is with the grunts, the "wheels of the green machine," that Pilger finds a very human side to the US presence in Vietnam -- soldiers who are at once ready to serve their country and doubtful of their purpose there. Plied with visits from Miss America and ignored by Vice President Spiro Agnew, they experience the war in a way many of their superiors do not. Filmed at Camp Snuffy in 1970, *The Quiet Mutiny* presents a character study of the common soldier during the Vietnam War, revealing for the first time the shifting morale and open rebellion of Western troops"—Container.

1 videodisc (26 min.)

DS557.73 .Q84 2006

Quiet Rage: The Stanford Prison Experiment.

SITN (1992)

This classic experiment in social psychology began on August 14, 1971, with the surprise arrests of students by the city police. It was terminated prematurely on August 20, because the situation had become so volatile. Reveals the chronology of the transition from good into evil, of normal into the abnormal.

Video Cassette (50 min.)

HV 6089 Q54

Race and Psychiatry.

Films for the Humanities (1995)

Looks at the issues of racism in mental health care, and at some black self-help groups that offer alternatives to the conventional psychiatric practices that have failed to meet their needs.

Video Cassette (25 min.)

BF 76.45 R23

Rape Is--.

Cambridge Documentary Films (2005)

"This documentary looks at rape from a global and historical perspective, but focuses mainly on the domestic cultural conditions that make this human rights outrage the most under-reported crime in America."--Container

1 videodisc (32 min.) + 1 guide

HV6558 .R36 2005

Raising Grandkids : A Love Story.

Distributed by Great Plains National

Shows the unique situations and special needs of grandparents raising their grandchildren. Profiles five families and includes interviews with adults who were raised by their grandparents and with national experts in the fields of aging, child psychology, and social work.

Video Cassette (57 min.)

HQ759.9 .R33 1997

Rational Emotive Therapy.

Research Press (1982)

Designed to teach the basic concepts of RET, how the scientific method is applied to counseling, how different therapists apply RET techniques to a variety of situations, and that RET is a humanistic approach.

Video Cassette (30 min.)

RC 489 R3 R38

Reality Therapy With Children.

Allyn and Bacon ; San Francisco, CA :
 [Distributed by] Psychotherapy.net, 2002
 "World-renowned reality therapist Robert Wubbolding demonstrates how his sensible, straightforward approach is equally effective with children as it is with adults. Through the use of a series of strategic questions, Dr. Wubbolding guides his young clients through a process of self-evaluation and priority clarification. In this video, see him help a typical teenage boy develop motivation and a plan of action to improve his grades at school, and increase the boy's commitment to his algebra homework"—Cover.

1 videodisc (101 min.) +1 instructor's manual 60p
 RC489.R37 R425 2002

Recognizing Borderline Personality Disorder in Children.

Aquarius Health Care Media (2006)
 Could your child's explosiveness and impulsive behavior be a sign of "borderline personality disorder"? Find out from two experienced families and a skilled psychologist how to recognize this condition, and where to go to get the help you need for yourself and your child.

1 videodisc (27 min.)
 RC569.5.B67 R43 2006

Recovering Bodies: Overcoming Eating Disorders.

MEF (1997)
 Presents the stories and testimonies of seven college students. Discusses the psychological and physical symptoms of eating disorders.

Video Cassette (34 min.)
 RC 552 E18 R43

Recovering From Mental Illness.

Mental Illness Education Project Videos (1997)

"Bonnie talks with social worker Andrea Blodgett about the experience of having schizophrenia and what she has learned about coping with this illness. The discussions include the reality of the voices, the need to trust people, checking one's own perceptions, and accepting the illness as part of recovery. Bonnie, her parents, and Andrea discuss the role of medications, and they try to answer the question, 'How much can one expect?' Finally, they explore the nature of recovery and the importance of not giving up hope."—Container.

1 Video Cassette (27 min.)
 RC514 .R42 1997

Recovering Hope: Mothers Speak out About Fetal Alcohol Spectrum Disorders.

Dept. of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Prevention, [2009]

Sponsored by SAMHSA's FASD Center for Excellence

1 videodisc (60 min.) + 1 video discussion guide + 1pamphlet
 RG629.F45 R33 2009 Disc, Guide and Pamphlet

Relationships. Gay, Lesbian, and Bisexual Clients.

American Psychological Association (2004)

Dr. Ruperto M. Perez discusses issues regarding psychotherapy for gay, lesbian, and bisexuals with the host. Includes an actual therapy session with a real client by Dr. Ruperto M. Perez.

1 videodisc (1 hr., 38 min., 45 sec.)
 RC558 .R45 2004

Remarriage Can Be Fun But Watch the Consequences.

3 Video Cassettes (4hr. 27 min.)
 RC 488.5 R44 pt. 1-3

Research Methods.

RMI Media Prod. (1989)

Discusses the contributions of research in psychology and the need for thorough and accurate study of the consequences.

Video Cassette (30 min.)

BF 76.5 R47

Resiliency After Violent Death.

Insight Media (2006)

This program provides clinicians, social workers, clergy, and caregivers engaged in long term support with families after a violent death with helpful strategies to diminish the emotional distress of violent dying bereavement. The panel discussion is divided into three sections corresponding with three common psychological responses to violent death.

1 videodisc (56 min.)

BF575.G7 R47 2006

Responding Therapeutically to Patient Anger.

American Psychological Association, (1996)

One of the most challenging moments in psychotherapy is grappling with expressions of overt anger toward the therapist. Patient expression of anger toward the psychotherapist is a stressful and prevalent phenomenon in the course of psychological treatment. This videotape is primarily intended to model several means of responding therapeutically to patient anger.

1 videocassette (35 min.)

RC569.5.A53 R47 1996

Reviving Ophelia.

MEF (1998)

Mary Pipher discusses the challenges facing today's teenagers, especially girls, and the role of media and popular culture in shaping their identities. Offers ideas to help girls free themselves from the influences of today's media-saturated culture.

Video Cassette (35 min.)

HQ 798 R48

A Revolving Door.

New Day Films, c2006

"This is the story of 33-year old Tommy Lennon struggling to deal with dual diagnosis of mental affliction and drug addiction. The film focuses on Tommy and his family's frustration, helplessness, courage and resilience. Was a head injury while surfing the catalyst that turned Tommy's life upside down? For 10 years he is stuck in a revolving door of homelessness, drug abuse, mental institutions and jail. Will Tommy and his loving family learn to deal with a constantly shifting reality? Recommended for addiction, alcoholism, mental health, law schools, psychology, social studies, and family studies"—Container.

1 videodisc (39 min.)

HV5801 .R48 2006

Rich Kids on Drugs.

Films for the Humanities (1991)

Shane Salerno, an 18-year-old high school student, made his own documentary showing how well-to-do young teens with promising futures turn to drugs. In this specially adapted Phil Donahue program, he tells his story together with some teens from his film: a 16-year-old whose addiction led her to prostitution when she was 12; a wealthy teen who spent all his time and money getting high; another who lost three years of her life to alcoholism

Video Cassette (28 min.)

RJ 506 D78 R52

Richard Evans' Dialogue With Victor Frankl.

Penn State (1986)

At the World Congress of Logotherapy, Dr. Frankl talks about his differences and agreements with Freud, Jung, Adler, Lorenz, and Skinner. Discusses logotherapy, meaning, humanism, altruism, some of his unique concepts, and what hope there is for survival in the nuclear age.

Video Cassette (3/4", 43 min.)

RC 489 L6 R53

Right From the Start.

Child Development Media, [between 2000 and 2005]

This video is about bonding and attachment between parents and infants. Demonstrates how the early capabilities of infants and the balanced rhythm between infant and mother are essential to attachment.

1 videodisc (53 min.)
BF723.A75 R54 2005

The Right to be Desperate.

Psychological & Educational Films

Carl Rogers offers his observations on how he works as a therapist, what transpires in an initial counseling session, and how to work with clients who are struggling with issues of living and dying.

Video Cassette (52 min.)
RC 481 C37 pt. 1-2

Road Map for Recovery.

Hazelden Publishing and Educational Services, c2005

Ahndrea Weiner describes the process and psychology of recovery from addiction

1 videodisc (ca. 52 min.)
RC564 .R63 2005

Rogers on Facilitating Groups.

AACD.

Specially selected and edited live presentations of speeches, lectures, and informal conversations.

Video Cassette (1 hr. 40 min.)
RC 488 R645

Rogers - Skinner Dialogue.

AAP Tape Library

Transcript

Tape

BF 632.5 R63

[Rogers] Carl Rogers at 70.

AAP Tape Library

Study Guide

Cassette

RC 481 R63

[Rogers] Dr. Carl Rogers.

Penn State (198?)

Interview conducted in Sept. 1970.

2 Video Cassettes (1 hr. 40 min.)

BF 109 R63 D72 pt. 1-2

Rollo May's Discussion with Richard Evans: Anxiety, Love, Will, Dying.

Penn State (1970)

Video Cassette (32 min.)

BF 575 A6 R46

Evans: Maturity and Creativity.

Penn State (1978)

Video Cassette (29 min.)

BF 408 R64

Rollo May's Discussion with Richard Evans: Reactions to Psychoanalytic Concepts.

Penn State (1978)

Video Cassette (29 min.)

BF 173 R62

The Roots of Addiction.

Edgehill Video (1990)

Summary in Medical Science section.

2 Video Cassettes (1 hr. 53 min.)

HV 5035 R66

The Roots of Prejudice and Intolerance.

Jaguar Educational (2002)

"Examines the historical roots of prejudice, the different forms it takes, the psychology behind prejudicial thinking, and the difference between prejudice and intolerance" – Container.

1 videodisc (30 min.)

BF575.P9 R66 2002

Run Like a Girl.

Films for the Humanities (1999)
 "... The unconventional yet extremely demanding sports of rugby, synchronized swimming, and double-Dutch jumping provide the context for teenage girls from a cross-section of ethnic backgrounds to probe the issues of adolescence. They discuss their feelings of liberation within the strict regimentation of competitive sports, their search for identity and self-esteem while revolting against the stereotyped expectations of others, body image, dating, and the importance of mothers and coaches as mentors. They also tackle social concerns, including bulimia, self-injury, suicide, broken homes, teenage pregnancies, and crime ..."--Container label
 1 Video Cassette (57 min.)
 GV709.18.U6 R85 1999

Rushing, Crashing, Dying: The Meth Epidemic.

Human Relations Media, c2007
 Real people share their experiences with methamphetamine and what it has done to their lives. The teacher's resource book (PDF file) includes a program summary, student activities and fact sheets.
 1 videodisc (25 min.)
 HV5822.A5 R87 2007

Safe Haven.

Films for the Humanities & Sciences, (2002)
 A report on the Evanston Northwestern Healthcare Adolescent Day School, a school that mixes academics with therapy. Students discuss literary classics, tackle math problems, and, for one hour a day, participate in group therapy. "With one teacher for every five students, plus social workers, tuition is a challenge for the school district, but parents and students alike feel the rewards are worth it."--Container
 1 Video Cassette (22 min.)
 LC4182.I3 S23 2002

Salado Dream Symposium: An Interview with Baroness Vera von der Heydt.

Institute for Humanities at Salado (1991)
 Discusses where dreams come from, Jung's theories on dreams, visions, dying and death.
 Video Cassette (57 min.)
 RC 489 D74 S24

[Satir] An Interview with Virginia Satir.

AAP Tape Library
 Study Guide
 Cassette
 RC 488.5 S27

The Scandal of Psychiatric Hospitals.

Films for the Humanities (1988)
 Explores answers to psychiatric hospital abuses in the treatment of their patients when the goal is insurance reimbursement.
 Video Cassette (52 min.)
 RC 439 S23

Scared Sacred.

National Film Board of Canada (2006)
 Documents the five-year journey initiated by filmmaker Velcrow Ripper in order to document humanity's ability to transform crisis into possibility. Ripper travels to the "ground zero's" of the world: Bhopal, India; the minefields of Cambodia; Bosnia; Hiroshima; Afghanistan; post 9/11 New York City; Israel and Palestine, documenting stories of survival and hope in the wake of disaster.
 1 videodisc (105 min.)
 BF698.35.R47 S33 2006

Scared Silent.

Arnold Shapiro Prod. (1992)
 Profiles six true stories of sexual, physical and emotional child abuse told by the offenders and their victims. Traces how child abuse starts and how it can be stopped.
 Video Cassette (50 min.)
 HV 6626.5 S32

The Science of Stress.

Films for the Humanities & Sciences,
2003

"This program explores the links between stress and illness by staging a day in the life of a lawyer. An endocrinologist, a perinatal psychobiologist, an occupational psychologist, and two psychiatrists observe and comment on his stress factors and the way he handles them. The experts discuss how the 'fight or flight response', a result of adrenalin and cortisol secretion triggered by stress, might be appropriate for fleeing from lions but is not a useful reaction in the office and can be detrimental over time. Type A and B personalities are explained, as well as how the ability to manage stress maybe determined before birth."--Container.

1 videodisc (50 min.)
QP82.2.S8 S44 2003

Scientific Evidence For Life After Death?
(1998)

Charles T. Tart, who is a professor at the Institute of Transpersonal Psychology in Palo Alto, California, and was the University of Nevada, Las Vegas's first holder of the Bigelow Chair of Consciousness Studies, speaks about near-death experiences, scientific evidence for life after death, and transpersonal psychology. Includes question and answer session.

1 Video Cassette (113 min.)
BF1045.N4 S35 1998

A Season In Hell.

New Day Films (1989)

Shows the struggles of a woman, Regina Hatfield, with eating disorders over a period of four years.

1 Video Cassette (59 min.)
RC552.E18 S42 1989

Seasons of Life.

Infancy & Early Childhood
(ages conception - 6) HQ 774 I52

Childhood & Adolescence
(ages 6-20) HQ 796 C54

Early Adulthood (ages 20-40)
HQ 799.5 E27

Middle Adulthood (ages 40-60)
HQ 1059.4 M53

Late Adulthood (ages 60+)
HQ 1061 L37

5 Video Cassettes (1 hr. each)

The Secret Life of Boys.

Films for the Humanities (2000)

Explores why boys tend to repress their feelings. Experts demonstrate how to help boys express their feelings before they begin to act them out in antisocial behavior.

Video Cassette (24 min.)
BF724.3.S4 S43 1999

The Secret Life of Mary-Margaret: Portrait of a Bulimic.

Ambrose Video (1993)

Chronicles the physical and mental effects of bulimia and anorexia on the individual. Urges those suffering from eating disorders to seek help.

Video Cassette (30 min.)
Guide (7 p.)
RC 552 B84 S42

The Secret Life of the Brain.

PBS Home Video (2002)

This series explores the startling new map of the brain that has emerged from the past decade of neuroscience and shares a revelatory view of this most complicated organ, which now contradicts much of what we previously believed.

- 1- The baby's brain: wider than the sky
- 2- The child's brain: syllable from sound
- 3- The teenage brain: a world of their own
- 4- The adult brain: to think by feeling
- 5- The aging brain: through many lives

5 Video Cassettes (5 hrs)
QP376 .S417 2002

Secret of the Wild Child.

Nova (1994)

Follows the case of Genie, a modern-day "wild child", whose parents kept her imprisoned in her home from infancy. When social workers found her as a teenager, she could not walk or talk. What does this case tell us about how and when we learn the skills that make us human?

Video Cassette (1 hr.)

RJ 506 D47 S42

Secret of the Wild Child.

WGBH Boston Video (2006)

Examines the case of "Genie," a girl whose parents kept her locked in a bedroom in total isolation, until she was discovered in 1970 at age 13. At first, her rehabilitation seemed to be an opportunity to test hypotheses of language acquisition, but disputes about the nature of her disabilities, the intensity of her therapy, and the progress of government funded research turned Genie's case into a sad example of the ethical quandaries of research on human subjects.

1 videodisc (ca. 56 min.)

RJ507.A29 S43 2006

The Secrets of Sleep.

Ambrose Video Publishing

A series of videos about sleep and sleep disorders.

1. Altered states (16 min.)
2. The man who never slept (11 min.)
3. Parasomnia (27 min.)
4. Sixth sense (14 min.)
5. The night mare (18 min.)
6. Dream telepathy (22 min.)
7. The dreaming brain (17 min.)
8. Mystery of the dreaming brain (24 min.)
9. Dream prophecies (14 min.)

9 Video Cassettes

Self-Esteem and Peak Performance.

CareerTrack Pub. (1989)

Vol. 1: 3 keys to high self-esteem.

Techniques to help you leave the past behind, affirm your strengths, clarify your vision, set goals. (1 hr. 30 min.)

Vol. 2: visualize a positive outcome, use your support system, respond to feedback, know when you should give up on a goal, reap the rewards of self-esteem, show gratitude. (1 hr. 30 min.)

2 Video Cassettes

Guide

BF 697 S44 vol. 1-2

Self-Esteem and the Child.

Intermedia (1990)

Includes vignettes and interviews with children and two self-esteem professionals. Emphasizes five elements that lead to self-esteem: security, self-concept, belonging, purpose and competence.

Video Cassette (45 min.)

BF 723 S3 S43

Self-Image and Eating Disorders: A Mirror for the Heart.

Looks at the hidden behavior, stress, denial, and the cycle of guilt and shame that underlie eating disorders. Explores the effects on family, serious medical complications, and proper treatment.

Video Cassette (24 min.)

RC 552 E18 M57

Selling Sickness.

First Run/Icarus Films [distributor] (2004)

Documentary examines the pharmaceutical industry's marketing of antidepressants with particular emphasis on the firm GlaxoSmithKline. It explores the unhealthy relationships between society, medical science and the pharmaceutical industry as they promote miracle cures - selling not just drugs but also the latest diseases that go with them. It also looks at the growing controversy around SSRI antidepressants (especially as they affect adolescents) and follows British psychiatrist David Healy and patients' accusations that aggressive drug marketing is blurring the boundaries between medical conditions and ordinary life.

1 videodisc (52 min.)

HD9665.5 .S44 2004

Seniors and Gambling: In search of Balance.

North American Training Institute (1997)

A one-hour training module on why senior citizens become compulsive gamblers, how compulsive gambling affects their lives and the lives of their families and friends, and how they can avoid becoming compulsive gamblers.

Video Cassette (23 min.)

Workbook

RC569.5.G35 S38

Sensory Awakening.

Big Sur (1967)

Breathing, Shoulders and Sound, Couples, Movement and Feet, The Face and Eating an Apple, Allowing and Chanting.

6 Cassettes (6 hrs.)

BF 233 G8

September 12 [: Life After Tragedy.

Aquarius Health Care Videos (2003)

Looks at the World Trade Center

United Family Group and Oklahoma City/Sept. 11 family exchange and communicates the value of the bond that is shared between the families of the victims of the Oklahoma City bombing and those directly affected on September 11th.

Throughout, mental health professionals Dr. Martin Gittelman and Lisa Jill Kaplan discuss the grieving process.

1 Video Cassette (35 min.)

HV6432.7 .S46 2003

Seriously Stressed.

Films for the Humanities & Sciences (2006)

"The pace of life has greatly increased, and the escalation of chronic stress is costing people their health, relationships, and careers. In this program, an immunologist, a psychiatrist, and a mental skills coach lay bare the symptoms of chronic stress, the negative impact on the body of continual exposure to adrenalin and cortisol, and biological and psychological factors that influence vulnerability to oversteering. The fight/flight/freeze response function and the stress/resistance/recovery curve are also addressed. Case studies include an IBM executive, an administrative assistant, and a crime scene videographer"—Container.

1 videodisc (46 min.)

RA785 .S47 2006

Sex: Unknown.

WGBH Boston Video (2001)

Explores gender identity with contributions of psychologists and researchers, and through personal insights from the Reimer family. Bruce Reimer was born a boy, but after a medical accident destroyed his genitalia, he was surgically changed into a girl. Includes interviews with Janet Reimer and her son, who ultimately rejected his female identity and is now living as a man.

1 Video Cassette (60 min.)

RC560.G45 S49 2001

Sexual Violence: Rape in America.

GPN Educational Media (1997)

This program focuses on victims of sexual violence and how individuals and institutions tend to blame them for their trauma.

1 videodisc (ca. 30 min.)

HV6561 .S478 1997

Sexuality and Spirituality in Recovery.

Lifeworks Communications (1988)

Explores the ways one loses sexual identity and spirituality through abuse and addictive, self-defeating behaviors.

Discusses the effects of lost sexuality and spirituality on relationships, family, and friends. Defines healthy sexuality, as well as, how sexuality and spirituality play an important part in the recovery process.

2 Video Cassettes (2 hr 15 min.)

BF 692 K47 pt. 1-2

Shah, Idries: A Framework for New Knowledge.

Seminar Cassettes (1973)

Idries Shah talks about Sufism and its role today.

Cassette

BP 189 S373

Shah, Idries: Questions and Answers.

Seminar Cassettes (197?)

Answers questions sent to him from all parts of the world.

Cassette (29 min.)

BP 189 S377

Shame & Recovery.

Lifeworks Communications (1987)

Shame is one of the biggest blocks to recovery. Terry Kellogg discusses its origins, how it relates to other dependencies and the recovery process.

Video Cassette (1 hr., 15 min.)

RC 569.5 C63 K452 no. 5

Shattered Dreams: Schizophrenia and the Family.

Indiana University AV Center (1989)

Presents one family's experiences with schizophrenia.

Video Cassette (27 min.)

RC 514 S52

Short-Term Group Psychotherapy for Loss Patients: A Demonstration Video.

Guilford Publications (1992)

A new approach to helping patients who experience difficulties adapting to the loss of one or more persons. Examples of patient discussion, therapist intervention, and patient-therapist interaction. Introduces clinicians to some of the conceptual and technical issues associated with conducting such groups.

Video Cassette (55 min.)

Guide (6 p.)

RC 455.4 L67 S36

Shredded.

Fanlight Productions (2005)

Explores the damaging lengths to which teenage boys will go to achieve the ideal male body as portrayed by the media.

1 videodisc (ca. 21 min.)

BF697.5.B63 S545 2005

Silent Epidemic.

PBS Video (2001)

Presents the potential signs and causes of teen suicide as discussed by parents, teens, and experts within the dual formats of talk show and docudrama. Contains interviews with teens who attempted suicide and discusses options available to such individuals or their parents.

Video Cassette (30 min.)

HV6546 .S54

Skin Deep.

Iris Films (1995)

(Producer) Filmmaker

Frances Reid follows students from the University of Massachusetts, Texas A&M, Chico State and U.C. Berkeley to a challenging racial awareness workshop where they confront each other's innermost feelings about race and ethnicity.

1 videodisc (53 min.)

E184.A1 S613 1995

[Skinner] Beyond Freedom What?

Center for the Study of Democratic Institutions

Cassette

BF 319.5 06 C66

[Skinner] B. F. Skinner: A Fresh Appraisal.

Davidson Films 919990

Summary of the work of behaviorist B.

F. Skinner.

Video Cassette (40 min.)

Guide (10 p.)

CD

BF109.S55 B28 1999

[Skinner] B.F. Skinner and Behavior Change.

Research Press (1975)

Traces the development of modern behaviorism, its philosophy and its application. Dr. Skinner, Sidney Bijou, Joseph Cautela, and others question the behavioral position and discuss theory, practical uses, and ethical/social implications of behaviorism. Educational, mental health, counseling, and medical applications of behavioral science are presented.

Video Cassette (47 min.)

Discussion Guide (15 p.)

BF 199 B47

[Skinner] Cognition, Creativity, and Behavior: the Columban Simulations.

The Company (1982)

Documents experiments carried out by B.F. Skinner and Robert Epstein in which pigeons exhibit behaviors heretofore attributed by psychologists only to man and the higher apes, such a symbolic communication, self-awareness, and insight.

Video Cassette (27 min.)

BF311 .C63

[Skinner] The Conditioned Scholar.

Center for the Study of Democratic Institutions

Cassette

BF 698.9 C8 S58

[Skinner] Conditioning in Practice.

Center for the Study of Democratic Institutions

Cassette

BF 319.5 06 C66

[Skinner] Conditioning Toward Extinction.

Center for the Study of Democratic Institutions

Cassette

BF 319.5 06 S56

[Skinner] Discovering Psychology: Program 12: Motivation and Emotion.

Annenberg/CPB Collection (1989)

Examines biological and psychological aspects of motivation and emotion as seen in studies of sexual behavior and the power of optimistic beliefs.

Video Cassette (1 hr.)

BF 447 D57

[Skinner] Dr. B.F. Skinner.

Penn State (1966)

2 Video Cassettes (1 hr. 40 min.)

BF 109 S55 D72 pt. 1-2

[Skinner] The Evolution of a Culture.

Center for the Study of Democratic Institutions

Cassette

BF 698.9 C8 S59

[Skinner] B. F. Skinner: A Fresh Appraisal.

Davidson Films (1999)

Summary of the work of behaviorist B.

F. Skinner.

Video Cassette (40 min.)

CD

Guide (10 p.)

BF109.S55 B28 1999

[Skinner] His Own Best Subject: A Visit to B.F. Skinner's Basement.

Davidson Films (2000)

Psychologist B.F. Skinner's daughter, Julie Vargas, tours the basement in which Skinner wrote many books and articles. She shows some of the gadgets he created and some of the ways he organized his writings.

Video Cassette (20 min.)

BF109.S55 H57 2000

[Skinner] Human Behavior: Is it Really Getting Worse?

National Public Radio (1976, 1981)

Drs. B.F. Skinner and Rollo May discuss the role of individual responsibility and creativity in changing social controls; using totalitarian controls to teach people higher values; the role of discipline in the school system; and the reasons for feelings of despair.

Cassette
HM101 .H85

[Skinner] An interview with B. F. Skinner.

Center for the Study of Democratic Institutions (1972)

In an interview with Harvey Wheeler, Dr. Skinner clarifies some of the terminology and many of the basic concepts that are critical to operant conditioning; touches on such social problems as the uncreative use of leisure, the threat of wasteful affluence, and the inequalities of wealth and power.

Cassette
BF319.5.O6 I58

[Skinner] Pigeons and People.

Center for the Study of Democratic Institutions

Cassette
BF 698.9 C8 S59

Skinner on Skinnerism, Beyond Freedom and Dignity.

Center for the Study of Democratic Institutions

Cassette
BF 319.5 06

[Skinner] Token Economy: Behaviorism Applied.

CRM Films

Develops B.F. Skinner's theories of behaviorism and demonstrates their applications in an educational environment. Skinner's ideas are used in a regular classroom and in a school designed to educate young people who exhibit antisocial behavior.

Video Cassette (23 min.)
Guide (4 p.)
RC 489 B4 T63

Skinnerism at Work.

Center for the Study of Democratic Institutions

Cassette
BF 319.5 06 S56

Sleep Disorders.

Audio Digest Foundation (1981)

A. The biology of sleep.
B. Diagnosis and the new nosology sleep disorders. C. Disorders of excessive sleep.
Cassette
RC 321 P95 Vol. 10 no. 10

Slender Existence.

Filmmakers Library (2000)

"This film documents Laura's descent from a healthy, attractive teenager into one starving herself to the verge of death, obsessed with exercise, unable to sleep, solitary and secretive. It follows her story from the point of view of her parents and best friend."—Container

1 Video Cassette (32 min.)
RC552.A5 S54 2000

Smile Pretty.

Films for the Humanities (1999)

"... Teenage girls from a cross-section of ethnic backgrounds open their hearts about life as a beauty queen, discussing the pressure to fulfill a societal ideal, the allure of celebrity, and the artificiality of the modelling trade. In addition, they share incidents of heroism and sacrifice, feelings about their struggle for personal identity, and insights into the mother/daughter relationship ..."—Container label

1 Video Cassette (57 min.)
HQ1220.U6 S55 1999

The Smith Family.

New Day Films, c2002

In this poignant and intimate documentary of the Smiths, a Mormon family living in Salt Lake City, the family is initially shattered, then ultimately strengthened by their love for each other following Steve's admission of multiple sexual encounters with other men, and his subsequent death from AIDS.

1 videodisc (79 min.)
RC606.54 .S64 2002

The Social Brain.

Films for the Humanities (1995)

Evidence shows that throughout history, as a species, relations between individuals and societies have been destructive, as well as positive. Explains that we need to tune our psychology to determine how to turn up the volume on ancient instincts like cooperation, and turn down the volume on instincts like organized aggression.

Video Cassette (57 min.)
GN 281 H8487 vol. 2

The Soldier's Heart.

WGBH Educational Foundation (2005)

"As the War in Iraq continues, the first measures of its psychological toll are coming in. A medical study estimates that more than one in seven returning veterans are expected to suffer from major depression, anxiety, or Post Traumatic Stress Disorder. For those who have survived the fighting, the battle is not over. For some, the return home can be as painful as war itself"—Container.

1 videodisc (ca. 60 min.)
DS79.764.U6 S64 2005

Solution Focused Therapy.

Allyn and Bacon (1997)

Features Insoo Kim Berg and Steve de Shazer, co-founders of the Brief Family Therapy Center in Milwaukee. Introduces solution-focused therapy, a goal-focused therapy which seeks client-generated solutions to problems and is often briefer than traditional psychotherapy. Presents an actual counseling session using solution-focused therapy followed by a group discussion analyzing the session.

1 videocassette (116 min.)
RC489.S65 S65 1997

Solution Focused Therapy for Addictions.

Allyn and Bacon (1998)

"In this tape, Berg works with a client who is in recovery from drug addiction, and is now focusing on overeating"—Container.

1 videocassette (115 min.)
RC489.S65 S66 1998

Some Babies Die.

University of California Extension Media Center (1986)

See summary in Sociology section.
Video Cassette (55 min.)
BF 789 D4 S66

Southern Comfort.

Docurama 2003

Toccoa, Georgia. Robert Eads is a 52-year-old wise-cracking cowboy who was born female and transitioned into living as a man after bearing two sons. Fifteen years later, he has fallen in love with Lola Cola, a vivacious and magnetic woman who was born male. Together they are coping with Robert's terminal case of ovarian cancer.

1 videodisc (90 min.)
HQ1075 .S68 2003

Sports & Drugs.

CNS Productions (1998)

Examines the effects of therapeutic, performance-enhancing, and social/recreational drugs on an athlete's health and performance. Uses live action, animation, graphics, and interviews with athletes, coaches, and medical experts to explore the issues.

1 videocassette (37 min.)
RC1230 .S66 1998

Stale Roles and Tight Buns: Images of Men In Advertising

OASIS, c1988.

Presents a selection of images of men as found in consumer advertising. Raises questions concerning the definition of a "real man", his relationships, and the societal pressures involved.

1 videodisc (29 min)
HF5822. S185 1988

Stanford-Binet Intelligence Scale.

Riverside Publ. Co. (1985)

Discusses the unique characteristics of the fourth edition of the Stanford Binet intelligence test. Discusses how to administer the test.

Video Cassette (35 min.)
BF 432.5 S8 S73

Statistics and Psychology.

Films for the Humanities (1996)

Looks at how to statistically test the relationship between experimental data and reported historical findings. Uses data from the Applied Psychology Unit at Cambridge University.

Video Cassette (25 min.)

BF 39 S79

Staying Healthy in a Stressful World.

Aquarius Health Care Video (2000)

Discusses the importance of managing stress through relaxation techniques. Interviews Dr. Herbert Benson, a pioneer in mind/body research who discusses stress and relaxation. Includes a guided meditation to demonstrate what meditation is and how it works.

1 videodisc (27 min.)

RA785 .S73 2000

Steroids.

Schlessinger Media (2004)

Examines the use of illegal anabolic steroids and steroidal supplements, profiling case studies that provide an overview of the detrimental effects these drugs can have on the user.

1 videodisc (23 min.) + 1 teacher's guide (5 p.)

HV5822.S68 S74 2004

Still Black: A Portrait of Black Transmen.

Blackstarmedia, c2008

A documentary that explores the lives of six Black transgender men living in the United States through the intimate stories of their lives as artists, students, husbands, fathers, lawyers, and teachers.

1 videodisc (79 min.)

HQ77.95.U6 S75 2008

The Stimulating World of Psychology.

Cerebellum Corporation, 1996

Easily understood presentation of psychology with many examples and answers.

Video Cassette (2 hrs.)

BF131 .S75 1996

Stimulus Response in Animals.

Films for the Humanities (1997)

Shows the ways in which animals respond to stimuli using the five steps of Stimulus Response taught in core psychology curriculums. Shows automatic and learned responses.

Video Cassette (34 min.)

QL 751 S77

Stolen ground.

StirFry Seminars & Consulting, 2008

A human face is put on the lingering effects of racism and a rare view of Asian-American men directly and openly addressing racism's impacts is given when 6 Asian-American men meet over dinner and share their experiences and perspectives of racism and what it has taken from their generation. During dinner, and in their reflections afterward, a seldom- seen portrait of the so-called "model minority's" pain, anger, and anguish is revealed.

1 videodisc (44 min.)

HT1521 .S716 2008

Stories of Change.

Future Educational Films ; Harriman, NY
New Day Films [distributor], (1991)

"Video profiles four ethnically diverse women - Hispanic, Caucasian, Vietnamese and African-American - who surmount the trauma of deep personal loss and emerge with confidence, strength, and a renewed sense of purpose. These portraits explore the issues of alcoholism, drug abuse, domestic violence, death and grieving, as well as problems faced by refugees.

Video Cassette (58 min.)

BF637.L53 S76 1991

The Story of Carl Gustav Jung.

Films Inc. (1972)

In Search of the Soul - A look at Zurich's Burgholzi Mental Hospital, his relationship with Freud, and the Red book in which Jung recorded some of his most intimate thoughts.

67,000 Dreams - Shows Jung's work as a psychiatrist and his travels.

The Mystery that Heals - Reveals Jung in old age and his attitude toward Christianity and death. Includes interviews with Anida Joffe, his secretary and editor of his autobiography.

3 Videos (30 min. each)
BF 109 J8 pt. 1-3

Straight From the Heart.

Presents accounts of parents' struggles with homophobia upon learning that their child is lesbian or gay. A journey through the misinformation to a new understanding of the children they love.

Video Cassette (24 min.)
HQ 76.25 S77

Strategic Approaches to Marital Therapy.

Family Therapy Program (198?)

Professor James Coyne follows a conceptualization of the MRI model to counsel a couple in their 20's having marital issues and individual symptoms.

Video Cassette (1 hr. 12 min.)
HQ 10 S78

Strategic Therapy.

Allyn & Bacon (1998)

..."Dr. Coyne shows how strategic interventions can be used to break up patterns in couple and family interactions. He helps clients realize the importance of taking responsibility"—Container.

1 videocassette (120 min.)
RC489.S76 S77 1998

(Beyond Killing us Softly) The Strength to Resist : The Impact of Media Images on Women and Girls.

Cambridge Documentary Films (2001)

A documentary about the fight against the toxic and degrading messages to women and girls that dominate the media. The film presents leading authorities in the fields of psychology of women and girls, eating disorders, gender studies, violence against women, and media literacy -- and focuses their ideas on practical solutions and the best tactics for reclaiming our culture.

1 videodisc (34 min) + 1 guide (101 leaves)

HF5827.85 .B482 2001

Stress: Keeping Your Cool.

Films for the Humanities (1995)

Looks at the impact that stress has on our society and describes positive and negative stress, stress control, and ways to simplify a hectic lifestyle. Explores the relationship between stress levels and health and the growing recognition in medical circles that physical ailments are linked to mental and emotional stress and anxieties.

Video Cassette (20 min.)
BF 575 S75 S75

Stress: Portrait of a Killer .

National Geographic 2008

A Stanford University neurobiologist has been advancing our understanding of stress - how it impacts our bodies and how our social standing can make us more or less susceptible. Research reveals that the impact of stress can be found deep within us, shrinking our brains, adding fat to our bellies, even unraveling our chromosomes. Yet understanding how stress works can help us figure out a ways to combat it and how to live a life free of the tyranny of this contemporary plague.

1 videodisc (52 min.)
RC455.4.S87 S778 2008

Stress Management.

Nuclear Support Services, Inc. (198?)

Index (no script or cassette)
126 Slides
BF 575 S75 S8

Stress Management for Professionals: Staying Balanced Under Pressure.

CareerTrack (1993)
 Vol. 1: Feel Better. Be Your Best.
 Vol. 2: Living a Less-Stress Life.
 Vol. 3: Choose to Change. Begin to Relax.
 3 Video Cassettes
 Workbook (38 p.)
 BF 575 S75 S7686

Stress Reduction: Personal Energy Management.

Affective House (1980)
 12 Presentations
 6 Cassettes
 BF 575 S75 G67

Stress Relief: Healing With Dr. Russ Greenfield.

Aquarius Health Care Media, (2006)
 Russ Greenfield "explains what generates stress, how stress affects our families, and how to take positive steps to prevent and deal with stress. Stress relief includes 23 chapters with recognized experts. Included are chapters on yoga, tai chi, meditation and cooking for better living"—Container.

1 videodisc (80 min.)
 BF575.S75 S77375 2006

Stress Seminar.

Relaxation procedures.
 Cassette
 RA 785 R36

Structural Family Therapy.

Golden Triad Films (1987)
 Presents the major concepts associated with structural family theory. Includes a simulated family interview and an evaluation of the technique.

Video Cassette (57 min.)
 RC 488.5 S778

Structural Family Therapy.

Insight Media, [2004?]
 Presents the major concepts associated with structural family therapy theory, followed by a simulated structural family therapy session, and an evaluation of the session.

1 videodisc (57 min.) + 1 study guide (23 p.)
 RC488.5 .S778 2004

Structural Therapy with a Black Family.

Golden Triad Films (1990)
 Video Cassette (1 hr.)
 Study Guide (22 p.)
 RC 488.5 H637

Structural Therapy with an Anglo Hispanic Family.

Golden Triad Films (1990)
 Video Cassette (59 min.)
 Study Guide (22 p.)
 RC 488.5 T57

Struggle for Identity: Issues in Transracial Adoption.

Filmakers Library
 Teenagers speak about the issues of race, culture and identity in adoptive and foster families.

Video Cassette (20 min.)
 HV 875.64 S77

Substance Abuse: Causes, Consequences and Treatment Choices.

Center for Interdisciplinary Studies

1. The Nature of Addiction (45 min.)
 RC 564 N38
2. Biological Factors (45 min.)
 RC 564 B55
3. Addiction and Society (54 min.)
 RC 564 A27
4. Treatment or Incarceration (40 min.) RC 564 T742
5. Assessment and Treatment Planning (36 min.) RC 564 A853
6. Evaluation, Medical Considerations & Treatment (1 hr.)
 RC 564 D52
7. Contrasting Treatments: The 12 Step Recovery Model vs. Cognitive-Behavioral Therapy (50 min.) RC 564.7 C65
8. The Self-Medication Motive for Alcohol & Drug Abuse and Dual Diagnosis (1 hr.) RC 564 S44
9. Treatment of Addictive Disease: Fundamental Principles (55 min.)
 RC 564 T74
10. Assessment & Referral for Alcohol/Drug Related Traffic Offenders (37 min.) RC 564 A85
11. Alcohol and Drug Problems in Women (45 min.) RC 564 A3
12. Substance Abuse and Mental Disorder: Concurrent Illness (50 min.)
 RC 564 S8282

Suicide Notes.

HBO Project (1992)

Examines the suicides of five men and the attempted suicide of another. Searches for clues to their self-destructive behavior in the notes they left behind and the observations of family, friends, and associates.

Video Cassette (1 hr.)

Guide (11 p.)

HV 6545 S843

Super High Me.

Screen Media Films, c2008

Determined to find out the true effects of marijuana on the human body, stand-up comedian and former Stoner of the Year Doug Benson documents his experience avoiding pot for 30 days and then consuming massive amounts of the drug for 30 days.

1 videodisc (90 min.)

HV5822.M3 S87 2008

Synergistic Consciousness.

Big Sur (1970)

Observations of Ritual of Bushmen of Kalahari Desert (Botswana). Trance dance leads to state of trance in which healing power is experienced and shared. Sound excerpts from the dance are included.

2 Cassettes (2 hrs.)

BF 1321 K3

Taking Care of Me: Character.

Films for the Humanities & Sciences, (2004)

Explores the many influences and experiences that shape a teenager's emotional health, as well as tools for managing stress and maintaining a positive self-image.

1 videocassette (26 min.)

BF724 .T33 2004

Talking Cure: Case Studies in Psychotherapy.

Films for the Humanities & Sciences (2003)

Psychotherapy has often been called the "talking cure." Actual therapy sessions with patients at England's renowned Tavistock Clinic have been filmed.

[pt. 1.] Jan : facing the feeling of guilt.

[pt. 2.] Juliette : coping with physical illness.

[pt. 3.] Mr. Brind : managing stress in the workplace.

[pt. 4.] Conor : deciphering antisocial behavior.

[pt. 5.] Ben and Damien : observing child development.

[pt. 6.] Mr. and Mrs. Green : when grief gives way to healing.

R480 .T34 2003 pts. 1-6

Tantric Chanting, Poetry and Hypnosis.

Big Sur (1969)

2 Cassettes (3 hrs.)

BF 1128 A2

Techniques for Deep Relaxation.

Biomonitoring Applications (1975?)

Training in self relaxation, both progressive and autogenic.

Cassette (1 hr.)

RA 785 R36

Techniques of Play Therapy: A Clinical Demonstration.

Guilford Pub. (1994)

Presents segments of play therapy sessions with five different children between 4 and 12 years of age. Different play therapy techniques are demonstrated.

Video Cassette (50 min.)

Guide (18 p.)

RJ 505 P6 T43

Teen and Child Depression.

Films for the Humanities (1991)

Describes common symptoms of depression and examines possible causes of bipolar depression. Presents evidence for the biological causes of depression and discusses the role of environmental factors, like abuse, in activating depression.

Video Cassette (19 min.)

RJ 506 D4 T44

Teen Sex.

Films for the Humanities & Sciences
(2004)

This program seeks to understand how and why teens are rewriting the book on sexual mores. Adolescents ages 13 to 19 share their intimate views and concerns as they talk about peer pressure, double standards, the influence of the media, having intercourse, whether oral sex is sex, STDs, birth control, pregnancy, and whether they and their families are emotionally prepared to deal with all of this. Interviews with parents are included as well, and commentary by Tamara Kreinin, president and CEO of the Sexuality Information and Education Council of the United States; Sarah Brown, executive director of the National Campaign to Prevent Teen Pregnancy; Michael Basso, author of *The Underground Guide to Teenage Sexuality*; Seventeen editor-in-chief Atoosa Rubenstein; Leslee Unruh, president of the National Abstinence Clearinghouse; and adolescent medicine specialist Gale Burstein, M.D., M.P.H., is featured. Onscreen statistics from the Kaiser Family Foundation emphasize important trends. Contains mature themes and explicit language and imagery.

1 videodisc (45 min.)
HQ27 .T45 2004

Teenage Depression and Suicide.

Schlessinger Video (1990)

Examines the causes of teenage depression and suicide and the role drugs play in the emotional upheavals of young people.

Video Cassette (28 min.)
HV 6546 T43

Teenage Depression & Suicide.

Schlessinger Media (2004)

Discusses the causes, symptoms and treatments available for teenagers suffering from depression.

1 videodisc (23 min.) + 1 teacher's
guide (5 p.)
RJ506.D4 T46 2004

Teenage Mind and Body.

Insight Media (1992)

Focuses on cognitive and physical development in adolescence. Probes the differences between teenagers' abilities and parents' expectations.

Video Cassette
HQ 796 T42

The Teenage Mind is a Beautiful Mind.

American Counseling Association (2002)

Demonstration of a counseling session done by William Glasser with his wife playing the mother of a teenager. Demonstrates choice theory, which is part of reality therapy. Includes question and answer session that includes called-in questions.

1 Video Cassette (102 min.)
RC489.R37 T43 2002

Teenage Suicide.

Films for the Humanities (1987)

Explores some of the reasons why teens commit suicide and some of the behavior patterns which should alert friends.

Video Cassette (19 min.)
HV 6546 T45

Teens at Risk. Addiction & Depression.

TMW Media Group (2005)

"Many depressed people, especially teenager, also have problems with alcohol or other drugs. Sometimes the depression comes first and people try using drugs as a way to escape. Other times, the alcohol or other drug use come first and depression is caused by the drug itself, the withdrawal from it or the problems that substance abuse causes. obviously, in the long run drug or alcohol use just makes things worse. Although it is often difficult to distinguish which came first, the important point is that if someone has one or both of these problems, the sooner they get help the better, as doing nothing is a recipe for bigger trouble, like serious addiction of failing in school or in life. Teens at risk, teaches how to be honest about both issues - showing how depressed teens can deal effectively with their illness without substance abuse and how to communicate with people who can help them get into treatment - proven to be the only way to really get better and stay better"—Container.

1 videodisc (23 min.)

RJ506.D78 T44 2005

Teens Hooked on Porn.

Films for the Humanities & Sciences (2007)

The Internet has radically escalated exposure to pornography, to the point at which many adolescents are addicted. Presents three teenage boys, tied together by issues of anger, aggression, and inhibition, and raises questions about the role of parents.

1 videodisc (57 min.)

HQ471 .T44 2007

The Ten Reasons Why Parents Abuse.

Aquarius Health Care Videos (2002)

Uses actor reenactments, an account of child abuse by an adult survivor, and comments from researchers, social scientists, and Congressman Jim McDermott to help viewers understand why parents abuse children. Covers factors that may lead to abusive behavior such as lack of parenting skills, learned behaviors, drug and alcohol abuse, unmet emotional needs, external stressors, and unrealistic expectations.

1 Video Cassette (24 min.)

HV6626.5 .T45 2002

Terrorism: Instrument of Fear.

Lucerne Media, (2001?)

Questions raised about terrorism by a panel of high school students are answered by a clinical psychologist, an Islamic cleric, and a terrorism expert. Includes historical background for the events leading up to and including the September 11, 2001 attack on the World Trade Center and Pentagon.

1 Video Cassette (20 min.)

HV6432 .T4485 2001

Terry Kellogg Co-Dependency Series.

Broken Toys

Co-Dependency

Compulsive, Addictive, and Self-Destructive Behaviors

Family Roles

Feelings

Intimacy in Recovering

Relationships

My Mother, My Father, My Self

Sexuality & Spirituality in Recovery

Shame and Recovery

Victimization

See summaries under subtitles.

Theories at Work.

NLN Video/Insight Media (1989)

Nurses who are involved in changing nursing theory are interviewed. Several new approaches to nursing are introduced.

Video Cassette (,45 min.)

RT 84.5 T34 12.

Therapeutic Child-Rearing.

Glendon Asso. (1987)

An interview with Dr. Robert Firestone that is a summation of his approach to parent-child relationships.

Video Cassette (47 min.)

HQ 769 T44

They Hit Me.

Films for the Humanities & Sciences

Discusses the work of a Los Angeles County emergency social worker as she attempts to establish whether children have been abused. Also presents the case of a two-year-old, allegedly beaten to death by his father's girlfriend.

Video Cassette (43 min.)

HV715 .T44 2000

The Thinking Person's Guide to Stress Management.

Pattern Research (1996)

Cassette

RA 785 W33

Thirst.

Microcinema, (2003)

In this short Canadian documentary, "Tammy Ballaban wants to leave her mark, to be remembered, to stay safe. So she stops eating"—Container

1 videodisc

RC552.A5 T485 2003

Three Approaches to Couples Therapy.

The Association (1993)

Tape 1: Solution Focused Brief Therapy, (2 hr.)

Tape 2: Narrative Therapy Using a Reflecting Team. (1 hr. 54 min.)

Tape 3: Inter-Generational Gender-Focused Therapy, (2 hr. 31 min.)

3 Video Cassettes

RC 488.5 T52

Three Approaches to Psychotherapy. III.

Psychological & Educational Films, [2000?]

Analyses and demonstrates three techniques of psychotherapy as practiced by Dr. Hans Strupp, Dr. Donald Meichenbaum and Dr. Aaron Beck each interviewing the same client, Richard, to demonstrate their differing and similar perspectives.

pt. 1. Hans Strupp (46 min.)

pt. 2. Donald Meichenbaum (47 min.)

pt. 3 Aaron Beck (46 min.)

3 videodiscs (139 min.)

RC480 .T473 2000

Three Levels of Power and How to Use Them.

Aquarius Productions (1997)

Discusses how the three levels of power (external, internal, and symbolic) and the seven energy centers in the body relate to one another and the role that honor, faith, and forgiveness play in the transformation from illness to health.

Video Cassette (1 hr 10 min.)

R 726.5 T486

Tim: His Sensory-Motor Development.

University of California Media Center (1974)

Shows the pattern of growth of an infant in a study based on the work of Piaget. Examines new evidence that the origins of intelligence develop in the sensory-motor period, the time from birth to about two years of age.

Video Cassette (31 min.)

BF 723 I6 T54

**Time-Limited Dynamic Psychotherapy:
Making Every Session Count.**

Psychotherapy.net, c2006

"Dr. Hanna Levenson, a leading proponent of Time-Limited Dynamic Psychotherapy (TLDP), takes the viewer through the highlights of a 20 session course of therapy with a depressed, passive, and somatizing 74 year-old man. She illustrates how to develop and maintain a focus of treatment, intervene, and terminate in a time-effective manner. With helpful voiceovers, she shares her perceptions and insights as the case is unfolding, explaining the rationale for her interventions. She demonstrates how TLDP integrates psychodynamic, interpersonal, cognitive-behavioral, and system approaches, and is especially useful for patients with chronic and pervasive interpersonal difficulties"—Container.

1 videodisc (75 min.) + 1 booklet
(56 p.)

RC480.55 .T55 2006 + 1 booklet

To a Safer Place.

AIMS (198?)

As a child, Shirley Turcotte was sexually abused by her father. Now an adult with a family of her own, she returns to the home of her youth to confront the nightmare of incest and to come to terms with her forever troubling past.

Video Cassette (58 min.)

Guide (13 p.)

HQ 72 U53 T62

Token Economy: Behaviorism Applied.

CRM Films

Develops B.F. Skinner's theories of behaviorism and demonstrates their applications in an educational environment. Skinner's ideas are used in a regular classroom and in a school designed to educate young people who exhibit antisocial behavior.

Video Cassette (23 min.)

Guide (4 p.)

RC 489 B4 T63

Tough Times/Resilient Kids.

Insight Media (2003)

A documentary based in the work of Drs. Robert Brooks and Sam Goldstein "follows the lives of American families in an effort to discover the sources of problems facing today's youth"—Container.

1 videodisc (59 min.)

HQ769 .T68 2003

Tranquilizers & Other Depressants.

Schlessinger Media (2004)

Discusses drugs such as barbiturates, benzodiazepines and other substances such as "date rape drugs." Animations show the effects these substances have on the chemistry of the brain and the body.

1 videodisc (23 min.) + 1 teacher's
guide (5 p.)

HV5822.B3 T73 2004

**Treating Phobias: Behavioral Therapy,
Hypnosis, Flooding, and SSRIs.**

Films for the Humanities & Sciences
(2001)

Uses case studies to to explore phobias classified by the DSM-IV as Animal Type. Filmed at facilities including the Salt Lake City Institute of Behavior Disorders and Susan Swedo's clinic at the National Institutes of Health, patients undergo treatments involving cognitive behavioral therapy, hypnotherapy, flooding, and a new generation of selective serotonin re-uptake inhibitors.

Video Cassette (50 min.)

RC535 .T73 2001

**Treating Phobias: Desensitization, Virtual
Reality Exposure Therapy.**

Films for the Humanities & Sciences
(2001)

Discusses the treatment of phobias described by the DSM-IV as Situational Type and Natural Environmental Type. Profiles applications of virtual reality, by Emory University's Barbara Rothbaum, and eye movement desensitization and reprocessing, by clinical psychologist Carl Nickeson. The research of Jeffrey Gray, of the Institute of Psychiatry (London), into blood flow in the brain during moments of stress, panic, and terror is also examined.

Video Cassette (50 min.)

RC535 .T732 2001

Triggers and Cravings.

Hazelden Publishing and Educational Services, c2005

Using the brain model, Sam Minsky describes how triggers for using and cravings affect addicts and how to deal with them.

1 videodisc (ca. 56 min.)
RC564 .T75 2005

The Trouble With Evan.

Filmakers Library (1994)

At age four, Evan exhibited serious behavior problems. At eleven his parents and teachers can not control him and fears he is on a criminal path. With the family's permission, cameras were placed in Evan's home to record three months of family conflict.

Video Cassette (1 hr. 30 min.)
RC 488.5 T76

Tuesdays With Morrie.

Touchstone Home Video (2000)

Tells the story of an old man, Brandeis University professor of sociology, Morrie Schwartz, who is dying from ALS. He tells a former student, Mitch Albom, about dying, living and what's important in life.

1 videocassette (89 min.)
LD571.B418 S3832 2000

Twitch and Shout.

New Day Films (1994)

Tourette syndrome is a genetic neurological disorder which causes tics, involuntary movements, noises and thoughts, and uncontrollable swearing and obsessive-compulsive behavior. This documentary presents a series of interviews with adults who have been diagnosed with Tourette syndrome but who are now able to participate in normal living experiences.

1 Video Cassette (59 min.)
RC375 .T85 1994

Unbalancing a Couple.

Triangle Productions (1998)

Presents the idea that couples follow rules of relationships which organize the ways they act with each other. Jay Haley demonstrates a practical model for brief therapy that formulates problems so that they are solvable.

1 videodisc (30 min.)
RC480.55 .U53 1998

Understanding Addiction.

Films for the Humanities (1995)

Explains current research into why people become addicted, what puts them at risk, and what the best treatments may be. Profiles an alcoholic who has gone through the recovery process.

Video Cassette (23 min.)
RC 564 U53

Understanding and Preventing Suicide.

Glendon Association, c2008

This program describes the risk factors for suicide and how to get an individual to the professional help they need. The film highlights the lives of three individuals who made serious suicide attempts and lived.

1 videodisc (28 min.)
RC569 .U535 2008

Understanding Group Psychotherapy.

Brooks/Cole Publishing (1990)

Irvin D. Yalom shares his insights into the training of group therapists, the healing factors in group work, death anxiety, and his work in bereavement.

I. Outpatients -- 2 tapes, 50 min. ea.
II. Inpatients -- 2 tapes, 50 min. ea.
III. Yalom...An Interview -- 40 min.
5 Video Cassettes
RC 488 U55

Understanding Group Psychotherapy.

Psychotherapy.net, 2006

Volume 1: Dr. Yalom brings the group from content to process, establishes group norms, establishes a supportive group environment, and builds trust among group members. Between sessions, he comments on the situations depicted and the techniques used. The patients are actors but the situation and dialog are drawn from Dr. Yalom's experience with real patients.

Volume 2: Dr. Yalom demonstrates his here and now approach in a therapy group in an acute inpatient psychiatric ward of a general hospital. He helps patients break through their isolation and avoid practices that might lead to the failure of the group session. The patients are actors but the situations and dialog are drawn from Dr. Yalom's experience with real patients. With commentary by Dr. Yalom.

Volume 3: Dr. Yalom discusses group and existential psychotherapy, his work on bereavement, and early influences on his professional life.

v.1. Outpatients

v.2. Inpatients

v.3. An interview

5 videodiscs (260 min.) + 2 instructor manuals

RC488 .U55 2006

Understanding Psychological Trauma.

Baxley Media Group (1990)

Designed to help those who work with survivors of trauma understand the consequences of psychological trauma and the manner in which skilled intervention can aid the process of healing and recovery. Highlights the themes and issues which are universal to an understanding of the human response to trauma.

Pt. 1: Learning From Survivors (29 min.)

Pt. 2: Healing and Recovery (32 min.)

2 Video Cassettes

Booklet (20 p.)

RC 552 P67 U53

Understanding Schizophrenia.

Films for the Humanities (1995)

Explains the latest research on the disease and explores what we know about it. Profiles an individual with schizophrenia and explains how the disease has affected his life, his family, and how they cope with it.

Video Cassette (20 min.)

RC 514 U53

Understanding Schizophrenia.

Films for the Humanities & Sciences, [2004]

Explains the latest research on the disease, speaking with leading medical researchers to explore what is and is not known about schizophrenia. Profiles an individual with schizophrenia and explains how the disease has affected his life and his family's and how they are coping with it.

1 videodisc (21 min.)

RC514 .U53 2004

Understanding Violence.

Cambridge Educational (2002)

Defines the types of violence affecting teenagers. Teens from a variety of cultural and ethnic backgrounds tell how violence has impacted and reshaped their lives. Includes commentary from experts who explain the roots of violent behavior and tell how to detect warning signs. Topics include bullying, gangs, sexual assault, and hate crimes.

1 videodisc (29 min.) + 1 guide (1 sheet)

HQ799.2.V56 U53 2002

Unlocking Language.

Films for the Humanities & Sciences (1999)

A diverse group of experts-an evolutionary linguist, a neurologist, a geneticist, a neuropsychologist, a developmental cognitive neuroscientist, and an Oxford professor of communication-discuss the birth, development, and transmission of the mysterious phenomenon called language.

Video Cassette (29 min)

P 116 U55

Unlocking Language.

Films for the Humanities & Sciences,
[2005]

"A diverse group of experts--an evolutionary linguist, a neurologist, a geneticist, a neuropsychologist, a developmental cognitive neuroscientist, and an Oxford professor of communication-- discuss the birth, development, and transmission of language. Topics explored include language as an innately guided behavior in unborn babies, infants, and toddlers; the parts of the brain involved in language; the relationship between genes and language disorders; and the isolation of the Speech 1 gene"—Container.

1 videodisc (29 min.)
P116 .U55 2005

Untangling the Mind: The Legacy of Dr. Heinz Lehmann.

Filmakers Library, c1999

"This documentary shows the transformation that has occurred in psychiatric care through the work of Dr. Heinz Lehmann, who fled Nazi Germany to Montreal in 1937. His greatest legacy came with a single pill, Largactil, the first anti-psychotic drug used in North America"—Container.

1 videodisc (ca. 55 min.)
RC438.6.L43 .U58 1999

The Up Series

First Run Features, [2007]

In 1964 Michael Apted interviewed a group of seven year old children from diverse backgrounds from all over England, asking them about their lives and their dreams for the future. Every seven years, Apted has been back to talk to the same subjects.

6 videodiscs (710 min.)
BF712 .U6 2007

Uppers, Downers, All Arounders.

Cinemed (1984)

Pt. 1 - The Effects. Examines how and why the physical and emotional centers of the brain are affected by psychoactive drugs. Gives a general classification of the drugs and examines the various levels of drug seeking behavior.

Pt. 2 - The Drugs. Identifies the most commonly used psychoactive drugs, classifies them by effect, and shows how they are absorbed and metabolized.

2 Video Cassettes (30 min. ea.)
RM 315 U66 pt. 1-2

Urban Survival.

Films for the Humanities &
Sciences (2007)

In this program, psychologist John Marsden dissects the behavior of city dwellers, analyzing why some people are capable of living in large cities and some people are not. Urban etiquette, urban anonymity, sensory overload, and the dangers of urban life are discussed.

1 videodisc (57 min.)
HT151 .U683 2007

Violence Against Women: Breaking the Silence.

Films for the Humanities (1997)

Stories of hope for women who are in violent relationships. Provides information on how to leave an abusive partner.

Video Cassette (46 min.)
HV 6626.2 V54

Violet Oaklander Therapy Sessions.

Max Sound (1994)

1. A Boy & His Anger: A Therapy Session. RJ 504 B68
 2. A Sand Tray Session with a Child: A Gestalt Approach. RJ 504 B682
 3. The Therapy Process in Action: A Session with Carlos. RJ 504 T44
- 3 Video Cassettes
3 Pamphlets

Vito After.

Dreamslate Production, c2006

Explore the life of a dedicated Brooklyn homicide detective, Vito Friscia, who helped others on September 11th, spent months going through the toxic rubble, looking for signs of those who perished, and how he copes with the tragedy in his everyday life.

1 videodisc (49 min.)

HV6432.7 .V58 2006

Voices.

Colorado State University(1991)

Discusses how people develop self images and beliefs about others, and how they can learn to relate to people of other cultures.

1 videocassette (35 min.)

BF697.5.S43 V65 1991

Wasted Youth.

Security on Campus, c2000

Interviews with parents who have lost a child, and young adults whose lives have been irrevocably damaged, as a result of binge drinking. A rape crisis counselor and a physician are also featured. Includes statistics demonstrating the pervasive problem of alcohol abuse among American youth on college and university campuses.

1 videodisc (17 min.)

HV5135 .W37 2000

We Don't Live Under Normal Conditions.

Fanlight Productions, (2000)

Six people discuss complex issues about how society is handling depression, despair and suicidal behavior.

1 Video Cassette (60 min.)

RC537 .W3 2000

We Have Ways of Making You Talk.

Films for the Humanities & Sciences, c2005

The program examines "the use of torture over the past half-century. It describes its horrific application in military and political settings and explores its profound human cost. Featuring interviews with confessed practitioners of the gruesome craft, the program exposes interrogation methods developed and carried out by French army officers against Algerian independence fighters, by British police against the IRA, by American troops against the Viet Cong, and other shocking occurrences in South America and South Africa. The employment of physical and psychological abuse as a weapon against guerilla and opposition groups parallels current dilemmas in Iraq and at Guantanamo Bay"—Container.

1 videodisc (53 min.)

HV8593 .W4 2005

We Live in Public.

Indiepix Films, c2010

Reveals the complicated effects the web is having on our society as seen through the eyes of artist, futurist, and visionary, Josh Harris. Director Ondi Timoner documented more than a decade of Harris' increasingly tumultuous life and experiments, including one that involved living under 24-hour electronic surveillance, which led to his mental collapse.

1 videodisc (89 min.)

BF637.P74 W4 2010

Weight Loss and Control.

American Psychological Association, (2003)

Dr. Ann Mary Kearney-Cooke discusses specific methods for weight management. Includes a therapy session with a real client, demonstrating how to apply behavioral health principles. Ends with a question-and-answer exchange between the host and psychotherapist, reviewing the session and explaining how the theories were put into practice in the session.

1 videocassette (115 min.)

RC552.O25 W44 2003

The Weight of Obesity.

Fanlight Productions (2005)

Obesity is second only to smoking as the leading cause of preventable deaths in the United States. Minority and low-income communities have been the hardest hit. Ironically, in the midst of this epidemic, American families are chronically undernourished. This documentary that communicates the serious consequences of obesity, while also offering strategies for change.

1 videodisc (ca. 57 min.)
RJ399.C6 W45 2005

Western Eyes.

First Run/Icarus Films, (2000)

Examines the search for beauty and self-acceptance through the experiences of a young Filipino and Korean woman living in Canada who both believe their appearance, specifically their eyes, affect the way they are perceived. Both feel unsettled in Western society and are contemplating cosmetic surgery on their eyes. Layering interviews with references to super models and other pop-culture icons of beauty, the filmmaker captures the pain that almost always lies behind the desire for plastic surgery

1 videocassette (40 min.)
RD119.5.E94 W47 2000

What Can We Do About Violence? Part Four.

Films for the Humanities (1995)

Documents how domestic abuse within the family affects children, and looks at programs such as The Kids Club at the University of Michigan where troubled children and families are getting help; Sobriety High, a special school in Edina, Minnesota that works to reduce alcohol and drug abuse and lower the incidence of violent crimes; and Landmark High School in New York, a successful experimental effort which promotes small classes, strict enforcement of rules, and parental involvement.

Video Cassette (56 min.)
HQ784.V55 W43

What Do I Tell My Children?

Lifecycle Productions (1989)

Summary in Social Services section.
Video Cassette (30 min.)
BF 72.3 D3 W43

What Makes Us Tick?

Films for the Humanities (1991)

Summary in Biology section.
Video Cassette (24 min.)
BF 698 W45

When Helping Hurts: Preventing & Treating Compassion Fatigue.

Gift from Within (2006)

Outlines the symptoms of compassion fatigue and what organizations and supervisors can do to prevent or reduce its effects on trauma workers. Noted therapists discuss ways of recognizing this condition in yourself and others - plus the means of treatment and prevention.

1 videodisc (17 min.)
RC552.P67 W46 2006

When the Bough Breaks.

WGBH (1995)

Explores the bond between parents and children and the implications for children's behavior later in life if that attachment is hampered. Mother-infant interactions in the home with "problem infants" and therapy sessions that take place at the Hincks Institute.

Video Cassette (57 min.)
BF 720 M68 W43

When the Fire Dims.

New Day Films

Examines the complex relationship colonization, cultural alienation and alcoholism play in one man's life.

Video Cassette (17 min.)
HV5045 .W44 1998

When Women Go Through Menopause, Where Do Men Go?: The Other Side of the Moon.

Fanlight Productions (1996)

Men "talk back" about how menopause affects them, and air concerns about their own aging: sexuality, retirement, empty nest syndrome--and why some men find the discussion so embarrassing. Man-on-the-street interviewer Mal Sharpe asks a host of men and health professionals to explore the effects of menopause and aging on all of us.

1 Video Cassette (56 min.)
HQ28 .W45 1996

Whose Life is it Anyway?

Entertainment Co (1982)

Raises the question of a person's right to death with a story about a sculptor who is paralyzed in an automobile accident and who wishes to be permitted to die rather than be kept alive by mechanical means while his doctor maintains it is his professional duty to maintain life.

1 videocassette (119 min.)
PR6053.L292 W42 1982

Why Am I here?

New York University (2002)

"Why I am here?" features two 20-minute vignettes in which social work students interview reluctant clients and then debrief with a supervisor. Based on actual process recordings of student sessions, the vignettes realistically portray the experience of social work interns working with new clients who resist their interventions"—Container.

1 videocassette (44 min.) Instructor's guide online

HV11 .W53 2002

Why is Everyone so Cranky?

HUMOR Project, [2005]

On label: 20th Annual International Conference on "The Positive Power of Humor & Creativity" / sponsored by The HUMOR Project, Inc.

1 videocassette (70 min.)
BF575.L3 W48 2005

Why People Don't Heal and How They Can.

Aquarius Prod.

Dr. Caroline Myss reveals how your thoughts and feelings are recorded in all your cells and how this determines your emotional, spiritual and psychological well being. She explains the cultural blocks to healing and the Five Steps to Healing.

Video Cassette (1 hr. 15 min.)
R 726.5 W48

Why Riots Happen.

Films for the Humanities & Sciences (2002)

Discusses the psychology and causes of riots and offers insights into the mindset of violent crowds. Focuses on the Rodney King riots in Los Angeles in 1992 but also discusses riots around the world.

1 videodisc (51 min.)
HV6084 .W48 2002

Will Marriage Survive?

Films for the Humanities & Sciences, c2001

"Topping a million a year, the number of divorces in the United States has tripled since 1960, and one in three babies in America today is being born to single parents. A growing body of evidence suggests that these trends are threatening the very fabric of society. Is it too late to infuse new life into a time-honored relationship? This program spotlights the efforts of those committed to saving and promoting the institution of marriage"—Container

1 videodisc (30 min.)
HQ536 .W55 2001

Women and Alcoholism.

Films for the Humanities & Sciences (2004)

Through interviews and the advice of medical experts the video details the special risks alcohol creates for women, what help is needed and where to go when it is.

1 videodisc (28 min.)
HV5137 .W58 2004

Women and Anger.

MVP (1989)

Discusses how women can transform ineffective expressions of anger into a clearer definition of the self and a more solid connectedness with others.

Cassette
BF 575 A5 L47

Women in Mid-Life Crisis.

National Public Radio (1981)

Women in their mid-forties explore their feelings about themselves and their future.

Cassette (29 min.)
HQ 1061 W65

Working with African American Clients.

American Psychological Association
(2005)

This video presents Dr. Thomas A. Parham, Assistant Vice Chancellor for Counseling and Health Services at the University of California, Irvine. He is a licensed psychotherapist. His areas of professional interest include African American identity development and multicultural counseling. This video is designed for clinical training and continuing education for psychology students and practitioners. The video includes the use of specific treatments with African Americans, a discussion between the host and the therapist, an actual therapy session with a real client, and a question and answer exchange.

1 videodisc (ca. 100 min.)
RC451.5.N4 W67 2005

Working with Difficult People.

Dible Learning Systems, Inc. (1986)

Summary in Business section.
6 Cassettes
Workbook (42 p.)
HF 5549.5 D53 S38

Working with Hostile and Resistant Teens.

Attainment Co. (1993)

Consists of role play with teens at risk. Provides analysis of each role play.
2 Video Cassettes (45 min. each)
2 Booklets (24 p.)
HV 1431 W67

Working With Stepfamilies.

American Psychological Association
(2004)

James M. Bray discusses working with stepfamilies with the host. Includes an actual therapy session and a question-and-answer exchange about the session.

1 videocassette
RC488.5 .W677 2004

The World of Abnormal Psychology.

Annenberg/CPB Collection (1992)

Therapists, physicians, and researchers weave their commentary on casual factors, treatments and prognoses around patients' stories.

1. Looking at Abnormal Behavior
BF 698.4 L66
 2. The Nature of Stress
BF 575 S75 N37
 3. The Anxiety Disorders
BF 575 A6 A584
 4. Psychological Factors & Physical Illness R 726.5 P78
 5. Personality Disorders
RC 554 P45
 6. Substance Abuse Disorders
RC 564 S8367
 7. Sexual Disorders
RC 556 S48
 8. Mood Disorders
RC 537 M66
 9. The Schizophrenias
RC 514 S3368
 10. Organic Mental Disorders
RC 386 O74
 11. Behavior Disorders of Childhood
RJ 506 B44 B43
 12. Psychotherapies
RC 480 P787
 13. An Ounce of Prevention
RA 790 O85
- 13 Video Cassettes (60 min each)

The World Within: C.G. Jung in His Own Words.

King Video (1990)

Jung talks at length about his work on dreams, memory, archetypal figures and the importance of ritual and fantasy. Followed by Laurens van der Post discussing Jung.

Video Cassette (1 hr. 20 min.)
BF 173 J85 W67

Young Dr. Freud.

IFEX Intr. Video

An introduction to and companion for the study of Freud's work. The film is historically accurate, fully documented and largely reliant on the writings of Freud and his associates.

Video Cassette (1 hr. 39 min.)

BF 109 F85 Y68

Young Dr. Freud.

PBS Video (2002)

Retraces the early life of Sigmund Freud, from his birth in 1856 to the publication of his landmark book, *The Interpretation of Dreams*, in 1900. Examines how Freud created the revolutionary theories that have become part of the fabric of 20th century life.

1. Struggling with the demons

2. Opening the eyes

1 Video Cassette (110 min.)

BF109.F74 Y68 2002

Youth Crises: Planning the Response to Hostage Taking, Shootings & Suicides.

Agency for Instructional Technology (1997)

The videocassette contains a series of segments, each presenting a simulation of a man-made crisis likely to occur in a school setting. The booklet contains model guideline, checklists, and information sheets for crisis intervention and follow up and the facilitator's guide supports a video-based workshop for school administrators and other professionals.

Video Cassette (37 min.)

Guide (86 p.)

Booklet (44 p.)

LB3013.32 .Y68 1997

Youth Crises II: Play it Safe--Plan for Crises.

Agency for Instructional Technology (2001)

Discusses practical ways of dealing with fighting in schools, shootings, bomb threats, bullying, and sexual harassment.

Video Cassette (39min.)

Guide (101 p.)

LB3013.32 .Y682 2001