

UNLV LIBRARY
MEDIA RESOURCES CATALOG
GERONTOLOGY
Summer 2008

Acting Our Age.

Direct Cinema Lmt. (1988)

Looks at women and aging in America. Six women from diverse backgrounds speak about sexuality, being alone, financial difficulties and dealing with death.

Video Cassette (58 min.)

Study Guide

HQ 1206 A27

Ageless America.

Films for the Humanities (1993)

These issues are the subject of this program: caring for the elderly; why women live longer than men; the prospect of aging for a new generation of the middle-aged with fewer children and many more single women; the "sandwich generation" with responsibility for aging parents and young children; and the problems of aging and the ways in which people adapt to the process.

Video Cassette (52 min.)

HQ 1064 U5 A63325

Aging.

McGraw Hill (197?)

Rebuts the common stereotype that old people constitute one homogeneous group. Emphasizes the individuality of the elderly and the variety of needs and satisfactions to be had in older age.

Video Cassette (22 min.)

HV 1451 A44

Aging. Living Body Series.

Films for the Humanities (1985)

Covers the physical process of aging and examines the various body systems to see how and why they change as they age. Also shows that some changes in the aging body can be slowed down or reversed.

Video Cassette (26 min.)

Teacher's Guide (4 p.)

BF 724.55 A35 A33

Aging.

PBS (1988)

From The Mind series. Examines what happens to the brain and mind during the aging process. Questions some stereotypes about the elderly.

Video Cassette (1 hr.)

BF 724.55 A35 A333

Aging: Exploring the Myths.

National Public Radio (1979)

Professional and lay persons explore stereotyping the elderly, their growing political power, how other countries treat their elderly, retirement, family roles, and sex.

Cassette (1 hr.)

HQ 1064 U5 A6333

Aging in America.

National Public Radio (1981).

1. Introduction 2. Income Levels of the Elderly 3. Retirement: The Financial Aspects 4. Retirement: Emotional and Identity Aspects of Retirement 5-6. Nursing Homes 7. Physical Health and Health Care Program 8. Mental Health 9. Sex and Aging 10. Special Circumstances of Older Women 11. Facing Death 12. Media Attitudes Toward Older People 13. Conclusion

13 Cassettes

HQ 1064 U5 A635

Aging in Japan: When Traditional Mechanisms Vanish.

Films for the Humanities (1990)

Provides a record of a society in flux, in which the traditional mechanisms for looking after old people are breaking down. Japanese senior citizens created the economic miracle of modern Japan, only to find that the happy retirement they expected has been replaced by isolation.

Video Cassette (45 min.)

HV 1484 J3 A35

The Aging Process.

Films for the Humanities & Sciences
(1992)

Explains the effects of aging on the human mind and body, explores the "damage" and "cell clock" theories about why cells wear out, and examines the lifestyle habits that affect both longevity and the quality of life; these include exercise, regular checkups for cancer, proper diet, moderate drinking, and no smoking.

Video Cassette (19 min.)
QP86 .A42 1991

Alzheimer's: A Multi-Cultural Perspective.

Terra Nova Films

Focuses on the experiences of four families as they care for an elder with Alzheimer's Disease.

Video Cassette (34 min.)
RC523 .A366 1992

The Alzheimer's Mystery.

Films for the Humanities & Sciences
(2000)

Discusses the century-long effort to understand Alzheimer's disease, the disease's pathology, research toward a cure, and the importance of compassionate health care. Patients in the early stages of Alzheimer's and family members discuss how they cope with the illness.

Video Cassette (48 min.)
RC523 .A45 2000

Alzheimer's 101: The Basics of Caregiving.

PBS (1993)

Introduces fundamental strategies necessary for the successful resolution of problems encountered by professional and family caregivers. Outlines proven methods for coping with behavioral, communication and other caregiving problems. Emphasizes values, attitudes, and skills necessary to enhance patient care.

Video Cassette (1 hr. 25 min.)
Guide
RC 523 A46

Amanda's Choice.

Filmmakers Library (2001)

This film looks at a rare form of Alzheimer's, occurring in a very small percentage of cases: Early Onset Alzheimer's. This is the story of Amanda, who witnesses the decline of her 39 year old mother. There is also a good chance that Amanda will get the disease as well and undergoes a genetic test to conclusively predict her own destiny. "The documentary also explores new treatments and preventive measures which may offer hope for Alzheimer's patients in the future"—Container.

1 videodisc (ca. 54 min.)
RC523 A43 2001

Anatomy of an Illness: Reflections on Healing and Regeneration.

Human Relations Media, Inc. (1981)

Norman Cousins narrates his story of recovery from a very serious illness against great odds. Pt I: Recovery
Pt. II: The Power of Recuperation.

Teacher's Guide (42 p.)
2 Filmstrips
2 Cassettes
RC 924 A63

& Thou Shalt Honor.

Wiland-Bell Productions (2002)

Originally broadcast as a special television program on PBS.

1 videodisc (116 min.)
RA645.35 .A22 2002

Before I Die: Medical Care and Personal Choices.

PBS (1997)

Presents hypothetical scenarios that force panelists to role play in situations where the right choices are not always evident. The scenarios focus on three terminal patients and their families.

Video Cassette (1 hr.)
Guide (14 p.)
R 726.8 B42

The Best Time of My Life: Portraits of Women in Mid-life.

Filmakers Library (1987)

Canadian women from diverse backgrounds share feelings, issues, and experiences as they approach, undergo, or look back on menopause. Describes the changes, transitions, and crises they experienced and how many used this time to explore new pursuits.

1 Video Cassette (55 min.)
HQ1059.5.C2 B47 1987

The Biology of Death.

Films for the Humanities (1992)

Covers the state of current knowledge about the biology of death and its causes, including the normal aging process. Discusses legal and social responses to death.

Video Cassette (29 min.)
QH 530 B56

The Black Elderly.

National Public Radio (1981)

This program includes interviews with three elderly black Americans who are, in some way or another, trying to cope with being a "double-minority", elderly and black.

Cassette (30 min.)
HQ 1064 U5 B42

Can You Afford to Retire?

PBS Home Video (2006)

"The baby boomer generation is headed for a shock as it hits retirement: boomers will be long on life expectancy but short on income. In addition to Social Security, the pillars of retirement income for Americans have been either lifetime corporate pensions or employee-contribution plans such as 401Ks. But both retirement strategies are in trouble. Buffeted by pension cuts, corporate bankruptcies, and the 2001-2002 stock market crash, most boomers now expect to be working into their retirement years"—Container.

1. A new era
2. Inside the story of United's bankruptcy
3. Save yourself -- 4. What's ahead?
1 videodisc (ca. 60 min.)
HG179 .C36 2006

Can't Afford to Grow Old.

Filmakers Library

An analysis of the impact of the aging of America on our strained health care system. Combines human stories with informed testimony by law makers and public policy experts. The debate centers around whether the government or the private sector should pay for long-term care.

Video Cassette (1 hr.)
RA 413.7 A4 C35

Caring For Your Parents.

Films for the Humanities (1993)

Deals with the problems of caring for elderly parents while maintaining one's own family and career. Looks at signals that a parent may need help, parent's anger and helplessness, role reversal, and available options.

Video Cassette (20 min.)
HQ 1063.6 C37

A Certain Age.

PBS (1991)

Features portraits of remarkable "senior citizens", including an interview with Agnes de Mille.

Video Cassette (1 hr.)
HQ 1061 S65

The Collector of Bedford Street.

New Day Films (2005)

Larry is a man with developmental disabilities who lives alone in an apartment in Greenwich Village and raises a lot of money every year for charities. When his caregiver can no longer care for him, his neighbors create a trust fund for him.

1 videodisc (34 min.) + 1 study guide (2 p.)
HV3006.N7 C64 2005

The Coming of Age.

PBS Video (1993)

Pt. 1: Stereotypes vs. New Reality
Pt. 2: Health and Health Care
Pt. 3: Creativity and Aging
Pt. 4: Changing Family Roles
Pt. 5: Generations Together
Examines the stereotypes of aging and systematically takes them apart to create a new image of what growing older is really like.

5 Video Cassettes (30 min. ea)
HQ 1064 U5 C528 pt. 1-5

Coming of Age in America.

National Council on Aging (1988)

A discussion on the long term care issue challenging our aging nation. Explains the growth among our older adult population and the greater need for assistance in activities of daily living which accompanies this age group.

Video Cassette (30 min.)

HV 1454 C65

Complaints of a Dutiful Daughter.

Women Make Movies (1994)

Chronicles the stages of a mother's Alzheimer's Disease and the evolution of a daughter's response to the illness. An exploration of family relations, aging and change, and the meaning of memory and love.

Video Cassette (44 min.)

RC 523 C57

Curtain Call.

New Day Films (2006)

"The unforgettable story of eight remarkable residents of the Actors Fund Retirement Home. No ordinary nursing home, these residents are still full of vitality as they recall tales of Broadway's golden age, and what they have done with their lives"—Container.

1 videodisc (38 min.)

PN2285 .C87 2006

Death: An Overview.

Films for the Humanities & Sciences (1998)

Shows the process of death of a terminally ill patient and shows the commercial and scientific aspects of burial by showing body preparation in a mortuary, embalming, and cremation.

Video Cassette (49 min.)

HQ1073 .D37 1998

Death and Dying.

PBS (1980)

When does the doctor's responsibility to preserve life end, and when is the patient considered dead? This program considers this question and looks at the hospice movement.

Video Cassette (1 hr.)

R 726 D423

Death: A Personal Understanding.

Annenberg/CPB (1998)

1. What is Death:
 2. The Dying Person
 3. Facing Mortality
 4. The Deathbed
 5. Fear of Death and Dying
 6. Sudden Death
 7. A Child's View of Death
 8. Grief and Bereavement
 9. Death Rituals
 10. The Good Death
- 10 Video Cassettes (30 min. ea)
BF 789 D4 D34 v. 1-10

The Death Knell of Old Age.

Films for the Humanities and Sciences (1999)

Tracks the final hours of an 87-year old man as he quietly expires at home. Computer animations illustrate what happens when his aged body can no longer mend itself.

Video Cassette (25 min.)

QH530 .B63 1999

Death: The Trip of a Lifetime.

Ambrose Video (1993)

Summaries in Anthropology section.

1. The Chasm
 2. The Good Death
 3. Letting Go
 4. Going for Glory
- 4 Video Cassettes (1 hr. each)
BF 789 D4 D443 episodes 1-4

Dignity, Activity, and Laughter.

University of Southern California (1989)

Describes a model for successful activity programming for people with dementia based upon a conceptual framework for activity analysis and activity selection. Focuses on the importance of providing appropriate activities for people with dementia which maximize their functions, enrich their lives, promote participation, maintain dignity, and encourage laughter.

Video Cassette (30 min.)

Trainer's Guide (23 p.)

HV 3009.5 A35 D54

Divided Loyalties: Grandparents Raising Grandchildren.

Aquarius Prod.

Shows ways in which grandparents have helped themselves and ways communities support their efforts. Features professionals who work with grandparents, incarcerated mothers and crack-addicted parents.

Video Cassette (29 min.)

HQ 759.9 D58

Eager For Your Kisses: Love and Sex at 95.

New Day Films (2005)

After mourning the death of his wife of fifty years, Bill Cane, a 95-year-old singer/songwriter and music teacher, began searching for a new companion. He soon embraced a revitalized life full of romance, sex and music. His life may mark a trend of the future as people live vital, healthy, sexually active lives well into old age.

1 videodisc (35 min.)

HQ30 .E24 2005

Elder Care: The Swedish Choice.

Terra Nova Films

Swedish elderly tell the story of elder care in Sweden. Emphasis is on independence, security and dignity.

Video Cassette (57 min.)

HV 1481 S82 E43

Ethnic Diversity: Barrier or Benefit in Health Care for the Elderly.

Terra Nova Films

Video Cassette (1 hr. 53 min.)

HV 1451 E74

Everybody Rides the Carousel.

Pyramid (198?)

Creatively animated vignettes bring to life psychologist Erik Erikson's "eight stages of life". Each reflects the emotions experienced during the process of personality development.

Video Cassette (77 min.)

BF 713 E84

Experiencing the Soul (series).

Aquarius Health Care Videos (2000)

After Death.

"The field of after-death communications explores communication from the souls of deceased loved ones who make themselves known to us in any number of ways."—Container

1 videocassette (10 min.)

BF1261.2 .A37 2000

At the Moment of Death.

"Death is more than a medical event. At the moment of death, the veil between dimensions often appears to lift for both the dying person and those at the bedside. ... This segment includes two hospice patients transformed by soul-experiences, plus a hospice chaplain and nurse, medical researcher Dr. Joan Borysenko, psychologist Dr. Jean Houston, quantum physicist Dr. Fred Alan Wolf, and philosopher Dr. Michael Grosso."—Container

1 videocassette (15 min.)

BF789.D4 A7 2000

During Life.

"This segment explores how we can cultivate soul-receptivity all throughout life, and offers a universal method of directly experiencing the soul."—Container

1 videocassette (17 min.)

BD421 .D87 2000

Preparing for a Healing Passage.

"The actual moment of irreversible biological death takes less than one second. Preparing ourselves for this universal human experience takes a lifetime."—Container

1 videocassette (10 min.)

BF789.D4 P74 2000

The Family Caring.

AGFA Video (1985)

The responses of the families of an older father with Alzheimer's, a young mother with multiple sclerosis, and a child with cerebral palsy are represented in interviews and documentary footage. Identifies the elements of family caring: "to share pain, to be supportive, to encourage, and to love".

Video Cassette (3/4", 29 min.)

RC 108 F35

F.A.S.T.: Financial Abuse Specialist Team.

Santa Clara County Social Services Agency (2002)

Elder financial abuse is becoming more and more prevalent as the population ages and there is a greater concentration of wealth among older people. The crime encompasses all socioeconomic groups and cultures. Mortality rates for victims of financial abuse are three times higher than non-victims. The elderly victims do not report the crime out of fear of losing what little support they have and because the perpetrator may have control and power over the victim. A rapid response to suspected cases of elder financial abuse is important. In Santa Clara County, there has been an exponential growth of seniors. Elder financial abuse is on the rise. The Financial Abuse Specialist Team was initiated to provide the rapid response that is essential before the victim's assets are depleted. The F.A.S.T. team is a multi-disciplinary team comprised of Adult Protective Services, County Counsel, Public Guardian, and District Attorney personnel. The team assesses reports of financial abuse and decides if there is imminent danger to the victim. There is a coordinated effort and results can occur within hours. Sources of reports include law enforcement, health care professionals, family members, and financial institutions. The team looks for a perceived degree of severity of abuse. Some risk factors are the limited ability for victims to advocate for themselves, limited mobility, and the recent loss of a spouse that took care of financial matters. Financial elder abuse is usually perpetrated by family members or relatives. Because of this, the victim may deny abuse and feel shame. Red flags for elder financial abuse include the inability to pay bills, confusion about financial affairs, and a decreasing bank account. If the facts of an investigation meet legal criteria, the team will obtain emergency conservatorship in order to secure the assets of the victim, continue the investigation, and pursue criminal prosecution.

1 videocassette (33 min.)
HV6250.4.A34 F37 2002

Flowers for Charlie.

Terra Nova Films

Opens the door to discussion of the issues of aging and intergenerational appreciation.

Video Cassette (12 min.)
PN 1997.87 F64

Fools Dance.

Carle Medical Communications (1982)

Dramatization set in an American convalescent home. A patient with a penchant for Shakespeare reaffirms the joy of living despite the presence of old age and death.

Video Cassette (28 min.)
BF 724.8 F65

Future of Aging.

Cinema Guild (1994)

Examines recent scientific research into the biological and mental mechanisms of human aging and the development of new techniques to reverse its effects. Includes hormone replacement therapy, interventionist neurology, and genetic engineering.

Video Cassette (55 min.)
QP 86 F87

Geriatric Symptom Assessment & Management.

Mosby-Year Book

1. Symptom assessment framework
 2. Cardiopulmonary
 3. 3. Gastrointestinal
 4. Neuromuscular and urinary
- 4 Video Cassettes (128 min)
4 Guides
RC952.55 .G47 1998

Green Winter.

Hartley Film Foundation (199?)

Elda Hartley set out to make a film about aging and realized, as a senior citizen, she would make a good subject for her film. She examines her own life, the deterioration of mind and body, and takes an intimate look at her relationship with her husband, Irving, who's failing health demands her complete attention. A comprehensive approach to the issues of aging.

Video Cassette (25 min.)
HQ 1061 G74

Growing Old in a New Age.

Annenberg/CPB (1993)

Looks at the emotional and physical processes of aging, old age as a stage of life, and the impact of aging on society.

- 1: Myths & Realities of Aging
HQ 1064 U5 M88
- 2: How the Body Ages QP 86 H68
- 3: Maximizing Physical Potential of Older Adults GV 447 M384
- 4: Love, Intimacy & Sexuality
BF 724.85 S48 L68
- 5: Learning, Memory & Speed of Behavior BF 724.85 C64 L42
- 6: Intellect, Personality & Mental Health
BF 724.85 P47 I57
- 7: Social Roles & Relationships
HQ 1061 S56
- 8: Family & Intergenerational Relationships HQ 1063.6 F34
- 9: Work, Retirement & Economic Status HD 6279 W67
- 10: Illness & Disability RA 564.8 I44
- 11: Dying, Death & Bereavement
BF 724.85 D43 D85
- 12: Societal & Political Aspects of Aging
HV 1461 S563
- 13: The Future of Aging
HV 1461 F87
- 13 Video Cassettes (1 hr. each)

Growing Old, Something to Live For.

McGraw Hill (197?)

Covers general attitudes toward growing old, working versus retiring in old age, and the development of housing for the aged.

- Video Cassette (16 min.)
HQ 1061 G76

The Heart of the New Age Hospice.

Carle Medical Communications (1989)

Examines the full spectrum of hospice services --- home care, inpatient care, bereavement --- and offers a model for organizations to follow in caring for terminally ill patients.

- Video Cassette (28 min.)
R 726.8 H42

In and Out of Time.

New Day Films (1991)

(Producer) "This is a personal film about the filmmaker's grandmother and her loss of memory due to Alzheimer's Disease. It documents the changes in the grandmother, and offers an encouraging education in adapting to the effects of Alzheimer's Disease."

- 1 Video Cassette (14 min.)
RC523.2 .I5 1991

The Journey Home: Stories from Hospice.

KUED-TV ; Boston, MA : Fanlight Productions [distributor] (2001)

Examines dying with dignity through hospice care primarily in one's home by presenting the stories of five patients and the stories of their doctors, nurses, social workers, and family members

- 1 Video Cassette (57 min.)
R726.8 .J68 2001

Keep Movin: Fitness for Older Adults.

Grandview Hospital & Medical Center (1985)

The exercises are adaptable and follow your own fitness path based on your needs. A collection of movements which exercise all of the joints of the body. Each movement is clearly demonstrated before the routine begins.

- Video Cassette (27 min.)
Book (60 p.)
GV 481.6 K43

Last Rights.

Carle Medical Communications (1990)

Addresses euthanasia. Details several important cases which demonstrate the gross inequities in the way our legal system deals with mercy killings. Takes a look at the role of living wills and how we allocate resources for chronic care. Interviews families, health professionals, journalists, advocates and opponents.

- Video Cassette (58 min.)
R 726 L38

Letting Go: A Hospice Journey.

Films for the Humanities (1996)

Looks at three patients to show how hospice care helps them cope with fear and pain in the final stages of their lives. Sheds light on the decision making process of the doctors, nurses, chaplains, social workers and volunteers in hospice.

Video Cassette (1 hr. 30 min.)

R 726.8 L47

Live to be 150: Can You do It?

ABC News (2008)

"From a potential breakthrough pill to controversial rejuvenation technologies, Walters reports on what the future may hold, as well as what one expert says is the only proven way to extend life. The special also explores secrets to aging gracefully and living life to its fullest, from 83-year-old actor turned race car driver Paul Newman to a group of centenarians"—Container.

1 videodisc (41 min.)

QP85 .L587 2008

Living Fully Until Death.

Films for the Humanities (1996)

Offers the inspirational tales of three people who find new meaning in life and the courage to deal with the challenge of living fully after learning they have a terminal illness.

Video Cassette (29 min.)

BF 789 D4 L58

Living Longer-- Aging Well.

Films for the Humanities and Sciences (2000)

Discusses the lack of respect for elders in the United States compared to other cultures and examines ways in which Americans can age well despite the lack of societal support. Features stories of exemplary individuals who are growing older with courage and dignity.

Video Cassette (29 min.)

HQ1064.U6 L58 2000

Living Longer-- Living Better?

Films for the Humanities and Sciences (2000)

Discusses the problems and challenges associated with the increasing percentage of older people in the United States. Covers topics such as the quality of life that will be experienced by older Americans, the relationship between America's youth-oriented society and its elders, the ability of Medicare and Social Security to meet the needs of the aging baby boomers, and the increasing financial burden on younger Americans.

Video Cassette (29 min.)

HQ1064.U5 L582 2000

Living Old: The Modern Realities of Aging in America.

PBS Home Video (2006)

For the first time in American history, "the old old"--Those over 85 -- are now the fastest growing segment of the U.S. population. Medical advances have enabled an unprecedented number of Americans to live longer, healthier lives. But for millions of elderly, living longer can also mean a debilitating physical decline that often requires an immense amount of care. And just as more care is needed, fewer caregivers are available to provide it. In "Living Old," FRONTLINE investigates this national crisis and explores the new realities of aging in America.

1 videodisc (ca. 60 min.)

HQ1064.U5 L58 2006

Living Wills.

Films for the Humanities (1993)

Examines the concept of living wills and advance directives. Patients, families, and doctors present their views.

Video Cassette (30 min.)
KF 3827 E87 L58

Living with Alzheimer's.

Long Island Alzheimer's Foundation (1993)

Pt. 1 Understanding Alzheimer's: experienced caregivers and experts tell you what to expect and about the importance of long-term planning.

Pt. 2 Choices in Caregiving: discusses day care, support groups and community resources. How to seek help, deal with family anxiety, and prepare the home for the sufferer.

Pt. 3 Challenges of Caregiving: a look at the progression of Alzheimer's and how it affects the caregivers. Thoughts on coping with the guilt, denial, self-neglect and depression.

3 Video Cassettes (1 hr 48 min.)
RC 523.2 L58

The Mailbox.

Britannica (1977)

Reminds us how lonely and neglected older people feel when taken for granted. An elderly widow waits for a letter from her children. When it finally arrives, the woman dies before she can read it.

Video Cassette (26 min.)
HQ 734 M32

Man Immortal.

Films for the Humanities & Sciences (1999)

Experts in the areas of fibroblast growth factor therapy, nutrition, genetics, aerobic metabolism, and cancer research discuss the implications of their findings on the aging process.

Video Cassette (53 min.)
QP 85 M36

Medications and Elders...A Delicate Balance.

Denver Dubbing Inc. (1989)

Discusses adverse drug reactions among older people that can be prevented. Stresses the need to do more to educate regarding the prescribing, dispensing, and taking of drugs.

Video Cassette (31 min.)
RM 302.5 M43

Medicine at the Crossroads: Life Support.

PBS (1993)

Travels to India, Ireland and Sun City to view different ways that societies care for their elderly.

Video Cassette (1 hr.)
RC 952.5 L54

Menopause.

Fanlight Productions (1996)

Explores myths and misconceptions about menopause, as well as presenting a discussion of the range of experiences and symptoms which may be encountered, and the physiological and psychological changes which can occur. Also discusses the uses of and controversies surrounding hormone replacement therapy, how women in other cultures experience menopause, and how factors such as diet and exercise may influence symptoms

1 Video Cassette (60 min.)
RG186 .M447 1996

My Memories are Here: Italian Elders of Trail.

Terra Nova Films (1995)

Presents Italian elders in British Columbia and their relationships, social roles and adaptations to retirement in their own village.

Video Cassette (27 min.)
HQ 1064 C2 M82

Ninety in the 90's.

WGBH (1994)

Approaching a centennial, the most senior of our citizens offer a unique perspective on the challenges and limits that advancing years impose.

Video Cassette (1 hr.)
HQ 1061 N75

Older Couples.

American Psychological Association
(2004)

Includes a discussion between the host and Dr. Hartman-Stein, the leading expert in treating older adults; an actual therapy session with a real client; and a question-and-answer exchange with Dr. Hartman-Stein about the session.

1 videocassette (121 min.)

RC488.5 .O43 2004

On Our Own Terms: Moyers on Dying.

Films for the Humanities & Sciences
(2000)

Discusses the search for new ways of thinking and talking about dying, important strides being made in the area of palliative care at pioneering institutions, the choices at the end of life, including the bitter debate over physician-assisted suicide, and how crusading medical professionals have dedicated themselves to improving end-of-life care by changing America's overburdened health system.

Pt.1 Living with dying

Pt.2 Different kind of care

Pt.3 Death of one's own

Pt.4 Time to change

4 Videocassettes (90 min ea)

R726.8 .O5 2000

Oral History: A Century of Living.

Films for the Humanities & Sciences
(1999)

Interviews with people who were born in 1900 or earlier. These centenarians recall the lifestyle of an old-fashioned America and provide a unique perspective on the events that shaped the past 100 years.

Video Cassette (59 min)

E742 .O73 1999

Osteoporosis: Progress and Prevention.

Films for the Humanities (1996)

The program explains how to assess the risk of developing the disease, and the role of diet, exercise, and the importance of taking adequate amounts of calcium from early childhood are stressed. The connection between osteoporosis, menopause, and estrogen is examined and new drug therapies that can halt the dramatic loss of bone density associated with osteoporosis are explored.

Video Cassette (24 min.)

RC 931 O73 O77

Parenting Our Parents.

Films for the Humanities (1991)

Examines ways of coping with the stress of caring for aging parents and suggests personal and political remedies. Discusses the "sandwich generation" and the tremendous costs, guilt feelings, physical stress, and family discord they experience.

Video Cassette (26 min.)

HQ 1064 U5 P263

Partners in Change.

AARP (1989)

Addresses the issue of older women re-entering the workplace. Designed to increase the awareness of employers and workers about this underutilized resource and to overcome stereotypical attitudes about older women who lack paid work experience.

Video Cassette (17 min.)

Manual (17 p.)

HD 6056 P37

The Personals: Improvisations on Romance in the Golden Years.

Fanlight (1999)

Follows a group of senior citizens as they rehearse and present an original play at a community theater. Looks at the emotional lives of elderly Americans.

Video Cassette (35 min.)

HQ 1061 P386

Portraits of Age.

First Run Icarus Films (1994)

Short stories of elderly people from around the world and the roles they play in their societies.

Video Cassette (29 min.)

HQ 1061 P66

Prisoners of Age.

Films for the Humanities & Sciences (2004)

"Raising ... questions about the warehousing of America's prison population, this program accompanies photographer Ron Levine on his mission to depict the physical, emotional, and psychological conditions of aging inmates--including those near death. Levine focuses his work on Alabama's Hamilton Institute for the Age and Infirm, the first prison created specifically for elderly convicts"—Container.

1 videodisc (50 min)

HV9469 .P748 2004

Raising Grandkids: A Love Story.

Great Plains National

Shows the unique situations and special needs of grandparents raising their grandchildren. Profiles five families and includes interviews with adults who were raised by their grandparents and with national experts in the fields of aging, child psychology, and social work.

Video Cassette (57 min.)

HQ759.9 .R33 1997

Ready or Not, Here I Come.

Films Inc. (1985)

Elder abuse is the focus of this production. Attempts to identify the abused elderly, their abusers, and to motivate viewers to seek solutions to this geriatric crisis.

Pt. 1 presents victims and their families.

Pt. 2 presents a panel of medical, legal, sociological, and legislative experts on aging.

Video Cassette (52 min.)

HV 1465 R42

The Right to Die.

Films for the Humanities (1988)

Do dying patients have the right to die, or is it the obligation of society and the medical profession to keep patients legally alive regardless of the pain, indignity, emotional and financial costs, and despite the wishes of patient and family, when the patient has no chance whatsoever of recovery? The medical, ethical and legal dilemmas of such cases are discussed.

Video Cassette (28 min.)

Discussion Guide

R 726 R48

Seasons of Life.

WQED/University of Michigan (1990)

Pt. 4 Middle Adulthood (Ages 40-60). The season in which the biological and social clocks fade in importance and the psychological clock ticks more loudly.

HQ 1059.4 M53

Pt. 5 Late Adulthood (Ages 60+). A season of great diversity. The psychological clock continues its dominance and age alone becomes a poor predictor of what people do. HQ 1061 L37

2 Video Cassettes (1 hr.)

Seniors and Gambling: In search of Balance.

North American Training Institute (1997)

A one-hour training module on why senior citizens become compulsive gamblers, how compulsive gambling affects their lives and the lives of their families and friends, and how they can avoid becoming compulsive gamblers.

Video Cassette (23 min.)

Workbook

RC569.5.G35 S38

Sexuality and Aging.

Nebraska ETV Network (1987)

Explores the attitudes, myths, and facts concerning the role of sexuality for older adults.

Video Cassette (1 hr.)

HQ 30 S47

Sixth Sense.

National Council On Aging Inc. (1985)

Provides practical information about adjusting physical and human environments to accommodate the sensory changes in the elderly. Discusses each sense and reinforces the capabilities rather than the disabilities of older people.

Video Cassette (27 min.)

Guide (20 p.)

Booklet (9 p.)

QP 435 S59

Something Left to Do: Elders of Sto Lo Nation.

Terra Nova Films

Presents the Stalo people's social lives, their own cultures, religious heritages and rituals at Stolo Indian reservations in British Columbia. Shows how aged Stalo people adapt their old lives in this changing society.

Video Cassette (24 min.)

E 99 S72 S64

Still Doing It.

New Day Films (2004)

Explores the lives of nine women aged 67-87 and their feelings about sex and love in later life and the realities of aging.

1 videodisc (54 min.)

HQ30 .S75 2004b

Take Care.

Bread & Roses Cultural Project (1989)

Presents a musical revue given at hospitals and nursing homes in the New York area. Describes the frustration and struggles, and the rewards and satisfaction of people who work in hospitals.

Video Cassette (30 min.)

RA 972 T33

There Were Times Dear.

Lilac Productions (1985)

Presents an intimate look at how one family lives with an Alzheimer's patient. Chronicles their struggle from diagnosis, through distressing prognosis, community services, support group activities, and family support.

Video Cassette (1 hr.)

RC 523 T43

Think of Your Future.

AARP (1990)

Managers and soon-to-retire employees of a northeastern manufacturing firm speak about retirement and retirement planning. Points out the need for and the benefits of retirement planning for employees and organizations.

Video Cassette (16 min.)

HQ 1064 U5 T45

Time to Remember.

Brookdale Center on Aging of Hunter College (1988)

Addresses the need of senior citizens to lessen their isolation and loneliness, to form intergenerational relationships, to maintain self-worth, and to create a legacy by which to be remembered. Demonstrates that these needs can be met when youth of various racial and ethnic backgrounds interview senior citizens of different backgrounds.

Video Cassette (21 min.)

Manual (89 p.)

CT 22 T55

To be Old, Black, and Poor.

Films for the Humanities (1994)

Shows what it means to be black, poor, and elderly in the U.S. Documents the life of Leonard and Sarah Bass, an elderly black couple. Records their struggle to survive, as well-meaning neighbors and opportunities come and go.

Video Cassette (58 min.)

HQ1064.U5 T58 1994

Tuesdays With Morrie.

Touchstone Home Video (2000)

Tells the story of an old man, Brandeis University professor of sociology, Morrie Schwartz, who is dying from ALS. He tells a former student, Mitch Albom, about dying, living and what's important in life.

1 videocassette (89 min.)

LD571.B418 S3832 2000

Understanding Osteoarthritis.

Fanlight Prod. (1994)

Summarizes and explains the nature and course of the disease, outlines treatments, addresses unproven and folk remedies, and underscores the importance of self management and support groups. Shows how medication, occupational and physiotherapy, nutrition and exercise can relieve pain, increase mobility, and improve lives.

Video Cassette (22 min.)
RC 931 O67 U53

Understanding Rheumatoid Arthritis.

Fanlight Prod. (1994)

Summarizes and explains the nature and course of the disease, outlines treatments, addresses unproven and folk remedies, and underscores the importance of self management and support groups.

Video Cassette (19 min.)
RC 933 U53

The Vanishing Line.

First Run/Icarus Films (1998)

Film follows physician/filmmaker Maren Monsen and hospice social worker Jim Brigham as they visit some of his terminally ill clients.

Video Cassette (52 min.)
R 726.8 V35

What About Mom And Dad?

PBS Video (198?)

Americans over the age of 75 are the fastest growing segment of the nation's population. When they turn to their families for help, difficult emotional and financial choices must be made.

Video Cassette (3/4", 58 min.)
HV 1461 W38

When She Gets Old.

Terra Nova Films

Several women share their stories of financial hardship caused by divorce, widowhood, and a history of low paying jobs without pensions.

Video Cassette (28 min.)
HV 1465 W44

When Women Go Through Menopause, Where do Men Go? The Other Side of the Moon.

Fanlight Productions (1996)

Men "talk back" about how menopause affects them, and air concerns about their own aging: sexuality, retirement, empty nest syndrome--and why some men find the discussion so embarrassing. Man-on-the-street interviewer Mal Sharpe asks a host of men and health professionals to explore the effects of menopause and aging on all of us.

1 Video Cassette (56 min.)
HQ28 .W45 1996

Who Lives, Who Dies?

Video Dub Inc. (1986)

James Earl Jones narrates this documentary about the current state of health care in America.

Video Cassette (1 hr.)
RA 418.3 U6 W45

Who Pays for Mom and Dad?

WGBH (1991)

Examines how lawyers help middle class seniors avoid bankruptcy due to high medical costs for long-term care. Examines such issues as when to put a loved one in a nursing home and how to pay for it.

Video Cassette (58 min.)
HQ 1061 W46

Whose Death is it, Anyway?

Independent Prod. Fund (1996)

Examines patients' legal rights, family conflicts about end-of-life decisions, advance directives, comfort care, and hospice care.

Video Cassette (1 hr.)
Guide (15 p.)
Booklet (20 p.)
R 726 W47

Wisdom of the Heart: Women and Heart Disease.

Filmakers Library (1996)

Combines both personal and medical information to provide new insight into heart disease and its effect on women. Demonstrates how biases against women have led to misdiagnosis, delayed treatment, and the exclusion of women from medical trials. Experts discuss various treatments for the disease.

1 Video Cassette (58 min.)

RC682 .W57 1996

Women at Midlife.

Films for the Humanities & Sciences
(1996)

Features Dr. Eileen Hoffman, who discusses the transition for women from an emphasis on child-bearing and child-rearing, to preventing chronic diseases.

Video Cassette (29 min.)

RG186 .W64 1996

Women in Mid-Life Crisis.

National Public Radio

Women in their mid-forties explore their feelings about themselves and their future.

Cassette (29 min.)

HQ 1061 W65